

# MEDICAL BILLING & DEBT

*Mary Pat Gallagher  
Renée Steinhagen, Esq.*



What You Need to  
Know in New Jersey

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"Medical Billing & Debt: What You Need to Know in New Jersey"  
by Mary Pat Gallagher and Renée Steinhagen, Esq.

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# Medical Billing and Debt:

## What You Need to Know in New Jersey

### INTRODUCTION

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If you live in New Jersey, this Manual is for you. It is meant to help you and other New Jersey consumers, whether insured or uninsured, understand what your rights are when it comes to the cost of medical care and the burden of medical debt—to keep you from incurring medical debt in the first place, or help you reduce the amount of it, and to provide advice on how to deal with medical debt collectors and what to do if you are sued over a medical debt.

Even if you currently have no medical debt, and have—or think you have—good health insurance, all it takes is for you or a member of your immediate family to come down with a serious illness or chronic medical condition or be injured in an accident and you might find yourself joining the ranks of the estimated 100 million Americans who owe more than \$220 billion in medical debt.\* In New Jersey, there are 1.5 million residents struggling with medical debt.



We cover topics such as the availability of financial assistance, out-of-network charges (which can lead to surprise medical bills), how to negotiate a payment plan, a new state law that prohibits the reporting of medical debt to the credit reporting bureaus, and what you can do if a medical debt is reported in violation of the law. We even explain the basics of how to read your health insurance card so that you can better understand your coverage, how to properly read a medical bill and when your insurer denies coverage or otherwise fails to pay the appropriate benefits under your policy, how to appeal that denial. And we discuss why you might be better off not using your credit card to pay for medical debt and why you also need to be careful about using medical credit cards like CareCredit or other specialized medical credit cards.

We explain it all in non-technical, easy-to-understand language.

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\*<https://www.consumerfinance.gov/about-us/newsroom/cfpb-takes-aim-at-double-billing-and-inflated-charges-in-medical-debt-collection/>

Throughout this Manual, there are links to websites containing additional information or forms which those who use this Manual online or in some other digital form can click on for ready access. For those, who print out the Manual on paper and cannot make use of the hyperlinks, we have provided the URLs (Internet addresses) in Endnotes at the end of each chapter.

The Appendix provides important forms you can use to request an itemized bill, dispute charges with a medical debt collector and respond to a legal case filed against you in court for medical debt. It contains a list of Federally Qualified Health Care Centers in New Jersey, which provide care to everyone, regardless of ability to pay. If you are uninsured, fees are charged on a sliding scale based on your income. There is also information about how to find a lawyer if you need one, and possibly free legal services if you meet the financial criteria.



**DISCLAIMER: The information in this Manual is not legal advice. It is a source of information to help New Jerseyans deal with medical debt. For legal advice, consult an attorney.**



## CHAPTER ONE:

# RIGHTS OF INSURED PATIENTS

# CHAPTER ONE: RIGHTS OF INSURED PATIENTS

This chapter is for those who have health insurance of some kind – private insurance through your job or an individual policy bought on an insurance exchange, or through some public program like NJ FamilyCare, Medicaid or Medicare. Any kind of insurance is better than none, but policies differ not just in the monthly premiums you pay but also in: what benefits they provide and the scope of coverage, including the size of deductibles and co-pays; on pre-approval requirements; which providers are in or out of network; and what drugs are covered.

## Section 1: Understanding Your Plan—Co-pays, Co-insurance, Authorization, Appealing Denial of Benefits or Coverage

### YOUR ID CARD

If you have health insurance, you should have an ID card, which contains important information about your plan. This section will help you understand what the card says and what it means or coverage under your plan.

The information contained on the card typically includes:

- Your Name (or your spouse's if you are on their employer's plan and will likely also have the name of that employer)
- Name of Insurance Company
- Name and Phone Number of Primary Care Physician (PCP) if your plan requires you to have one.
- Type of Plan – HMO, POS, PPO, self-funded, Medicare, Medicaid/NJ Family Care, Veterans Health Benefit Plan, State Health Benefit Plan or NJ School Employees' Health Benefit Plan
- Your Insurance Policy ID Number (if in a managed care policy)
- Your Insurance Group Number (if you are insured through an employer)



- Your individual Medicare or Medicaid number
- Additional numbers pertaining to pharmaceutical coverage: Rx Bin, Rx PCH, Rx Grp
- Deductible Amounts—Typically, separate amounts for in-network and out-of-network, each of which must be met separately. The out-of-network deductible tends to be higher.
- Co-Pays for various types of services, such as Office Visit, Specialist Visit and Emergency Room Visit
- Co-Insurance or Co-Share—Typically not included on the insurance ID card but sometimes indicated in the name of the Plan. For example, United Healthcare’s Choice Plus 90 plan indicates that it pays 90% of covered, in-network charges and the insured pays the remaining 10%.
- Phone numbers (usually on the back) for members to contact the health insurer, with separate contact number for providers.



## ID CARD GLOSSARY OF TERMS

Here is what the terms mentioned above mean:

### TYPES OF PLANS

Fully-Funded Plans (HMO, PPO, POS)—Most insurers have some sort of limitation on the health care providers you can see and still obtain insurance benefits.

#### HMO

The most restrictive plans are HMOs or Health Maintenance Organizations where, other than in an emergency, there is generally no coverage if you see a doctor who is outside of the insurance company’s network or not part of the HMO. You will probably have to pay the charge in full for such providers.

#### PPO

In a Preferred Provider Organization plan, you pay less for providers who are in the insurance company’s network but you can use out-of-network providers without a referral for an additional cost. It is the most flexible type of plan but also tends to be the most expensive.

#### POS

A Point of Service plan is like a PPO except that your Primary Care Physician (PCP) must provide a referral for any visit to a specialist or out-of-network provider.

<b>Self-Funded Plan</b>	These are plans that are financed by a private sector employer and administered by a health insurance company. They are governed by the provisions of the federal <a href="#">“Employee Retirement Income Security Act of 1974,”</a> <sup>1</sup> also known as ERISA, and are not regulated by state law.
<b>Government Plans</b>	Medicare, Medicaid, NJ FamilyCare, Veterans Health Benefits, State Health Benefits Program, and School Employees Health Benefit Program
<b>Medicare</b>	The <a href="#">federal Medicare program,</a> <sup>2</sup> which covers people who are 65 or older or who have certain disabilities or conditions.
<b>Medicaid</b>	The <a href="#">State Medicaid program,</a> <sup>3</sup> which covers people with low incomes, pregnant women and children.
<b>NJ FamilyCare</b>	A comprehensive, federal- and state-funded health insurance program created to provide income-qualified New Jersey residents, of any age, who do not have employer insurance, with access to affordable health insurance. It includes the Children’s Health Insurance Program (CHIP), Medicaid and Medicaid expansion populations.
<b>Veterans Health Benefits Plans</b>	Veterans Health Care and all insurance programs that make up TRICARE, the healthcare program for the U.S. armed services. It covers active duty service members and their families, National Guard and Reserve members and their families; and retirees and their families.
<b>State Health Benefits Program (“SHBP”) and School Employees’ Health Benefits Program (“SEHBP”)</b>	The programs cover active state employees and local school board employees and their dependents. Learn more about SHBP <a href="#">here</a> <sup>4</sup> and about SEHBP <a href="#">here.</a> <sup>5</sup>



## IMPORTANT PLAN TERMS

**Deductibles**—A deductible is the amount the insured must pay out of pocket before the insurer is required to pay anything and it resets annually so you have to meet it again each year. There are two main types of deductibles—for in-network and for out-of-network care, usually with a separate deductible for each person covered by the plan and for a family plan, a deductible that applies to the entire family. If the deductible has not been satisfied and you incur medical charges, you have to pay the entire amount of the charge until the deductible for that year is reached (although you still get the benefit of any reduced charge that the insurance company has negotiated with

the health provider for that particular type of service). Even when you have fully satisfied the in-network deductible, if you incur charges for care from an out-of-network provider, you must satisfy the out-of-network deductible separately. That is a good reason to stay in-network on top of the fact that even after the deductible is met and coverage kicks in, your insurer might cover a lower percentage of out-of-network costs—maybe 60 or 70% rather than 90%, for example.



**NOTE** that deductibles do not apply to preventive testing/care, which are always covered in full, although you might be required to utilize in-network providers testing facilities or laboratories.

**Co-Pay**—A co-pay is a set fee that you pay every time you see a doctor or other health provider or pick up a prescription. It can vary with the type of health care or the type of prescription, ranging from as low as \$0 to \$50 or more for a regular office visit, but usually higher for a specialist and it tends to be higher still, as much as \$100 or more, for an emergency room visit. Your ID card might also specify a co-pay for Urgent Care visits, which are increasingly replacing Emergency Room visits for times when medical care is needed right away for injuries or illnesses that are not serious enough to warrant a visit to the E.R.



Under the Affordable Care Act, or ACA (also widely referred to as “Obamacare”), which became law in 2010, no co-pay whatsoever can be charged for certain types of preventive care, including vaccinations, mammograms and colonoscopies. A major caveat is that if the test is not just being done as part of regular, periodic screening, but to diagnose a suspected illness or condition, perhaps because of symptoms that are present, the testing is no longer deemed preventive and the usual deductibles and co-pays apply.

**Co-Insurance (also known as Co-Share)**—It is the percentage of a covered expense that a patient pays after meeting their deductible. It is a way for the patient and their insurance provider to share the cost of a service. For example, if the insurer pays 80%, you pay the other 20% (it can be higher or lower depending on your plan) and that 20% share is referred to as co-insurance. If a provider is out-of-network, the insurer might still cover the charges, but usually pays a lesser portion, maybe 70% or 50%, leaving you with a co-insurance obligation of 30% or 50%.

**Out-of-Pocket Maximum**—Whether or not it is indicated on your insurance ID card, most plans have an annual out-of-pocket maximum, and after you meet that amount, all of your eligible care should be 100% covered for the rest of the year. Deductibles, co-pays and co-insurance all count toward the out-of-pocket maximum.



## Pre-authorization/Prior Authorization/Pre-Approval

Your insurance card will not mention pre-authorization, prior authorization or pre-approval (which are all the same thing) but there will almost certainly be at least some health care services, procedures, providers or prescriptions that require it. If you go ahead and have the service or procedure, see the provider or fill the prescription without such approval, it might not be covered at all. If you are in any doubt about whether pre-authorization is required even if your doctor or the health care facility involved has obtained such approval on your behalf, make sure by calling the phone number for members on the back of your insurance ID card and confirming it for yourself or obtain a copy of the plan itself from your insurer or employer to check what it says. It is also a good idea to confirm whether a particular provider, lab or testing facility is in-network or out-of-network, in order to keep medical costs down. Again, call the insurance company and do not rely on a printed or online directory, which might be out-of-date. The provider, whether a lab, hospital or physician, is supposed to inform you whether they are in-network with your insurance plan.

A new state law, known as the [Ensuring Transparency in Prior Authorization Act](#),<sup>6</sup> which went into effect on January 1, 2025 provides some protections for the pre-authorization process:

- Insurers have to decide urgent pre-authorization requests for medication within 24 hours of receiving the necessary documentation and within 72 hours for non-urgent requests.
- Prior authorization for treatment of a long-term or chronic condition is to remain valid for 180 days unless a shorter time frame is necessary to monitor patient safety or treatment effectiveness.
- The decision to deny or limit treatment has to be made by a doctor and one who is in the same specialty that usually treats that condition or disease.
- If you had prior authorization for treatment, you do not lose it when you switch insurance companies. The new company has to honor that prior authorization for at least 60 days under the new plan.
- Denials of pre-authorization for inpatient or outpatient hospital services must be provided within 12 days if the request was submitted on paper or 9 days, if submitted electronically. If the patient/insured is already hospitalized, a denial must be within 24 hours and no later than 72 hours for a claim involving urgent care, unless the hospital or health care provider fails to provide sufficient information.
- For care that is medically necessary to screen and stabilize a patient in an emergency situation, coverage is required without prior authorization.

## Dual Insurance

Some people might be covered by more than one insurance policy. Both policies might be coextensive, providing general health coverage. Examples are: a person might be covered by their own employer plan and their spouse's; children might be covered by both parents' plans; someone might have both an employer plan and a government-sponsored plan such as Medicare or Medicaid, or both Medicaid and Medicare (known as a Dual Eligible Special Needs Plan or D-SNP). Sometimes, people have supplemental policies that cover expenses for dental or vision. For those with auto insurance, Personal Injury Protection provides coverage for crash-related injuries.

With two policies, one is primary, meaning it pays first and covers a larger portion of the bill while the secondary plan covers remaining eligible costs. Claims processing can be more complicated and there is a coordination of benefits (COB) process to determine which plan pays first and how much.

It is crucial to communicate with both insurers to understand their COB provisions and ensure proper coordination. It is also essential to make sure that your health provider knows that you have dual coverage so that they can seek payment from both and maximize the insurance benefits available to you before sending you a bill for any remaining balance.

## Affordable Care Act Rights and Protections

The Patient Protection and Affordable Care Act, usually referred to more briefly as "The Affordable Care Act" (ACA) or "Obamacare," was signed into law in 2010 and has been in effect for more than a decade. It is mostly thought of as a law that increased the number of people with health insurance but it did more than that in increasing protections for everyone with health insurance.

Probably the most well-known provisions are those that: allow children under 26 to stay on their parents' policies; prohibit deductibles or co-pays for preventive care and testing; and bar insurers from denying coverage for pre-existing conditions (such as heart disease, diabetes, asthma, cancer or pregnancy) or charging more or limiting benefits for them.

**Essential Care Coverage**—The ACA also defines certain health services listed below as essential and requires that they be included in every health insurance policy:

- 1) Ambulatory care
- 2) Emergency services
- 3) Hospitalization
- 4) Pregnancy, maternity and newborn care—includes contraception,

breastfeeding support, counseling and equipment such as pumps, all without co-pays or deductibles

- 5) Mental health and substance abuse disorder services
- 6) Prescription drugs
- 7) Rehabilitative and habilitative services and devices
- 8) Laboratory services
- 9) Preventive and wellness services and chronic disease management (asthma, diabetes, etc.)
- 10) Dental and vision care for children (but NOT for adults) Surprise Medical Bills and How to Avoid Them: Your Rights under State and Federal Law



### **Surprise Medical Bills and How to Avoid Them: Your Rights under State and Federal Law**

What is a “Surprise Medical Bill”?—A “Surprise Medical Bill” is an unexpected bill from an out-of-network health provider or out-of-network facility such as a hospital, clinic or laboratory, that you did not knowingly and deliberately chose to treat you. The “surprise” can come from getting any bill at all because you thought you were covered in full or from getting a bill that is higher (sometimes considerably higher) than expected, because your insurer provided lower coverage due to the provider’s out-of-network status. Surprise Medical Bills are also sometimes referred to as “Balance Billing” because when the insurer pays the provider the lower, out-of-network amount, the provider looks to the patient to pay the rest by sending them a bill for the balance of the amount charged.

Surprise Billing occurs primarily in two circumstances: 1) when an insured patient receives emergency care either at an out-of-network facility or from an out-of-network provider working in an in-network facility or 2) when a patient receives elective non-emergency care at an in-network facility but is treated by an out-of-network health care provider that they did not choose. One common scenario is having surgery done by an in-network provider at an in-network hospital, but the anesthesiologist turns out not to be in-network or having an in-network provider do a medical test that is then sent to an out-of-network lab. Since the insurer does not have a contract with the out-of-network facility, provider or lab, it may decide not to pay the entire bill. In that case, the out-of-network facility or provider may bill the patient for the balance of the bill. These are all considered to be Surprise Medical Bills. A bill for your co-insurance obligation, or a bill for the higher out-of-network amount if you knowingly choose out-of-network care is known as Balance Billing but is not considered a “surprise” bill.

## Federal and State Law Protections

Both federal and New Jersey state law have protections against Surprise Medical Bills or inadvertent out-of-network charges for emergency and non-emergency services. The most crucial difference between the federal and state law is that the federal No Surprises Act, enacted in 2020 and effective as of January 1, 2022, applies to almost all health insurance policies, while the New Jersey law, The Out-of-Network Consumer Protection, Transparency, Cost Containment, and Accountability Act, enacted in 2018, applies only to insurance policies that are governed by New Jersey law and only to the extent that the state law provides protection beyond that provided by the federal law. State-regulated plans include those sold on the Affordable Care Act's individual and small-group marketplaces, the State Health Benefits and School Employees Health Benefits Plan and fully-insured employer-sponsored plans. They do not include employer-sponsored plans that are self-insured, meaning the employer's money is used to pay claims and an insurance company simply administers the coverage. These plans are governed solely by federal law.

Neither the federal nor the state out-of-network law applies to Medicare (including Medicare Advantage), or New Jersey Family Care/Medicaid (including Medicaid managed care plans), the Indian Health Service, Veterans Health Care, and insurance programs that make up TRICARE, all of which generally prohibit balance billing with some limited exceptions. If the state law is more protective of consumers than the federal law, its requirement prevails with respect to plans regulated by New Jersey, so if you are a member of a state-regulated plan, you can look to the state law as well as the federal law for protection. Though it should be noted that the claims processing and arbitration provisions of the New Jersey law apply only when the out-of-network services are by a New Jersey licensed provider in a New Jersey health care facility (with a limited exception for laboratory tests sent out of state for analysis). They do not apply if you have a New Jersey regulated plan, but received services out of the state. In those situations, only the federal law applies.

You cannot waive your rights under either law. This means that you can only lose the protection against balance billing in a non-emergency situation if you make a deliberate decision to receive services from an out-of-network provider, and sign a document saying that. If a provider discloses their out-of-network status to you just at the time of service and has you sign a consent to receive their services without noting in writing that they are an out-of-network provider, that is not sufficient. Under New Jersey law, you must receive notice of the providers' out-of-network status at the time you schedule the appointment; not the day you show up. Under federal law, you must receive notice of out-of-network status at least 72 hours prior to the delivery of services, and at least 3 hours beforehand if you make the appointment the same day as you receive treatment. You also must be given a plain-language written notice, which includes disclosures of applicable billing protections, among other things, and must sign consent forms to receive out-of-network services BEFORE receiving such out-of-network services.

**In addition, all New Jersey insurance carriers that provide managed care within a network are required to:**

- maintain up-to-date lists on their website of in-network providers;
- provide clear and detailed information regarding how voluntary out-of-network services are covered for plans that feature out-of-network coverage;
- provide examples of out-of-network costs and provide treatment-specific information on estimated costs when requested by a covered person; and
- maintain a telephone hotline to answer questions.

**All health care facilities are obligated to put information on their website about billing, in-network status, etc.**

## **GROUND AND AIR AMBULANCE SERVICE**

A major gap in both the state and federal law is that neither applies to ground ambulance services. The federal law, however, does cover transportation by air ambulances and it applies in New Jersey.



## **BILLING DISPUTES**

If you believe that you have been wrongly billed by an out-of-network provider that you did not knowingly and deliberately select to treat you, you should immediately call your insurance company and discuss the situation to confirm that you have wrongfully been billed. You also may contact the New Jersey Department of Banking and Insurance at:

[NJDOBI | How to Request Assistance-Consumer Inquiries and Complaints](#)<sup>7</sup>

**Or**

Call the Consumer Hotline at 1-800-446-7467.

Visit [No Surprises Act | CMS](#) for more information about your rights under federal law.<sup>8</sup>

Visit [NJDOBI | Out-of-network Consumer Protections](#) for more information about your rights under state law.<sup>9</sup>



## APPEALING THE DENIAL OF BENEFITS

It is always important to know the type of plan you have and the specifics of your plan so that you know whether you need to get a referral before you seek medical treatment, whether certain medical services that you desire or that your physician has recommended are covered and/or considered medically necessary, the amount of co-insurance you will be responsible to pay and other questions. But no matter how well you understand your plan, there will be times when your insurance company denies coverage or limits the amount they will pay for your care. If this happens, regardless of what type of plan you have, you have the right to appeal the company's decision. You have a certain amount of time to do so, which varies with the type of insurance from as little as 60 days to as long as 180 days from the date you receive a "denial" letter. **Once you receive the letter, you should call your insurance company as soon as possible and find out the details of the appeal process.**

For more detailed information about the appeals process for your particular type of plan, please refer to New Jersey Appleseed's [A New Jersey Guide to Insurance Appeals](#).<sup>10</sup>

### Section 2: Seeking Emergency Care

Emergency Rooms at acute care hospitals are required to provide you treatment in an emergency regardless of your insurance status or ability to pay. Under federal law, regardless of whether you have an outstanding bill, a hospital is not allowed to turn you away in an emergency situation, which includes being in labor if you are pregnant. This right to emergency care is required by a federal law known as the [Emergency Medical Treatment and Active Labor Act or EMTALA](#).<sup>11</sup> *(It should be noted, that under New Jersey law, an acute care hospital cannot turn you away in a nonemergency situation as well. This requirement is known as Charity Care and is discussed elsewhere in this Chapter and in Chapter 2).*

## AMBULANCE TRANSPORT

You are at home, on the road or at work and an accident occurs and you or someone in your family is seriously injured or you have a heart attack, stroke or are in a condition that needs immediate treatment. You call 911 and thanks to the federal and state laws discussed above that protect against Surprise Medical Bills, you do not have to worry about out-of-network charges at whatever Emergency Room you go to. Ambulance transport services are a different story, because those Surprise Medical Bill protections do not apply to ground ambulances, only air ambulances. You are at risk of a Surprise Medical Bill for the ambulance ride unless you get lucky and the town from which you are calling 911 provides Emergency Medical Services (EMS) or emergency ambulance transport and has agreed not to Balance Bill any insured patient beyond co-pays or co-insurance, as some towns have done.



## FACILITIES

If a family member or neighbor is able to transport the “patient” without using ambulance services, they should go to the nearest hospital, hospital satellite emergency room, ambulatory care center, or ambulatory



surgical center. Emergency care should not be sought from an urgent care center, because the protections against Surprise Medical Bills do not apply to them. Urgent care centers, which may be able to treat a broken arm or serious burn, are best used to provide routine care to you at your convenience, without an appointment, although they and their physicians are often out-of-network providers. If you are transported to a hospital, satellite emergency room, etc., you are protected

whether the hospital is in-network or not; all services rendered under these emergency circumstances are charged to you as if they were provided by an in-network facility and/or provider. If the facility and/or the provider contest the payment made by your insurer, they are able to file for arbitration. You, the patient will only be responsible for co-pays and co-insurance at in-network rates and will not be involved in such arbitration.

Once you are in a hospital, there will come a time that treatment to address the emergency ends. This can be as short as hours or as long as days. If you were brought to a facility that is not in-network and you still require additional care, you will be asked to either consent to out-of-network billing, or you will be asked to leave the hospital and seek further services at an in-network health care facility. At that point, you should contact the insurance company to find out what inter-facility transport services are in-network, and also to make sure that the facility to which you are being transferred is in-network.

## CHARITY CARE

If you receive emergency services in an acute care hospital or a hospital satellite emergency room, you may be eligible for Charity Care even though you are insured. Acute care hospitals provide short-term medical care for sudden illnesses or injuries and typically offer a range of services, including emergency medicine, inpatient care, surgery, diagnostic testing and intensive care. New Jersey has about 72 of them. In contrast, other types of hospitals might focus on long-term care, rehabilitation or specialized areas of medicine such as cancer.

New Jersey mandates that all hospitals provide a 100% discount for residents, regardless of immigration status, with household incomes at or below 200% of the Federal Poverty level or FPL, and discounted care for patients with household incomes between 200% and 300% of the FPL. If you are insured, Charity Care can be used to pay the portion of the hospital bill that your insurer does not pay, including co-pays and co-insurance. To determine if you are eligible for Charity Care, please consult the FPL for the current year since it is adjusted every year. This year's FPL can be found [here](#).<sup>12</sup>

Because of the Charity Care law, a hospital cannot refuse to provide you care because of an unpaid bill for prior services. Doctors and other providers who treat you outside of a hospital context, however, are free to withhold care because of an outstanding bill.

*If you believe you are eligible for Charity Care, do not leave the hospital without an application for it.* The hospital is required to inform you of the availability of Charity Care prior to discharge (releasing you after treatment to go home or to another health care facility), and you should ask them about it if they have not done so. You have up to one year (365 days) from the date of service, or 240 days from your first post-discharge bill, to apply for Charity Care, whichever amount of time is greater.

Also, although many physicians providing emergency services at the hospital say that they do not accept Charity Care, New Jersey law requires them to do so. So, if you get a bill from a doctor who treated you on an emergency basis at a hospital and the hospital approved your Charity Care application, the doctor's bill is invalid, and you can challenge it.

In evaluating your application for Charity Care, the hospital is entitled to ask you for certain documents to prove that you qualify based on your income and assets and also that you are a New Jersey resident, regardless of immigration status. If you do not have the necessary financial documentation, the hospital must accept a certification from you of your household monthly income. A decision on whether you qualify for Charity Care/financial assistance is supposed to be made within 10 days of when the hospital receives the complete application.

A non-profit group called [Dollar For](#) might be able to help you with the application process. Their [website](#)<sup>13</sup> has a simple, no-cost tool that they say will provide you with a quick answer on

whether you are eligible for Charity Care. You input the amount and date of the hospital bill, your household income and size, and whether or not you are insured. If the tool says you qualify, they invite you to fill out their online form and offer to prepare your application and send it to the hospital within 1 to 3 weeks. Once your application is submitted, they say they will email and text you to check in and give you tips on how to follow up and, if necessary, help you submit additional documents and prepare an appeal.



## Catastrophic Illness in Children Relief Fund

Another possible source of assistance is the Catastrophic Illness in Children Relief Fund (CICRF). It is a state program available to help pay expenses for New Jersey families whose children have an illness or condition where at least part of those expenses are not covered by insurance, State or Federal programs, or other sources.

The assistance is available for any type of illness so long as the costs of dealing with it are “catastrophic” for the family. There is no income requirement but the total amount of eligible medical expenses incurred in any 12-month time period must meet or exceed 10% of the first \$100,000 of the family’s income, plus 15% of any additional income over \$100,000.

Additional information about the Fund is available on the [website](#)<sup>14</sup> and it is discussed at greater length in Chapter 2, Section 4.

### Section 3: Seeking Care at a Hospital-Owned Facility

You should always call your insurance company to confirm whether both the facility and the physician providing the health service are in-network prior to scheduling care at a hospital, outpatient clinic, or ambulatory care facility owned by a hospital system, whether for preventive care, such as a colonoscopy, or for a surgery, MRI or other procedure. If the procedure requires sedation, you should also ask if about the anesthesiologist too. Even though the hospital and physician you call when scheduling the treatment are required to inform you whether they are in-network, your insurance company is required to maintain a list of in-network providers, and the hospital must list which insurance it accepts on its website, it is always safest to call and speak to an insurance representative to be certain. Websites are often unreliable and out-of-date and you should not rely on them.

Once you have confirmed that the facility and physician performing the surgery or other procedure are in-network, the hospital must provide any ancillary services to you at an in-network level both under New Jersey and federal law. Such ancillary services might include laboratory testing, radiologic imaging and even the food the hospital provides to admitted patients.

You always have the option to select an out-of-network provider. But you will only incur out-of-network charges if you decide to have them after being informed they will cost more

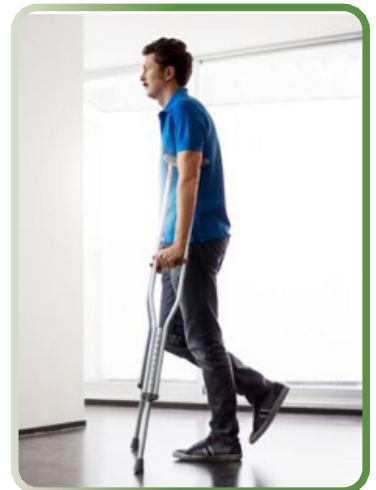
and signing a consent form that indicates you want to receive services from this provider even though they are out-of-network. That form must be signed at least 72 hours prior to receiving the services, or at least 3 hours beforehand, if you make the appointment the same day you intend to receive the services.

## FACILITY FEES

At the time of scheduling your treatment, you should also determine whether the hospital-owned facility will be charging a facility fee in addition to the bill you will be receiving for medical services. Sometimes health insurance plans do not cover facility fees, or they only cover part of a facility fee. Call the location where you plan to receive care and ask if you will be charged a facility fee. If the answer is “yes,” call your health insurance company to see if they will fully cover this expense. If your insurer will not fully cover a facility fee, ask your physician or insurer to help you find an alternative location that will not charge these added fees.

## MEDICAL EQUIPMENT

Sometimes, following treatment, you will need additional care or medical equipment. If you are unsure of whether or not you need medical equipment—or if that equipment is covered by your insurance—ask the health care worker who is discharging you to verify if medical equipment and/or follow-up care is necessary as well as its associated out-of-pocket costs. Then speak to your insurance company, and if your coverage is insufficient, ask them for ways you can keep equipment or follow-up care costs to a minimum.



## SCHEDULED CARE

For any care that is scheduled in advance—like an endoscopy, X-ray or non-emergency surgery—you may also ask your health insurance company to provide an estimate of what you will owe. This is referred to as an “Advance Explanation of Benefits.” The plan may provide this estimate in writing, but they are not required to do so. If you get an estimate, be sure to compare it with the Explanation of Benefits (EOB) that you will receive after you receive your scheduled care. Ask your insurance plan to explain anything that does not match up.

In addition, under the Federal Hospital Price Transparency final rule implementing Section 2718(e) of the Public Health Service Act, every hospital operating in the United States is required to provide clear, accessible pricing information on their website regarding the items and services they provide (1) as a comprehensive machine-readable file; and (2) in a display of shop-able services in a consumer-friendly format. Such information may also be helpful to you when deciding in which facility you will have your treatment. Additional information is available at [Federal Hospital Price Transparency FAQ](#).<sup>15</sup>

Because you are receiving care at a hospital-owned facility, you may be eligible for Charity Care even though you are insured. New Jersey mandates that all acute care hospitals, whether nonprofit or for-profit, provide a 100% discount for residents with incomes at or below 200% of the FPL, and discounted care for patients with incomes between 200% and 300% of the FPL. If insured, Charity Care can be used to pay the portion of the hospital bill that your insurer does not pay, including co-pays and co-insurance.

## **Section 4: Seeking Preventive, Routine and Specialty Care at a Doctor's Office**

For some people, medical care consists of annual check-ups with a primary care physician and/or gynecologist, and occasional referrals for preventive or diagnostic tests. For others, with chronic diseases or mental health issues, scheduling an appointment with a physician, psychologist or specialist is much more routine and occurs more often.

As we discussed earlier in this Chapter, it is as important in scheduling doctor appointments as it is for arranging hospital care to understand your health insurance policy, what is covered and what is not and the extent of coverage and, correspondingly, what share of the cost you will be expected to pay in the form of deductibles, co-pays and co-insurance. You must also be aware of when referrals and pre-authorizations are needed and ALWAYS check to be sure that a provider is in-network so that you do not end up responsible for costs that you thought were covered or with a Surprise Medical Bill. The provider is required to let you know of their in-network or out-of-network status. If they are out-of-network, then they have to ask you to sign a consent form acknowledging that you know they are out-of-network and are willing to receive services from them anyway and at a higher than in-network cost.

If an in-network provider does a blood test, imaging test or other type of test done in their office, they cannot send it to an out-of-network lab for analysis, so in this situation, you need not worry about a Surprise Medical Bill. But if they send you elsewhere to get the blood test or other test done, then you must check beforehand to be sure that where they send you is in-network. You cannot assume that anywhere an in-network doctor sends you will also be in-network. And you should not agree to receive testing or other services from a provider whose network status you do not know.

## WHEN A SPECIALTY SERVICE PROVIDER IS OUT-OF-NETWORK



If you cannot find an in-network provider, which is more likely to happen with mental health services and some specialty areas of practice, ask your insurance company if you can see somebody who is out-of-network at in-network rates. They will try to find a provider for you within a certain distance of where you live. If they do not, they should grant your request. However, if they do deny your request, you can appeal that denial, as discussed above regarding denial of benefits.

## PAYING YOUR MEDICAL BILL

Following the provision of services by a health care provider, you will be presented with a bill for your share of the cost, probably at least a co-pay and perhaps some cost-sharing (known as co-insurance) as well, especially if you have not yet met your deductible. They will probably expect you to pay that amount on the spot. You might be tempted to pay it with your credit card. If you do, be aware that your debt becomes credit card debt and is not protected by a recent New Jersey law that prohibits the reporting of medical debt to credit agencies, limits the interest charged on medical debt to no more than 3% and only allows garnishment of your wages to collect a medical debt if you make more than six times the [Federal Poverty Level](#) (FPL),<sup>16</sup> which is \$93,900 for 2025 (6 x FPL of \$15,650).

An additional factor to consider is that you are less likely to be sued for medical debt than for credit card debt. Also, health care providers are often more willing to reduce the amount of a delinquent debt if you can show financial hardship. Once you put the debt on a credit card, you lose those opportunities.

Your doctor might encourage you to sign up for a special credit card to pay for medical bills but be aware that these cards are usually not a good choice for this purpose because they often have high interest rates (though they might lure you in with an initial low rate) or unfavorable terms. You also lose the option of negotiating with your health care provider over the bill and it turns your medical debt into credit card debt, with all the lost protections described above. You should exercise similar caution regarding other forms of medical financing or loans that might be offered by your doctor, hospital or a third-party lender.

Accordingly, if you can pay your co-pay in cash, you should do so, and ask for a bill with respect to any other expected payment.

## ENDNOTES

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<sup>1</sup>The Employee Retirement Income Security Act of 1974 (ERISA), 29 U.S.C. §1001 et seq., can be found at <https://uscode.house.gov/view.xhtml?path=/prelim@title29/chapter18&edition=prelim>

<sup>2</sup>Medicare program, established pursuant to Pub.L. 89-97, 42 U.S.C. §1395 et seq., can be found at <https://www.govinfo.gov/content/pkg/USCODE-2011-title42/html/USCODE-2011-title42-chap7-subchapXVIII.htm>

<sup>3</sup>New Jersey State Medicaid program, established pursuant to P.L.1968, c.413 (N.J.S.A.30:4D-1 et seq.), can be found at <https://law.justia.com/codes/new-jersey/title-30/section-30-4d-1/>

<sup>4</sup>The New Jersey State Health Benefits Program (SHBP) website is <https://www.nj.gov/treasury/pensions/hb-active-shbp.shtml>

<sup>5</sup>The New Jersey School Employees Health Benefits Program (SEHBP) website is <https://www.nj.gov/treasury/pensions/hb-active-sehbp.shtml>

<sup>6</sup>The “Ensuring Transparency in Prior Authorization Act,” P.L.2023, c.296, can be found at [https://pub.njleg.state.nj.us/Bills/2022/PL23/296\\_.PDF](https://pub.njleg.state.nj.us/Bills/2022/PL23/296_.PDF)

<sup>7</sup>The New Jersey Department of Banking and Insurance Consumer Assistance website is <https://www.nj.gov/dobi/consumer.htm>

<sup>8</sup>The federal website with information about your rights under the No Surprises Act is <https://www.cms.gov/nosurprises>

<sup>9</sup>The New Jersey Department of Banking and Insurance has information about your rights under the state out-of-network protections at [https://www.nj.gov/dobi/division\\_consumers/insurance/outofnetwork.html](https://www.nj.gov/dobi/division_consumers/insurance/outofnetwork.html)

<sup>10</sup>New Jersey Appleseed’s A New Jersey Guide to Insurance Appeals: Understanding How to Contest Adverse Benefit Determinations in the State can be found at <https://njappleseed.org/wp-content/uploads/2017/09/appleseed-appeals-guide.pdf>

<sup>11</sup>Information about the Emergency Medical Treatment and Active Labor Act or EMTALA can be found at <https://www.cms.gov/medicare/regulations-guidance/legislation/emergency-medical-treatment-labor-act>

<sup>12</sup>The Federal Poverty Guidelines for 2025 can be found at <https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>

<sup>13</sup>The Dollar For website is <https://dollarfor.org/>

<sup>14</sup>The Catastrophic Illness in Children Relief Fund website is <https://www.nj.gov/humanservices/cicrf/>

<sup>15</sup>Information about federal requirements for hospital price transparency can be found at <https://www.cms.gov/files/document/hospital-price-transparency-frequently-asked-questions.pdf>

<sup>16</sup>The Federal Poverty Guidelines for 2025 can be found at <https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>



## CHAPTER TWO:

### **RIGHTS OF UNINSURED PATIENTS**

## CHAPTER TWO: RIGHTS OF UNINSURED PATIENTS

### Section 1: Where to Receive Care – Acute Care Hospitals and Federally Qualified Health Centers

Without insurance, it can be difficult to get a physician to see or treat you, unless you seek services at the emergency room of an acute care hospital, where they are obligated by law to provide care. Acute care hospitals provide short-term medical care for sudden illnesses or injuries and typically offer a range of services, including emergency medicine, inpatient care, surgery, diagnostic testing and intensive care. New Jersey has about 72 acute care hospitals. In contrast, other types of hospitals might focus on long-term care, rehabilitation or specialized areas of medicine such as cancer.

Still, if you do not have health insurance, there are options available to you in New Jersey, where you may be able to receive affordable or even free health care as a “self-pay” patient—one who pays out-of-pocket, usually because they do not have health insurance.

**One option is the system of Federally Qualified Health Centers or FQHCs, which are community-based nonprofit health clinics that provide primary care services to underserved communities. They are funded by the federal government and offer services regardless of ability to pay or immigration status. Services are provided on a sliding fee scale. Located throughout the state, they are listed in the Appendix, with addresses and contact information.**

**A second option is to seek services at any of New Jersey’s acute care hospitals, which are required to treat patients regardless of their insurance status. New Jersey law ([N.J.S.A. 26:2H-18.64](#))<sup>1</sup> states that no hospital shall deny any admission or appropriate service to a patient on the basis of that patient’s ability to pay or source of payment. This includes in-patient and out-patient services and covers necessary medical services. Necessary medical services are health care services that are needed to diagnose or treat an illness, injury, or disease. In practice, some hospitals are more receptive than others to serving self-pay patients. In any event, if you have a health emergency, you can go to a hospital-based emergency room and you are assured of receiving treatment, which may include outpatient treatment. Note that the same is not true for Urgent Care Centers, which are not obligated to provide care.**

### Section 2: Getting a Fair Estimate of Costs

If you are uninsured or “self-pay” (or are not planning to submit your medical bills to a health insurance company), it can be helpful to know in advance what you will be charged for your

medical care. The federal No Surprises Act gives an uninsured patient some important tools to find out what their medical costs will be, *before* they get treatment.

**The law requires health care providers to give patients who ask for it a so-called “Good Faith Estimate” of what the services are expected to cost. You should always ask for an estimate and then keep it in a safe place.** This is important because if you decide to undergo treatment with the physician or facility that gives you a Good Faith Estimate, you have certain rights to dispute the actual bill if it is at least \$400 higher than the estimate you were given. This is discussed further in Chapter 3.

Health care providers, not just hospitals, must use a form similar to [this one](#)<sup>2</sup> to inform you of the expected costs for treatment in writing. The form must include the provider’s name and list the services included in the estimate—including the billing codes for each treatment, medication, laboratory test, or other medical service. It must list a total amount along with an itemized breakdown of what you will owe for each expected service and/or medical treatment. Make sure the estimate contains your name and address in addition to your provider’s name and address, billing codes, and a plain-language explanation of the treatment and the estimated price you are expected to pay.

Although you may also request that your physician include in their estimate all ancillary services associated with the treatment, they are not required to do so. Rather, you will likely need to ask for a separate Good Faith Estimate from each doctor and each health care facility to better understand the entire expense of your expected care.

Remember that a **Good Faith Estimate is not a contract and does not obligate you to use those doctors and/or hospitals.** It is also important to note that you can ask your doctors and hospitals for a Good Faith Estimate at any time—even if you are not ready to schedule your treatment. On the other hand, the physician must provide you with the Good Faith Estimate, in writing, within one business day after your request, if the care scheduled is within the next three to nine days; and within three business days, if the care is scheduled for within the next 10 days. If the Good Faith Estimate is provided electronically, it must be supplied in a form that can be printed and saved. If you delay your care for more than a month, check back in with that provider to make sure the Good Faith Estimate is still accurate.

Note that the Hospital Transparency Rule, [45 C.F.R. Part 180](#),<sup>3</sup> which took effect in 2021, [requires hospitals to post their prices online](#)<sup>4</sup> so before you even request a Good Faith Estimate from one or more hospitals, it should be possible to “shop around” to find a hospital that charges less for the procedure in question. The [NJ Hospital Price Compare](#)<sup>5</sup> website might be able to help you with the price checking process. But never rely on it alone and always request a Good Faith Estimate.

**Complaint Line**—If you do not receive the Good Faith Estimate to which you are entitled by law, contact the federal government’s [No Surprises Help Desk](#)<sup>6</sup> online or call 1-800-985-3059.

## Find Out if You Qualify for Assistance or Insurance

Knowing whether you are eligible for financial assistance or insurance is crucial in getting an idea of what anticipated medical care will cost you. If you decide to have treatment at an acute care hospital, at any time prior to your appointment you may also ask to be screened for New Jersey's financial assistance program (i.e., Charity Care, discussed more fully in Chapter 1 and in Section 4 of this Chapter) or public health insurance coverage, such as Medicaid: Affordable Care Act (ACA) Medicaid or Aged, Blind & Disabled (ABD) Medicaid; Children's Health Insurance Plan (CHIP), which covers children 18 years or younger in households with income 355% of the Federal Poverty level (FPL) or less, regardless of immigration status; or any program focused on a subsection of the population, such as pregnant women.

Here is [a link to the 2025 financial eligibility levels](#)<sup>7</sup> for all (actually, almost all) Medicaid and CHIP programs in New Jersey, both of which are known as New Jersey FamilyCare.

### Section 3: Negotiating Charge and Payment in Advance

You can try to negotiate a reduction in the cost of non-emergency medical care either before or after you receive it. A New Jersey law effective in July 2025 will require health care providers to offer you a Reasonable Payment Plan after you have received care but there is no requirement that providers negotiate with you ahead of time, before they provide health services. That makes it a bit trickier to do ahead of time and some might not be willing to do so.

But you still might want to try, especially for an elective or nonemergency procedure, where you might not be willing to go ahead unless you can negotiate a lower, more affordable cost in advance. If you do try to negotiate, a good starting point is 115% of the rate paid by Medicare, which is the discounted rate that an acute care hospital must charge a patient whose income is 500% of the FPL or less. Section 4 below tells you how to find out what those rates are.

Note that under federal law, Emergency Rooms are required to provide you treatment in an emergency regardless of your insurance status or ability to pay. This right to emergency care under federal law is granted under a law known as the Emergency Medical Treatment and Active Labor Act or EMTALA. In New Jersey, however, your right to care regardless of ability to pay extends beyond emergency situations. As stated above, New Jersey law states that no hospital shall deny any admission or appropriate service to a patient on the basis of that patient's ability to pay or the source of payment, which includes necessary in-patient and out-patient medical services.



## Section 4: Charity Care and Financial Assistance

When you receive health care services at a New Jersey acute care hospital (There are currently 72 of them and they are listed in the Appendix), you may qualify for the New Jersey Hospital Care Assistance Program, commonly referred to as "Charity Care." This financial assistance program addresses how medical care received in a hospital is paid for once the patient has been treated.

The N.J. Health Care Reform Act of 1992, which contains the statutory basis for the Charity Care program, includes a powerful provision that guarantees access to hospital services regardless of ability to pay: "No hospital shall deny any admission or appropriate service to a patient on the basis of that patient's ability to pay or source of payment." [N.J.S.A. 26:2H-18-64.](#)<sup>8</sup> This provision applies to both for-profit and non-profit hospitals, and hospitals can incur a civil penalty of \$10,000 for each violation. Who is eligible for free or reduced rate care under the program, what documentation of income must be produced when applying for such a program, and which services are covered are discussed below.

### Who is Eligible for Assistance?

Eligibility for Charity Care is based in the first instance on income level. A person is eligible for "full" Charity Care (basically free care) if their individual income (or family income, if applicable) is less than or equal to 200 percent of the [Federal Poverty Level](#) (FPL).<sup>9</sup> A person is eligible for "reduced charge" Charity Care if their applicable individual or family income is between 200 and 300 % of the FPL. The percentage of hospital charges paid by persons in this category is based on a sliding scale that depends on income: persons at 200 to 225% of the FPL pay 20% of the charges, while those between 225 to 250% pay 40%, those between 250 to 275% pay 60% and those between 275 and 300 percent of FPL pay 80 percent of charges, and persons with incomes greater than 300% of the FPL receive no assistance.

There is also help for those whose incomes are higher than 300% of the FPL but below 500%. Hospitals are prohibited from charging an uninsured person whose family income is less than 500% of the FPL more than 115% of the Medicare reimbursement rate. [N.J.S.A. 26:2H-12:52.](#)<sup>10</sup>

## 2025 INCOME ELIGIBILITY FOR CHARITY CARE/FINANCIAL ASSISTANCE

HOUSEHOLD SIZE*	FULL CHARITY CARE (200% FPL OR LESS)	REDUCED CHARITY CARE (200-300% FPL)	CAP OF 115% MEDICARE RATE (301% to 500% FPL)
1	\$31,300	\$31,301 to \$46,950	\$46,951 to \$78,250
2	\$42,300	\$42,301 to \$63,450	\$63,451 to \$105,750
3	\$53,300	\$53,301 to \$79,950	\$79,951 to \$133,250
4	\$64,300	\$64,301 to \$96,450	\$96,451 to \$160,750
5	\$75,300	\$75,301 to \$112,950	\$112,961 to \$188,250
6	\$86,300	\$86,301 to \$129,450	\$129,451 to \$215,750
7	\$97,300	\$97,301 to \$145,950	\$145,951 to \$243,250
8	\$108,300	\$108,301 to \$162,450	\$162,451 to \$270,750

\*For households with more than 8 persons, add \$5,500 for each additional person

### FPL & Medicare Rate Reference Links

The 2025 Federal Poverty Level is available at [this website](#).<sup>11</sup>

To find out what the Medicare rate is for a particular health service, here is a [link to the website](#)<sup>12</sup> that contains that Search tool. Note that you will have to click through two screens and once you arrive at the actual Search page, you will need the five-digit CPT (Current Procedural Terminology) Code, also known as HCPCS (Healthcare Common Procedure Coding System), for the particular procedure you want to look up. If you have already received the care in question, the CPT/HCPCS code might appear on the bill. If not, ask the provider or hospital who provided the service, or will provide it. If you are insured, the codes might appear on the Explanation of Benefits the insurance company sends you or you can call the insurer and ask.

Be aware that what appears to be a single procedure might have more than one code that applies to it and you will have to search the Medicare reimbursement rate for each of those codes and add the amounts together.



### Calculating Income

Although there is no discretion with respect to the amount of income to qualify for the various Charity Care levels, an applicant has some flexibility in trying to qualify by choosing one of three different *time periods* in which to measure income. Gross annual income can be measured for the full 12 months preceding the date of service, or by income for the prior three months (multiplied by four), or by income in the prior month (multiplied by 12). You may choose whichever of

these time periods results in the lowest income so that you can qualify for financial assistance. [N.J.A.C. 10:52-11.8\(e\)](#).<sup>13</sup> This option is important to low-income, uninsured individuals who do not have steady income throughout the year. You need to be aware of this regulation since many hospital administrators are not.



## Documenting Income

Charity Care applicants also have the option of proving their income by a variety of methods. The applicable regulations very sensibly recognize both that there may be a variety of methods to document income during the relevant period and that some applicants may not be able to prove income by conventional means, such as a pay-check stub, W-2 form, letter from an employer, annual Social Security statement, etc. The regulations specifically permit an applicant who is not able to document his income by conventional means to provide a written attestation (a declaration under penalty of perjury) of income. [N.J.A.C. 10:52-11.9\(a\)\(3\)](#).<sup>14</sup> This is another important option provided in the Charity Care regulations that hospital administrators may not tell you about.

## Asset Eligibility Test



In addition to proving income eligibility, individuals must pass an asset eligibility test. The asset limits are \$7,500 for an individual and \$15,000 for a family, if applicable. The regulations specify what types of assets are included, basically cash and things that can be easily converted to cash, such as checking accounts, savings accounts, certificates of deposit, corporate stock, Individual Retirement Accounts (IRAs) and equity in real estate, except that a primary residence is a specifically *excluded* asset so if you own your home, you can still qualify. [N.J.A.C. 10:52-11.10\(c\)](#).<sup>15</sup> You must be careful to make sure that a hospital does not take into account assets that you might hold but which either cannot be readily converted into cash or are not actually owned by you but held in trust for a parent or child.

Another important limitation on the asset limits is that an applicant must have an opportunity to try to get below the \$15,000 limit by deducting any amounts they have already paid or will pay for medical services, known as “qualified medical expenses,” which are the same kinds of medical expenses you can deduct on your federal income tax return. Most medical expenses—such as doctor visits and prescription drugs—would be included but not most cosmetic procedures and nonprescription drugs. There is a long list on [this website](#),<sup>16</sup> which includes abortion and acupuncture, ambulances, supplies such as bandages and wheelchairs, birth control pills, condoms, pregnancy test kits and vasectomies, Braille reading materials (if you are visually

impaired), hearing aids, programs to help you stop smoking (though not nicotine patches or gum or other drugs to help you quit) or lose weight (if it is a treatment for a specific disease diagnosed by a doctor such as obesity or heart disease) and many more health-related expenses.

Here is an example of how meeting the Charity Care asset limit works: A married individual has family income below 200 percent of the FPL, but also \$16,000 in a bank account. Assume that the hospital bill is \$50,000. Despite appearing to be disqualified because their assets are \$1,000 above the limit, they might still qualify if they or their spouse has already incurred uncovered prescription drug or dental expenses during the year that exceed \$1,000 or if they agree to pay \$1,000 of the \$50,000 medical bill.

## What Services are Covered?

It is undisputed that “necessary” inpatient and outpatient hospital services are covered by the Charity Care program. The statute that authorizes this is [N.J.S.A. 26:2h-18.60\(b\)](#),<sup>17</sup> which says that a person whose income is less than or equal to 300% of the FPL shall be eligible for charity care for “necessary health care services provided at a hospital.” These include services as varied as advanced life support (ALS) services and outpatient dialysis services. [N.J.A.C. 8:31B-4.38](#).<sup>18</sup> ALS services include pre-hospital services provided by a mobile intensive care unit in an ambulance, which are required to be covered by regulations that are separate from the main Charity Care regulations.

The most controversial and uncertain issue is whether hospital-based services that are provided by doctors but are separately billed by them are covered by Charity Care. For example, a patient who goes to the Emergency Room with chest pain and is hospitalized for a cardiac catheterization may be determined eligible for Charity Care but may nevertheless receive separate bills from the Emergency Room doctor, the radiologist, the anesthesiologist, and even the cardiologist who performs the catheterization. Many people assume that since the bill is not directly from the hospital, the service is not covered by Charity Care, and many physicians who provide such emergency care services in the hospital deny that they are able to bill patients separately. On the other hand, there is a strong argument that allowing the patient to be billed for these medical *services that occurred in the hospital* would defeat the language and purpose of the Charity Care statute. The statute requires Charity Care to cover income-eligible patients who receive treatment at an acute care facility—treatment that is provided by a physician. Accordingly, not just hospital-employed physicians must provide services on the terms required by Charity Care, but all physicians providing such services at these locations.

If you or a family member receives a bill from an individual physician who provided services to you at an acute care hospital, please contact Legal Services of New Jersey (call their Help Line, which is available Monday to Friday from 8 a.m. to 5:30 p.m., at 888-LSNJ-LAW or 888-576-5529). Or you can seek representation to help challenge the bill from one of the Legal Services offices located throughout the state, as listed in Appendix C.



## What Are a Hospital's Charity Care Notification Responsibilities?

Individuals obviously cannot apply for Charity Care if they are unaware of the program. Therefore, hospitals have a legal responsibility to make sure that you and other patients are aware of the program, are given an opportunity to apply, and are given an explanation of the reasons if the application is denied. The most fundamental hospital responsibility is to give each patient a written notice of the availability of Charity Care no later than the date that the first bill is sent. However, we recommend that if you are uninsured and believe that you are income-eligible, you should not wait for the bill but should ask for a Charity Care application prior to being discharged from the hospital or immediately after.



In addition, as mentioned above, you may be eligible for another medical assistance program (such as Medicaid or New Jersey FamilyCare), and the hospital must refer you to the appropriate program within three months of the date of service. These responsibilities of the hospital are enforceable; meaning that **if the hospital does not provide written notice of Charity Care availability or make an appropriate referral for another medical assistance program within the applicable time limits, the hospital may not bill you for the service.** [N.J.A.C. 10:52-11.5\(d\)\(3\)](#).<sup>19</sup> This is important

for you to raise with the hospital or any person trying to collect the bill on behalf of the hospital, and you should demand a Charity Care application if you have not previously done so

You have the right to submit a Charity Care application to the hospital at any time within a year from the date of the service, and the hospital may extend that period to within two years of the date of service. Indeed, a hospital has an incentive to extend that period to two years, since if you do qualify for Charity Care, the hospital will be reimbursed by the State for that service, while if the hospital does not take the application, it will have to go through the effort of trying to collect from you, even though you might have no ability to pay, even if a judgment is entered against you. The hospital must inform you, the applicant, in writing within 10 days of its decision on your Charity Care application. It must also inform you if you provided insufficient information with the application or of other reasons for denying it.

A non-profit group called [Dollar For](#)<sup>20</sup> might be able to help you with the application process. Their website has a simple, no-cost tool that they say will provide you with a quick answer on whether you are eligible for Charity Care. You input the amount and date of the hospital bill, your household income and size, and whether or not you are insured. If the tool says you qualify, they invite you to fill out their online form and offer to prepare your application and send it to the hospital within one to three weeks. Once your application is submitted, they say they will email and text you to check in and give you tips on how to follow up and, if necessary, help you submit additional documents and prepare an appeal.

## Filing A Charity Care Complaint

To file a complaint about how a hospital processed your application for Charity Care, contact the New Jersey Hospital Care Payment Assistance Program. You may call them at (866) 588-5696, email them at [Charity.Care@doh.state.nj.us](mailto:Charity.Care@doh.state.nj.us), or write to them at:

**NJ Department of Health, New Jersey Hospital Care Payment Assistance Program  
P.O. Box 360  
Trenton, NJ 08625-0360**

Use this same contact information to complain if the hospital processed your application correctly, but you received a bill which charged you improperly by failing to reflect the level of Charity Care assistance for which you qualified.

## Catastrophic Illness in Children Relief Fund

Another possible source of assistance is the [Catastrophic Illness in Children Relief Fund](#) (CICRF). It is a state program available to help pay expenses for New Jersey families whose children have an illness or condition where at least part of those expenses are not covered by insurance, State or Federal programs, or other sources, such as fundraising. The Fund is intended to assist in preserving a family's ability to cope with the responsibilities which accompany a child's significant health problems.

The assistance is available for any type of illness so long as the costs of dealing with it are "catastrophic" for the family. There is no income requirement but the total amount of eligible medical expenses incurred in any 12-month time period must meet or exceed 10% of the first \$100,000 of the family's income, plus 15% of any additional income over \$100,000. You can apply for multiple 12-month periods and as far back as seven years.

A broad range of medical expenses is covered, including but not limited to: physician care in all settings, therapies, pharmaceuticals, acute or specialized hospital care, medical equipment or disposable medical supplies, medically related home and vehicle modifications and medical transport; home health care; and addiction and mental health services.

You cannot apply for payment of medical expenses in advance but must wait until the medical treatment and services have been provided and then seek reimbursement. In fact, you must submit the Explanation of Benefits in applying for the Fund so it is best to wait until the claims have been processed through insurance. You can apply for claims

that have not been paid in full because the Fund will not only reimburse you for expenses paid out of pocket but can pay providers directly for outstanding balances.

Children up to age 21 are covered but reimbursement can be sought for a child older than that if the expenses were incurred while they were still under 22. Undocumented children are not eligible. The assistance is available only for children who are legally domiciled in New Jersey AND are U.S. citizens or green card holders, or who have obtained legal immigration status (i.e., hold visas that allow a family to establish residency).

Additional information is available on the [website](#).<sup>21</sup>

## ENDNOTES

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<sup>1</sup>The text of N.J.S.A. 26:2H-18.64 can be found at <https://njlw.rutgers.edu/collections/njstats/showsect.php?title=26&chapter=2h&section=18.64&actn=getsect>

<sup>2</sup>A sample form for providing a Good Faith Estimate under the federal No Surprises Act can be found at <https://www.cms.gov/files/document/good-faith-estimate-example.pdf>

<sup>3</sup>The Hospital Transparency Rule, 45 C.F.R. Part 180, can be found at <https://www.ecfr.gov/current/title-45/subtitle-A/subchapter-E/part-180>

<sup>4</sup>The federal Centers for Medicare and Medicaid Services, which enforce the Hospital Transparency Rule, explain how it works in FAQs that can be found at <https://www.cms.gov/files/document/hospital-price-transparency-frequently-asked-questions.pdf>

<sup>5</sup>The New Jersey Hospital Price Compare website can be found at <http://www.njhospitalpricecompare.com/Default>

<sup>6</sup>The online Help Desk for the No Surprises Act is <https://www.cms.gov/medical-bill-rights>

<sup>7</sup>The 2025 Eligibility Levels for CHIP and Medicaid programs in New Jersey can be found at <https://www.nj.gov/humanservices/dmahs/info/resources/mcicaid/2025/25-03IncomeEligibility%20Standards%20EffectiveJanuary%201,2025.pdf>

<sup>8</sup>N.J.S.A. 26:2H-18-64, which provides the statutory basis for the New Jersey Charity Care program, can be found at <https://njlw.rutgers.edu/collections/njstats/showsect.php?title=26&chapter=2h&section=18.64&actn=getsect>

<sup>9</sup>The Federal Poverty Guidelines for 2025 can be found at <https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>

<sup>10</sup>N.J.S.A. 26:2H-12:52, which limits hospital charges to no more than 115% of the Medicare rate for a patient whose family income is below 500% of the Federal Poverty Level can be found at <https://njlw.rutgers.edu/collections/njstats/showsect.php?title=26&chapter=2h&section=12.52&actn=getsect>

<sup>11</sup>The Federal Poverty Guidelines for 2025 can be found at <https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>

<sup>12</sup>The Medicare website that allows you to search for the PFS or Physician Fee Schedule by inputting the CPT or HCPCS code for the particular procedure is <https://www.cms.gov/medicare/physician-fee-schedule/search/overview>

<sup>13</sup>N.J.A.C. 10:52-11.8(e), which allows you to choose the time period that best helps you qualify for financial assistance can be found at <https://www.law.cornell.edu/regulations/new-jersey/N-J-A-C-10-52-11-8>

<sup>14</sup>N.J.A.C. 10:52-11.9(a)(3), which allows you to prove your eligibility for Charity Care by submitting various documents or a written attestation can be found at <https://www.law.cornell.edu/regulations/new-jersey/N-J-A-C-10-52-11-9>

<sup>15</sup>N.J.A.C. 10:52-11.10(c), which says what assets can be considered in deciding whether you qualify for Charity Care and that your family's primary residence cannot be considered can be found at <https://www.law.cornell.edu/regulations/new-jersey/N-J-A-C-10-52-11-10>

<sup>16</sup>A list of tax-deductible medical expenses, which are the same ones that you can deduct to meet the asset eligibility test for Charity Care, can be found at <https://www.irs.gov/publications/p502#:~:text=seePub.555.,HowMUCHoftheExpensesCanYouDeduct,than7.5ofyourAGI>

<sup>17</sup>N.J.S.A. 26:2h-18.60(b), which says that NJ Charity Care covers "necessary health care services provided at a hospital" can be found at <https://njlaw.rutgers.edu/collections/njstats/showsect.php?title=26&chapter=2h&section=18.60&actn=getsect>

<sup>18</sup>N.J.A.C. 8:31B-4.38, which says NJ Charity Care covers advanced life support (ALS) services and dialysis can be found at <https://www.law.cornell.edu/regulations/new-jersey/N-J-A-C-8-31B-4-38>

<sup>19</sup>N.J.A.C. 10:52-11.5(d)(3), which says that a hospital cannot bill a patient for services if it has not provided them with written notice of Charity Care availability or made an appropriate referral for another medical assistance program within three months of the date of service can be found at <https://www.law.cornell.edu/regulations/new-jersey/N-J-A-C-10-52-11-5>

<sup>20</sup>The website for Dollar For, which offers free assistance with applications for Charity Care, can be found at <https://dollarfor.org/>

<sup>21</sup>The Catastrophic Illness in Children Relief Fund website is <https://www.nj.gov/humanservices/cicrf/>



## CHAPTER THREE:

### WHAT TO DO WHEN YOU RECEIVE A BILL

## CHAPTER THREE: WHAT TO DO WHEN YOU RECEIVE A BILL

Whether or not you are insured, at some point after you receive health care services that are not fully covered by insurance or by Charity Care, you will receive a bill from the provider or providers involved in your treatment. This Chapter will tell you how to read that bill, how to figure out if it is correct – both with regard to what it is charging you for and how much—and, once you know how much you really owe, how to work out a payment plan with the provider so that you can pay the bill. We will also suggest how to proceed if you cannot agree with the provider on the amount you owe, or if you disagree with a decision by your insurance company to deny coverage or erroneously treat the bill as out-of-network.

### Section 1: Understanding the Bill




#### Difference Between a Medical Bill and the Explanation of Benefits

First, let's clear up any confusion between a medical bill from a provider and an Explanation of Benefits from your health insurance company regarding your billed services.

Before you obtain medical care, health providers usually ask you to sign a form assigning your insurance benefits to them. That allows the doctor or other provider to bill the insurance company directly for their services. Most providers will collect your co-pay at the time of the visit and then hold off on further billing until your insurer pays its share. You will then be billed for any shortfall or difference—typically, an amount representing your co-insurance or share of the cost. There might also be some providers who want you to pay them in full at the time of service, leaving you to seek reimbursement in whole or in part from your insurance company.

Whether the insurance company pays the provider directly or reimburses you after you have paid the provider, it should send you what is called an Explanation of Benefits, which informs you about what services were billed, what was the Negotiated Rate for such services (the lower, often much lower, amount that the provider and insurer have negotiated for that particular service), what the insurer paid, what you might have paid already (usually the co-pay collected at the office at the time of service) and any additional amount still owing, which you are expected to pay.

## What to Do When You Get a Medical Bill

- Open the bill immediately.
  - Be sure you understand the charges. If you do not, call the doctor's or the facility's billing department for an explanation of anything that is confusing. Billing departments and insurance companies can make mistakes — so if something doesn't look right, it's good to check.
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- You should also request an Itemized Bill and check it carefully before paying it. Insist on an explanation of any codes or terms you do not understand. There is no law requiring them to provide you with an itemized, plain language bill but it cannot hurt to ask.
  - In examining the bill or bills, you should make sure that you are being billed for services you actually received, in the correct amounts, for the correct number of days in the case of a hospital stay, and for the correct procedures and medications, and that no charge is mistakenly duplicated, and that the bill accurately reflects any amounts paid to the provider by you and your insurer.
  - If you are insured, you should compare the bill with the Explanation of Benefits your insurer sent you. If there are any discrepancies, that could be an indication of error and you should contact the provider, the insurer, or better both of them, for an explanation of why the bill and Explanation of Benefits do not match.
  - If you are uninsured and obtained a "Good Faith Estimate," compare the estimate with your final bill or bills. If the amount of any bill is \$400 or more above the Good Faith Estimate, you can dispute the bill. (Learn how to dispute your bill in Section 3 below.)
  - If you do find that you are being wrongly charged in any way, inform the provider and get them to correct the bill. You might also find reason to believe that your insurance company wrongfully denied coverage on all or part of your claim, and maybe even sent you a Surprise Medical Bill in violation of federal and possibly also state law. You need to contact your insurer and ask them to fix the problem. Section 3 of this chapter discusses what to do if they refuse.
  - Keep notes of your conversations with the billing department or insurance company: include the date, time, name of the person you're speaking with, and what they tell you.
  - Save all bills and documents from your provider and health insurance company, and keep them together in the same, easy-to-find place.
  - Only after you know how much you actually owe based on correct charges and insurance payments, should you enter into a payment plan for that amount, as discussed in the next section.

## Section 2: Negotiating a “Reasonable Payment Plan”

After you have verified the accuracy of the bill and how much you owe, you still might not have the funds on hand to pay it all at once.

Be aware that if you pay a medical bill with a credit card, the medical debt will lose certain legal protections that otherwise apply to it under a 2024 New Jersey law known as the [Louisa Carman Medical Debt Relief Act](#),<sup>1</sup> including a 3% cap on interest and a ban on reporting such debts to credit reporting agencies. The same is true if you use financing services like CareCredit and similar medical payment cards to pay for purely cosmetic procedures, spa services or veterinary services for a pet. Also, be aware that CareCredit and some other types of medical financing might advertise promotional financing with no interest or a very low interest rate over a specific period of time, but if you fail to fully repay within that time or miss a payment, the interest might be applied and possibly at a higher rate than would ordinarily be charged. You should exercise similar caution regarding other forms of medical financing or loans that might be offered by your doctor, hospital or a third-party lender.

If it is possible for you, you might want to find some other way to pay a medical bill, such as by entering into an installment plan (discussed below) or borrowing the money from a relative or friend.

### What is a “Reasonable Payment Plan”?

Some providers currently offer payment plans. For example, Summit Medical Group, which has thousands of providers in a variety of medical specialties in five states with 170 locations in New Jersey, offers two-month interest-free payment plans when you pay through their online portal. If you need more time than that, they provide a phone number you can call to negotiate a longer time, though they might then charge interest.

Now, all health providers in New Jersey are required to offer a “Reasonable Payment Plan” as a result of a state law which took effect on July 22, 2025. All health care providers, including private physicians, must offer such a plan before they can start medical debt collection efforts. (Debt collector agencies are also subject to this requirement and cannot sue you prior to offering you a Reasonable Payment Plan.) These Payment Plans can last from six months to five years, possibly even longer, based on how much you owe and your ability to pay. The amount of the monthly payments cannot be greater than 3% of your individual monthly income, if known to the provider or debt collector, and the annual interest rate cannot be more than 3%.

The Payment Plan requirement extends to both insured and uninsured patients. If you are insured, the amount of the bill will depend on whether you have met your deductible, and whether your health plan requires you to pay a percentage of the charge your insurer has negotiated for the services you received. If you are uninsured, there is no prior negotiated rate and you will

almost certainly be charged a higher amount than someone who is insured. Therefore, before the provider offers you a Payment Plan, you want to first try to lower the amount of the bill. Here are some possible ways to do that.

## How You Can Try to Lower Your Bill

If the bill is from a hospital, they are not allowed to charge you for any services unless they first determine whether or not you are eligible for Medicaid or Charity Care, which is discussed above in Chapter 2, Section 4. If they have not done that and you think you might be eligible, you can insist that they make that determination first. You may have to prove your income using pay stubs, and/or information about government benefits, although hospitals are required to accept your certification of your monthly income if you are not employed or cannot provide certain documents.

It is possible that you need not pay any portion of a hospital bill. Even if your income is a little too high to qualify for Medicaid or Charity Care, you might still be entitled to financial assistance if your household income is below 300% of the [Federal Poverty Level \(FPL\)](#).<sup>2</sup> And if your household income is below 500% of the FPL, you get a discounted rate, which is \$115% of the rate paid by Medicare, which tends to be even lower than the rate negotiated by private health insurance companies. For additional information about Charity Care, including a chart showing levels of income eligibility, see Chapter 2, Section 4.

In any case, make sure before you pay or agree to a payment plan, that you are getting any financial assistance to which you might be entitled. If you qualify for a reduced rate, that lower rate should apply to every portion of the hospital bill, including the services of every doctor who treated you there, even if they are not hospital employees. This is important to know, since physicians providing services at a hospital typically do not accept Charity Care; however, under New Jersey law, if you qualify for Charity Care and received services at a hospital on an emergency or non-emergency basis, any physician who treated you at the hospital must accept reimbursement at Charity Care levels, with you paying nothing or only a percentage.

Even if you do not qualify for Charity Care or financial assistance, do not just enter into a Payment Plan based on the full amount. You can still try to reduce the size of the bill by asking the hospital or health care provider if they will accept a lower amount. Hospitals and doctors might be open to this because they would rather not have to turn to debt collectors or lawsuits to collect from you. Start by suggesting that you pay the Medicare rate for the service or procedure. Medicare rates are available at [this website](#)<sup>3</sup> with its Physician Fee Schedule Look-up Tool, but they can be tricky to access because you need the five-digit Healthcare Common Procedure Coding System (HCPCS) code, also known as the Current Procedural Terminology (CPT) code, for the particular service or procedure. Doctors use those codes to bill insurance companies and seek prior approval for health services and procedures so you can try to obtain the HCPCS/CPT codes from your provider or insurance company.

If you are unable to determine the Medicare rate because you do not have the HCPCS/CPT code or codes, then a general rule of thumb is that it is about 20% of the full charged rate. So, you should offer to pay 20% of the amount billed and make clear that it is because that is about what Medicare pays. If the provider refuses, do not give up right away but continue to try to negotiate and hopefully still arrive at an amount less than the original bill.

**The Appendix contains a template for a letter you can write to your provider or hospital in trying to negotiate a Payment Plan.**

If you are insured but have a large deductible or co-pay to satisfy, you can also try to negotiate a reduction before entering into a Payment Plan. Because the insurance company already negotiated a reduced rate, and you are not dealing with the full charged rate, however, any possible reduction would be much smaller.

Hopefully, insured or uninsured, you will get the amount reduced and the Payment Plan will be based on that lower amount. The law requires that the monthly Payment Plans are an amount that you can reasonably afford and the payments are generally supposed to be stretched out from six months to as long as five years based on your income and the amount of the debt.



### Limit on Amount of Monthly Payment

As stated above, the monthly payment cannot exceed 3% of your monthly income but only if the provider or debt collector trying to collect the debt knows that information. If it is a hospital, you might have told them your household income so they could determine if you qualified for Charity Care/financial assistance. But remember, unlike Charity Care, which is based on household income, the Payment Plan will be based on the patient's individual monthly income. If you have not given the hospital or provider the relevant information, and you are offered a Payment Plan calling for a monthly payment higher than 3% of your monthly income, you can argue that the plan is not "reasonable" under the law, but you will then have to provide your financial information so they can calculate the amount that IS 3% of your monthly income. **Before you provide the hospital or physician with information about your income, you should make sure that they will keep the information confidential.**

Under the Louisa Carman Medical Debt Relief Act, the Payment Plan has to be in writing and state the total amount owed, the total monthly payment, the payment schedule and the interest. Even after you accept the plan and start making payments, if there is a significant change in your finances—such as loss of a job or reduced hours—the monthly payments and the length of the plan can be adjusted.

Remember, mark the due date for your first payment on your calendar to help you remember to send your payment on time. Late fees may be charged otherwise, but if you miss a payment, the provider has to give you a 60-day grace period.

### **Section 3: Contesting the Accuracy of the Bill or Denial of Benefits by Insurer**

You might not be able to agree to the Payment Plan offered by the health care facility or provider because you believe that the bill is inaccurate, which is not uncommon with medical bills. You should first contact the billing department of the hospital or provider to try to clear up the error but if that fails, you will need to take further action.

If you are insured, please discuss this issue with your insurance company by calling the phone number on the back of the card and asking for the fraud department to dispute the bill. If you did not receive the services that are being billed, if the bill is duplicative of a bill that you already paid, if the provider “up-coded” the services that you received (by billing for something more expensive) or you received an out-of-network bill when you did not deliberately decide to be treated by an out-of-network doctor (i.e., a Surprise Medical Bill), you should report these issues to your insurer. The insurer is best able to understand the situation, confirm if you are correct and will advise you how to proceed.

The New Jersey Department of Banking and Insurance (DOBI) is responsible for implementing the No Surprises Act in New Jersey and for coordinating complaints against insurers, hospitals and physicians under the state’s own Out-of-Network law, so they are the place to complain to about a Surprise Medical Bill, under both state and federal law.

*You may file a complaint with **DOBI by calling the general number, 609-292-7272, or its Consumer Hotline, 800-446-7467**, which is staffed Monday to Friday, from 8:30 am to 5 pm. Alternatively, you can mail a written complaint to DOBI’s Consumer Inquiry and Response Center, P.O. Box 471, Trenton, NJ 08625-0471, or file one [online](#).<sup>4</sup>*

*If you are covered under a Managed Care plan (either HMO or PPO), DOBI has an office within Consumer Protection Services that handles complaints from consumers regarding coverage and payments under the plan. If your complaint has more to do with the insurance company than the provider, **you can call 888-393-1062, fax 609-777-0508 or 609-292-2431, or write to:***

**Office of Managed Care  
Consumer Protection Services  
Department of Banking and Insurance  
PO Box 475  
Trenton, NJ 08625-0475**

**Additional information about filing a complaint is available [here](#).<sup>5</sup>**

*If you are a Medicare patient, you can call 800-MEDICARE or 800-633-4227, where help is available 24/7 except for some federal holidays. TTY users can call 877-486-2048. However, if the issue involves a denial by the insurer of coverage for the services you received, or any part of them, you should file an appeal with the insurance company. This type of appeal, known as an internal appeal, must be filed within a certain time after you receive notice of the denial of benefits depending on the type of insurance you have, and each insurer has its own process. The appeal process should be set forth clearly on the insurer's website and in its benefits manual. For further assistance on how to appeal, please refer to New Jersey Appleseed's [A New Jersey Guide to Insurance Appeals](#).<sup>6</sup>*

Once your insurer makes a final decision, DOBI provides a way to appeal that denial of coverage through the [Independent Health Care Appeals Program](#).<sup>7</sup> It provides independent external reviews of adverse benefit determinations, including denials of requested services and/or reimbursement of services as not medically necessary, as experimental or investigational or as cosmetic. Your right to this appeal is mandated by the New Jersey Health Care Quality Act, [N.J.S.A. 26:2S-11](#) and [N.J.S.A. 26:2S-12](#).<sup>8</sup> There is a \$25 fee for the appeal, which you need not pay if you win the appeal or show that you are on Medicaid NJ FamilyCare, General Assistance, Supplemental Social Security, NJ Unemployment Assistance or Pharmaceutical Assistance to the Aged and Disabled (PAAD).

**Please note** that if you do file an appeal with your insurer, and then through the state Independent Health Care Appeals Program, neither the health care provider nor any debt collector is allowed to communicate with you about that debt or try to collect it as long as the appeal is pending or underway. This only applies, however, if they know about the appeal so you should make it a point to let them know about it, preferably before they start to try to collect but certainly once they do start and they will be required to stop until the appeal is decided.

If you are uninsured and think you've been sent a bill that you should not have to pay, you can file a complaint with the New Jersey Attorney General's [Division of Consumer Affairs](#)<sup>9</sup> or consult a lawyer at one of the Legal Services offices located throughout the state, as listed in Appendix C. Either should be able to advise you on how to proceed (*i.e.*, suggest an action plan) once they understand your individual circumstances and reasons for believing that you should not have to pay.

If you were approved for charity care, financial assistance or a discounted rate, and the bill does not reflect that approval, file a complaint with the New Jersey Hospital Care Payment Assistance Program. Call them at (866) 588-5696, email them at [Charity.Care@doh.state.nj.us](mailto:Charity.Care@doh.state.nj.us), or write to them at:

**NJ Department of Health, New Jersey Hospital Care Payment Assistance Program  
P.O. Box 360  
Trenton, NJ 08625-0360**

## Good Faith Estimate Disputes

If the bill that you seek to dispute is \$400 or more than the Good Faith Estimate you previously received, proceed as follows:

- Start by contacting the doctor or hospital to notify them that they have sent you a bill that is \$400 or more than the Good Faith Estimate. Then ask them to adjust the bill to the amount in the Good Faith Estimate.
- If the provider does not lower the bill, you have a right to use the federal [Patient-Provider Dispute Resolution](#) system.<sup>10</sup> Remember that you can only dispute the bill of any physician if that individual physician's bill is \$400 or more than the estimate they gave you. The right to dispute the bill based on the Good Faith Estimate is on a provider-by-provider basis and cannot be based on the total bill from all the providers that treated you added together being \$400 over all the estimates you received added together.
- If you decide to formally dispute the bill using the above Dispute Resolution process, you must file within 120 days (about 4 months) of the date of your first medical bill. You must submit a copy of the bill and the Good Faith Estimate from which the bill deviated; and you must pay a \$25 fee to dispute the bill. If you win the dispute, this fee will be returned to you as a \$25 credit toward your medical bill.
- You may formally initiate a dispute [online](#) or by [mail or fax](#).<sup>11</sup> Once you do so, you have entered what's called the "Patient-Provider Dispute Resolution" period. Under the federal No Surprises Act, your doctor or hospital is prohibited from sending your medical bills to collection agencies during the Patient-Provider Dispute Resolution period. This is in addition to the newly enacted ban in New Jersey on reporting medical debt to any credit reporting agency at any time.
- If you see the medical bills from an ongoing Patient-Provider Dispute Resolution listed on your credit report, [submit a complaint online](#)<sup>12</sup> to the Consumer Financial Protection Bureau or by phone at 855-411-2372 between 8 a.m. and 8 p.m. Monday through Friday, except federal holidays. If you are a TTY user, the number is 855-729-2372.

In general, if you are either insured or uninsured and want to learn more about your rights to dispute a Surprise Medical Bill you can do so at the website of the [Center for Medicare and Medicaid Services](#)<sup>13</sup> and/or by calling the No Surprises Help Desk at 800-985-3059. The Desk is available 7 days a week, from 8 am to 8 pm on weekdays and from 10 am to 6 pm on weekends and assistance is offered in many languages, including Spanish, French, Arabic and Russian. They can also provide resources in large print, Braille and audio.

## ENDNOTES

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<sup>1</sup>The Louisa Carman Medical Debt Relief Act, P.L.1997, c.172, N.J.S.A. 56:11-28 et seq., can be found at [https://pub.njleg.state.nj.us/Bills/2024/PL24/48\\_.PDF](https://pub.njleg.state.nj.us/Bills/2024/PL24/48_.PDF)

<sup>2</sup>The 2025 Federal Poverty Level for various size households can be found at <https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>

<sup>3</sup>The Medicare website that allows you to search for the PFS or Physician Fee Schedule by inputting the CPT or HCPCS code for the particular procedure is <https://www.cms.gov/medicare/physician-fee-schedule/search/overview>

<sup>4</sup>You can file an online complaint about a Surprise Medical Bill with the NJ Department of Banking and Insurance's (DOBI's) Consumer Inquiry and Response Center at <https://www.nj.gov/dobi/consumer.htm>

<sup>5</sup>You can learn more about your rights regarding a Managed Care Plan and file a complaint about one with the NJ Department of Banking and Insurance (DOBI) at [https://www.nj.gov/dobi/division\\_insurance/managedcare/mcfaqs.htm](https://www.nj.gov/dobi/division_insurance/managedcare/mcfaqs.htm)

<sup>6</sup>New Jersey Appleseed's A New Jersey Guide to Insurance Appeals: Understanding How to Contest Adverse Benefit Determinations in the State can be found at <https://njappleseed.org/wp-content/uploads/2017/09/appleseed-appeals-guide.pdf>

<sup>7</sup>The NJ Department of Banking and Insurance (DOBI) web page containing information about the Independent Health Care Appeals Program, along with a link for filing such an external appeal from a denial of insurance coverage, can be found at [https://www.nj.gov/dobi/division\\_insurance/managedcare/ihcp.htm](https://www.nj.gov/dobi/division_insurance/managedcare/ihcp.htm)

<sup>8</sup>N.J.S.A. 26:2S-11 and N.J.S.A. 26:2S-12, which are part of the NJ Health Care Quality Act and establish the right to an independent appeal of coverage denials by health insurance companies can be found at <https://law.justia.com/codes/new-jersey/title-26/section-26-2s-11/> and <https://law.justia.com/codes/new-jersey/title-26/section-26-2s-12/>

<sup>9</sup>The New Jersey Attorney General's Office Division of Consumer Affairs website, including information on filing a complaint, can be found at <https://www.njconsumeraffairs.gov/>

<sup>10</sup>A federal website with information about the No Surprises Act and information about how to file a complaint against a provider who violates the law can be found at <https://www.cms.gov/medical-bill-rights>

<sup>11</sup>You can initiate Patient Provider Dispute Resolution at <https://nsa-idr.cms.gov/billdisputes/s/> and obtain additional information about the process at <https://nsa-idr.cms.gov/billdisputes/s/> and <https://www.cms.gov/medical-bill-rights/help/dispute-a-bill>

<sup>12</sup>If you see medical bills from an ongoing Patient-Provider Dispute Resolution listed on your credit report, you can submit a complaint online to the Consumer Financial Protection Bureau at <https://www.consumerfinance.gov/complaint/>

<sup>13</sup>Information about your rights to dispute a Surprise Medical Bill can be found on the website of the Center for Medicare and Medicaid Services at <https://www.cms.gov/nosurprises>



## CHAPTER FOUR:

### **UNDERSTANDING THE COLLECTION PROCESS**

## CHAPTER FOUR: UNDERSTANDING THE COLLECTION PROCESS

If your medical bill goes unpaid beyond its due date and if you are unable to negotiate a reasonable payment plan or you are challenging the accuracy of a medical bill, contesting the denial of benefits or the level of benefits paid by your insurance company, or simply can't afford to pay the bill, the provider might send the bill to a collection agent, or sell your debt to a debt collection company which will try to get you to pay and sue you if you are not able to do so. Here is what you should know going forward.

### Section 1: Credit Reporting of Medical Debt

As a general rule, if you fail to pay your bills, your failure to pay can be reported to a credit reporting agency and hurt your credit score. People with a low credit score can have difficulty renting an apartment, or buying a car or a house, or obtaining a loan. In some cases, a low score can even keep you from getting a job if the employer does a credit check before hiring.

In 2023, the three major credit bureaus, Equifax, Trans Union, and Experian, removed medical debt under \$500 from credit reports and on January 7, 2025, the Consumer Financial Protection Bureau finalized a new federal rule that bans reporting medical debt of any amount on credit reports and prohibits lenders from using medical information in making loan decisions. As of Spring 2025, the rule was scheduled to take effect on June 15, 2025, but its future is uncertain because it is being challenged in court and the Trump Administration will probably not defend it.

New Jersey has its own state law, the [Louisa Carman Medical Debt Relief Act](#),<sup>1</sup> passed in 2024, that bans the reporting of most medical debt. There are some exceptions to the ban – mainly for medical debt that is paid for with a regular credit card or is paid for with a special medical credit card if that card is also used to pay for anything other than medical care, including veterinarian or wellness services. Note that, unlike the federal rule, the New Jersey law does not prohibit taking into account medical information, including medical debts, in making loan decisions but the reporting ban will of course make it harder for lenders to learn about the existence of such information.

The New Jersey law includes enforcement measures to stop debt collectors from violating the ban and reporting the debt anyway or threatening to report it in order to pressure you to pay--it essentially wipes the debt and your responsibility to pay the reported amount, from the books. In legal terms, the debt becomes void automatically if it is reported, which means you do not need to pay it. If the entire debt was not reported, then only the part that was reported is void. The law also contains a requirement that debt collectors have to tell you that they did not report the debt and that if they did, the debt can no longer be collected.

It is important to check to make sure that your debt was not reported so that you do not pay a medical debt that you are no longer legally obligated to pay. Before paying any medical debt, you should contact at least one of the three major credit bureaus to be sure that it has not been reported in violation of the law. The agencies are Equifax (888-378-4329), Experian (888-397-3742) and TransUnion (800-916-8800).

In addition to calling, you may request a free copy of your credit report from [annualcreditreport.com](https://annualcreditreport.com)<sup>2</sup> or by calling 877-322-8228. You are allowed to request a free report from each of the three major credit bureaus listed above once per year.

Look closely at your report to make sure the information is correct. Medical debt will generally appear in one of two places:

- Check the "Account Information" or "Collections" section of the report.
- Check the section that "Flags" new debt.

If your credit report contains paid or unpaid medical debt, follow [these instructions](#)<sup>3</sup> to dispute any errors. [The Consumer Financial Protection Bureau](#) ("CFPB")<sup>4</sup> website also has detailed information about how to do this, including contact information for the different credit reporting companies, along with information about how to file a complaint with the CFPB about a problem with a credit report. Instructions with template letters to be written to the creditor and the credit reporting agency are provided at this link.

[A complaint can also be filed](#)<sup>5</sup> with the New Jersey Division of Consumer Affairs over medical debt reported in violation of the Louisa Carman Medical Debt Relief Act, or other violations of that law, and the state Attorney General can assess civil penalties and order the return of any money obtained through such violations.

Other sites beyond the major credit bureaus may offer a credit report, but they may ask for a fee, show you ads, or could be an outright scam to [steal your personal information](#).<sup>6</sup> So be careful!

## Section 2: The Fair Debt Collection Practices Act

If your medical bill goes unpaid past the due date, the health care provider will send you invoices trying to get you to pay or they will turn the debt over to a billing agency working on their behalf or sell the debt to a third-party debt collector who will then try to get you to pay. They might call you, send you letters, texts or emails and maybe even threaten to sue you or report the debt to a credit reporting agency (which is now unlawful in New Jersey). If the bill is not paid, a Payment Plan is not completed or any dispute is not resolved, it is likely that a lawsuit will be filed against you, which will be discussed later, in Section 3 of this chapter. This section is about how to deal with the debt collection process, before you are sued, and might even help prevent a lawsuit.

## New Jersey State Law Protections

The [Louisa Carman Medical Debt Relief Act](#)<sup>7</sup> created three new requirements concerning when medical debt collection can begin. All of them go into effect in July 2025:

1. Efforts to collect medical debt cannot start until at least 120 days after the first bill has been sent. So, if you start hearing from anyone trying to collect medical debt sooner than that, let them know that is against the law. They will probably try again later but it does buy you some time.
2. Debt collectors are not allowed to start collecting a medical debt if they know that the insurance company has not resolved the patient's claim for coverage of the care. Also, if the insurer has denied the claim or paid less than it should have and the patient is appealing the denial or the amount of coverage, collection cannot start until the appeals resolved. This is true even if the 120 days have gone by. The collection agency must wait to come after you until any insurance questions are finally resolved.
3. Even after 120 days, neither the health provider nor a debt collector can try to collect a medical debt until one of them has offered you a "Reasonable Payment Plan." So, if you have not been offered such a plan, let them know that they must stop calling or texting you until you are offered a Plan. The Plan has to be "reasonable" in terms of how much you have to pay per month, which can be no more than 3% of your monthly income, and over what period of time, which can be as long as five years. If you reject the Plan or if you accept it and later fail to make the payments, they can come after you again to collect. If you did not make your payments according to your Payment Plan, you must be given at least a 60-day grace period on the missed payment.



**The most important thing to keep in mind when debt collectors come after you is DO NOT IGNORE THEM and hope the problem will go away.** The details of the debt and the actions of the collectors are important and may influence your response, but the worst thing you can do is not respond and let things escalate. How you decide to respond must be based on an understanding of your rights, whether you have been offered a Reasonable Payment Plan, whether you believe the bill is accurate, whether you are appealing a denial of your claim by the insurance company and possibly other factors depending on your individual circumstances.

## Federal Law Protections

Once the debt collectors start trying to collect from you, they must follow a federal law known as the [Fair Debt Collection Practices Act](#),<sup>8</sup> or FDCPA, which prohibits unfair, deceptive, or abusive practices by debt collectors, including lawyers (unless the lawyers are trying to collect legal fees

from their own clients). Federal debt collection regulations have also been enacted in a group of regulations referred to as [Regulation F](#)<sup>9</sup> (which went into effect on November 30, 2021).

The FDCPA protects the person who incurred the debt and, if the person who incurred the debt is deceased, it applies to efforts to collect the debt from their parent or spouse or whoever represents their estate. In general, the law is intended to protect the “least sophisticated consumer.” This standard is considered by courts to be objective; it pays no attention to the circumstances of the particular debtor in question, and asks only whether the hypothetical least sophisticated consumer could reasonably interpret the representation made by the debt collector to be inaccurate. This standard is used by all federal and state courts in New Jersey when a consumer sues or counterclaims for violations of the FDCPA.

The law does not cover business debts, only debts primarily for personal, family and household purposes, including medical debt, as well as credit card debt, car loans, mortgage payments and student loans. It also generally does not apply to those seeking to collect their own debts, including a hospital, medical practice or individual health care provider, unless they use a different name to imply that a third party is involved. This is the case because health care providers themselves are assumed to be less likely to engage in unfair, deceptive and abusive practices against their own patients, in contrast to companies or people that buy medical debt or are paid to collect it, who ARE more likely to engage in those practices and are covered by the law.



## Key FDCPA Protections

- In any contact with you, either written or oral, the debt collector must state up front that the communication is from a debt collector.
- The law prohibits collectors from contacting you at times or places they know or should know are inconvenient to you. So, generally, not before 8 a.m. or after 9 p.m., and not at work if you are not allowed to receive personal communications there. If they call and you tell them it is inconvenient, they must end the call.
- They are also not allowed to harass you or anyone else about your debt with repeated calls or other contacts via text or email. They must have your consent to send you texts or emails and the consent only lasts 60 days and has to be renewed after that. Emails and texts must contain clear language that allows you to opt out of receiving them. You, as a consumer, have the right to stop specific types of communications, and may opt out of receiving any electronic communications.
- Debt collectors cannot use obscene or profane language. They are also prohibited from using social media to post publicly about a debt you owe, though they can use it to contact you privately. They cannot make false threats of legal action.
- If the debt collector knows you have a lawyer, they have to stop contacting you and contact the lawyer instead, so if a debt collector contacts you, give them your lawyer’s

name and contact info. Avoid responding to them directly because if you do, they are allowed to bypass your lawyer in getting back to you.

- Debt collectors must provide two types of notice to consumers under the FDCPA:
  1. The first, mentioned above, is that if they send you any type of electronic communication –a text, email or any other electronic medium that uses a specific address – that message must contain clear and conspicuous language telling you that you have the right to opt out of being contacted electronically in that way and it must also describe a “reasonable and simple method” for you to do that.
  2. The second and more significant is a Debt Validation Notice which must be sent with the initial communication by the debt collector or within five days of that first contact. It consists of certain key information about the debt so that you can tell if it is valid and includes information about what to do if it is not. The required information includes the name of the creditor to whom the debt is currently owed; the name and address of the debt collector; the name and address of the one who owes the debt (presumably you); the debt details and the current amount due, along with itemization showing any interest charges, fees, payments and credits. The full list is [here](#).<sup>10</sup>
- You have 30 days to dispute the debt in writing and the validation notice must also tell you the last date by which you can do so and must also state that unless the debtor (you) contacts them to dispute the debt or any portion of it within that time, the debt will be considered valid. You must also be told that if you dispute the debt within the 30 days, the debt collector will obtain what is called a “verification of the debt,” or if it has gone to court already and won, a copy of the court judgment. A copy of the verification or the judgment will be mailed to you. They must also tell you in the notice that if you ask for the name of the original creditor (which in the case of medical debt, would be the name of the hospital, doctor or other provider), they must provide you with the name and address.
- There must also be a statement telling you that you can obtain more information about what protections there are against debt collectors by visiting the [Consumer Financial Protection Bureau website](#).<sup>11</sup>

Debt collectors cannot try to collect the debt before providing you with the above information. Once they have done so, you have 30 days to dispute the debt in writing or it is deemed to be valid. Disputing the debt is important not only because it preserves your ability to challenge its validity but also because it might make the creditor less likely to sue you by showing that you are willing to fight back, which will make any lawsuit longer and more expensive. The same is true for getting a lawyer if you are able to do so. It might just make them decide that it is too much trouble to take you to court.

You need to review the debt information carefully to make sure the debt is one you actually owe, for health care services you actually received, and that the amount is correct, factoring in all payments made by you and by your insurer (to the provider), and that there are no added, duplicate or mystery charges. The Appendix to this Guide includes a form you can use to dispute the debt during the debt collection phase.

Keep all documents sent to you by a debt collector and write down dates and times of conversations with them along with notes of what was said, which could prove helpful if you meet with a lawyer or end up in court.

### Filing a Complaint with the Consumer Financial Protection Bureau:

If you are having trouble with a debt collector, including the failure of the collector to provide you with the required information, [you can file a complaint](#)<sup>12</sup> with the Consumer Financial Protection Bureau (CFPB). The debt collector has two weeks to respond to your complaint before it is made public in the CFPB's database.

Filing a complaint with the CFPB can help in two ways:

- It may lead to a swift resolution. Collection companies don't want public complaints on file with the government, so they have a greater incentive to work with you to solve your complaint.
- It builds a record of the type of abuse and the specific companies prone to behave badly. This helps the government know how to better help and protect people against these practices and businesses.

### An Additional Warning

Be wary of "debt elimination" or "debt relief" companies that advertise they can help you deal with debt. What they offer can be expensive, often does not work and, worst of all, they typically prevent you from properly defending against a debt collection action brought against you even if you have valid defenses.

## Section 3: How to Deal with a Debt Collection Lawsuit

At some point, you might receive, either in person or by mail, notification that you have been sued over a medical debt. What we said about the debt collection process is even more true when it comes to a lawsuit: **DO NOT IGNORE IT**. It will not go away on its own.

**Please contact an attorney to discuss your options.** Information on where you can locate one to represent you is included in the Appendix. Whether it makes sense for you to defend the lawsuit or accept a default judgment depends on various factors: whether you have income or assets that the creditor will likely attempt to seize if they win a court judgment against you; whether you have a viable defense to the lawsuit; whether there are facts in dispute; or whether it is best for you to file for bankruptcy, among other possibilities. Only an attorney with whom you discuss your individual circumstances will be able to properly advise you on how to proceed. In this Manual, we can only explain what can happen if you do not respond and assist you in understanding the procedure if you do choose to respond on a pro se basis—meaning without a lawyer. If you cannot find or afford a lawyer, you should refer to the [court website](#),<sup>13</sup> which has information meant to assist those without legal representation.

As mentioned earlier regarding the debt collection phase, having a lawyer and fighting back by disputing the debt or, once a lawsuit is filed, defending against it, might make the creditor think it is just too much trouble to keep going after you— to the point that they do not sue you in the first place or drop the lawsuit. This is especially likely when the lawsuit is not filed by the original creditor—the health care provider—but by a third-party debt buyer who probably paid pennies on the dollar to buy a huge number of debts, many of which are backed by documentation that is sloppy or incomplete and who likely expects to write off a good number of those debts as noncollectable.



## Default Judgments

Debt buyers even more than original creditors count on the fact that many of those they sue will ignore the case, leading the court to issue a Default Judgment against them without the debt buyer or debt collector having to prove that the debt is valid and that the amount sought is correct. If you do not respond and defend yourself and end up with a Default Judgment against you, it will likely be for a greater amount than just the medical debt since it can include court costs, legal fees and interest. These increased costs can happen even if you did not really owe the debt at all, the amount was wrong, or the debt was so old that they no longer had a legal right to sue on it.

Read below for more on defending yourself against a lawsuit.

## Debt Collection Courts

Debt collection suits are typically brought in state court, at one of three court levels depending on the amount claimed to be owed:

- Small Claims Court, for amounts up to \$5,000
- Special Civil Part, for higher amounts up to \$20,000 and
- Superior Court, Civil Part, Law Division, for amounts over \$20,000.



Lawsuits over most debts, including medical debts, take place in Special Civil Part, although a few might be filed in the other courts. This Manual will focus on Special Civil Part and provide limited information on how to respond to a Complaint filed in Small Claims Court. If you receive a Complaint that was filed in the Law Division, which means the debt is for over \$20,000 please consult with an attorney. Information on where you can locate one to represent you is included in the Appendix.

## Reading a Debt Collection Complaint

There are minor differences between the Special Civil Part and Small Claims Complaints but they mostly look the same and contain similar information. Both will be labeled "Complaint" and indicate which court you are being sued in and in which county the court is located. That is likely to be the county where the one suing you is located, which might not be the county where you live.

Whichever court the lawsuit was filed in, it is essential to read the Complaint and any other papers received about the case, carefully and thoroughly. The Complaint will state the name and address of the "Plaintiff," along with their email address and phone number and should explain why they are suing you and for how much, which is known as the "Demand." You, the one being sued, are called the "Defendant," and the Complaint should contain your contact information too. The Small Claims Court Complaint has four check boxes for the main kinds of claims and the one checked should be "Contract" because failure to pay a medical debt is considered a breach of the agreement you made in promising to pay for the medical services whether or not you signed such a statement at the hospital or doctor's office at the time you received those services.

You will also receive a document called a "Summons," which contains some of the same information, but also the contact information for the court and for the Plaintiff's lawyer. The Summons also tells you about additional money the Plaintiff wants from you, above and beyond the amount of the debt, and which they will be entitled to if they win the lawsuit—the fees for filing and serving the case on you, interest, and the fees paid to their lawyer for suing you.

Both the Complaint and the Summons contain a “Docket Number,” which you should use in any communication with the court and with the Plaintiff or their attorney about the case, and you should also write it on any checks you send to the court for filing or other fees.

You must file an “Answer” to the Special Civil Complaint with the court within 35 days of the date the papers were sent to you. That date should appear on the Summons. The Appendix contains a form you can use for the Answer.

You do not need to file an Answer if the case is in Small Claims Court, only show up on the specified date.

Court personnel can provide only limited assistance with your case if you do not have a lawyer. Probably the best place to start is to call the court Ombudsman for your county. A [directory of them](#)<sup>14</sup> with their contact information is available on the court website.



## Filing Fee and Fee Waiver

In Special Civil Part, you must pay a \$30 fee to file your Answer unless you obtain a Fee Waiver, which is available if you cannot afford the fee. To obtain a Fee Waiver, you will have to file a separate document requesting one at the same time as you file your Answer to the Medical Debt Complaint filed against you. The Fee Waiver application will ask for certain information about your income and assets so the court can decide if you qualify for the Waiver. Documentation is required—two months for sources of income and six months of bank statements. [Additional information about Fee Waivers](#),<sup>15</sup> including the form that must be used, can be found on the court website.

Note that the fee for filing an Answer, like other fees mentioned in this Manual, is subject to change and you should check the court website to confirm the current fee amount.



## Answering the Complaint

To answer the lawsuit or Complaint in Special Civil part, you can utilize the Answer form and Certification of Service (a signed document confirming you actually served the document on the other side in a lawsuit) that are included in the Appendix or the similar but [more general form of Answer that can be found on the court website, along with instructions on how to answer the Complaint](#).<sup>16</sup>

Whichever form of Answer you use, carefully fill out the form, making sure that the information you provide is complete and accurate. Page One of the Complaint will include a Docket Number

which you should include on the Answer and on any other document that you file with the Court and on any communication about the case with the Court and the Plaintiff. The Answer form in the Appendix, like the one provided by the court on its website, asks whether or not you want a jury trial. If you do, you must pay an additional \$100 fee on top of the \$30 fee for filing the Answer itself, unless you apply for and obtain a Fee Waiver, as discussed above. A jury trial is not available in Small Claims Court.

The Answer form in the Appendix, like the one provided by the court on its website, asks whether or not you want a jury trial. If you do, you must pay an additional \$100 fee on top of the \$30 fee for filing the Answer itself, unless you apply for and obtain a Fee Waiver, as discussed above. A jury trial is not available in Small Claims Court.

The Answer has a Certification section (not to be confused with the Certification of Service, which is a separate document with a different purpose), which requires that you indicate certain things about the lawsuit: whether there is another lawsuit or arbitration about the same debt or if one is planned and if so, to identify it; and also, whether or not anyone else should be a part of the lawsuit and if so, who they are. In a Medical Debt case, this might mean your health insurance company might need to be part of the case if you are being sued for a bill that you think your insurer should have paid, or paid a larger share of. If so, you should indicate that in the appropriate place.

At the very bottom of the Answer, you can check a box to require that the Plaintiff/Creditor provide you with a copy of all the documents that they refer to in the Complaint within five days. We recommend that you check that box just in case you do not have everything so that you can fully understand and better defend against the lawsuit

Two other items that you must certify to in the Answer are that: 1) you removed all or at least all but the last four numbers of any confidential personal identifying information--Social Security numbers, driver's license numbers, vehicle plate numbers, insurance policy numbers, active financial account numbers, active credit card numbers or information as to an individual's military status; and 2) you served the Answer on all parties to the case. Serving the Answer means that you sent the Plaintiff a copy of your Answer by certified AND regular mail. However, if the Plaintiff has a lawyer, you only need to send your Answer to the lawyer by regular mail. The Certification of Service referred to above states that you did one or the other.

**Filing the Answer with the Court can be done in person, by mail, or electronically using the court's [JEDS \(Judiciary Electronic Document Submission\) system](#),<sup>17</sup> though you must first create an account if you want to submit your papers electronically.**

**Do not miss the deadline to file the Answer!** If you need more time to file or to find a lawyer to represent you, you can ask the Plaintiff's lawyer for an extension and if they agree to give you more time, you should confirm the agreement of the new date in writing. If they refuse and you have a reason for the delay, you can ask the court for extra time.

In your Answer, you should assert any of the following defenses that accurately reflect your situation by checking the relevant box on the Answer form. The boxes that may be relevant to Medical Debt include:

- the bill was paid;
- the amount is incorrect;
- the claim or amount is unfair (you must explain);
- the goods or services were not received;
- you were a victim of identity theft (someone obtained medical services pretending to be you);
- the debt was already sued on and the case was resolved (you must explain);
- you are in the military on active duty (they must wait until that is over);
- the time has passed to sue on the debt (which in NJ is six years from the time the debt was incurred); and/or
- the debt has been discharged in bankruptcy (which will be discussed below).

## Lining Up Your Defense

Though you do not need to file an Answer in Small Claims Court, if any of these same defenses apply to your situation, take note of them and be prepared on the day of court to prove them with either documentary evidence or through witness testimony—your own and possibly others! If there is a necessary witness who is unwilling to come to court to testify on your behalf, you can Subpoena them. Subpoena forms are available at the office of the court clerk.

## Statute of Limitations

The defense that it is too late to collect on the debt is based on New Jersey's Statute of Limitations, which allows six years to sue on any type of debt, including medical debt. If it has been longer than six years since the debt was incurred, the creditor may still contact you to try to get you to pay it but they cannot obtain a court judgment against you for the money. You must raise this defense in your Answer and cannot wait until the trial to mention it.



## Accord And Satisfaction Defense

Accord and Satisfaction is another possible defense that is generally available in a debt collection lawsuit though it is not listed in the Answer. It is available when there is a disputed debt and both sides agree to a different resolution that replaces the original debt, which is most often an agreement to pay a lesser amount. If you pay that amount or fulfill whatever your obligation is under the agreement, the creditor cannot sue you on the original obligation for the higher amount. As with all affirmative defense, the person being sued has the burden of proof. You must convince the court that you agreed with the creditor to pay a lower amount on a disputed debt and that you fulfilled your obligations under that agreement. If you entered into a reasonable Payment Plan and made all the payments, that would be an example of Accord and Satisfaction and would be a strong defense to a lawsuit over the same medical expenses.



## Medical Debt-Specific Defenses

There are other important defenses not specified on the Court's Answer form that ARE specific to Medical Debt.

- If your medical debt has been reported to one of the three credit reporting agencies, the debt (if incurred after July 2024) is void, and no one can collect that money from you. You should check your credit report and if the debt is there, you must raise this as an affirmative defense (meaning that you have the burden to prove it) in order to make sure that New Jersey's ban on reporting medical debt to credit reporting agencies protects you.
- If neither the hospital, physician, health care provider nor medical creditor or collection agency offered you a Reasonable Payment Plan or the Plan that they offered was not reasonable, this should be raised as a defense. Reasonable Payment Plans are discussed in Chapter 3.
- If you are on Medicaid or NJ Family Care, participating providers are not allowed to bill you for anything, with a few exceptions that are mainly for cosmetic procedures and other goods and services that are "not medically required for diagnosis or treatment of a disease, injury, or condition," as specified in [N.J.A.C 10:49-5.5](#).<sup>18</sup>
- If the debt was incurred for hospital care, NJ law does not allow licensed hospitals, and the physicians who provide services to you in the hospital, to charge patients whose family gross income is below 500% of the Federal Poverty Level (FPL) more than 115% of the Medicare reimbursement rate for any service. If you qualify on income, you would have to determine if the charge was higher than 115% of the Medicare rate. Those rates can be found at the [Centers for Medicare and Medicaid Services website](#).<sup>19</sup> You will need the billing code (CPT/HCPCS code) for the procedure to look up the rate. If you are insured and received an Explanation of Benefits, which is discussed in Chapter 3, Section 1, it should have the code. Otherwise, ask the hospital billing department for

the billing code or codes that apply to your bill. Note that if it turns out you were overcharged, you still have to pay some amount, but you will at least get a reduction from the amount billed.

- If the debt was incurred for hospital care, and you were found eligible for Charity Care, there is an argument to be made that any physician who provided health services at the hospital must accept Charity Care. See Chapter 2, section 1. Accordingly, if you are being sued by a physician who provided care at the hospital, you should raise as an affirmative defense that you were found eligible for Charity Care and are only responsible for a percentage of the bill if your income is between 200% and 300% of the FPL. Charity Care is discussed in Chapter 2 if you want more information about it.
- If the debt was incurred for hospital care, and your family gross income was below 300% of the FPL at the time you received hospital services, you may have been entitled to Charity Care if you also satisfied the asset test. If the hospital did not offer you a Charity Care application and you did not apply, and you were in fact eligible for it, the hospital -- and, arguably, any physician who treated you at the hospital -- may not collect payment from you. Accordingly, note that the hospital's failure to give you the opportunity to apply for Charity Care is a valid defense and you should assert it.
- If the Plaintiff is not a health care provider but a debt buyer, you should take the position that they must prove that they do in fact own the debt and thus have a right to sue you for it. Even if you owe money for the health services, whoever sues you must prove that you owe the money to THEM. They will need paperwork showing that the debt was transferred to them. Please note that they cannot just show that they bought a list of accounts or debts from a health care provider or anyone else, but must specifically show that they bought YOUR account and that the debt they are suing you for is on that list. If they cannot do so, you should win the case.
- If the debt collector has violated the Fair Debt Collection Practices Act (FDCPA), as discussed earlier in this Chapter, you can assert that violation as a Counterclaim in your Answer to the debt collection lawsuit. A Counterclaim differs from an Affirmative Defense (which attempts to defeat the Plaintiff's claim against you by showing that you do not owe the debt) in that the Counterclaim is a new and separate claim by you against the Plaintiff based on their actions in trying to collect the debt and, if you prevail on the Counterclaim, the court can award you money to penalize them. Even if you owe the debt and the court finds that you do owe it, the amount of the judgment against you could be reduced by the amount you win on a successful FDCPA Counterclaim. It is even possible the Plaintiff could end up owing you money, if the amount you win on the Counterclaim is greater than the debt they were trying to collect from you. Note that Counterclaims are filed as part of the Answer and if your Answer contains a Counterclaim, the filing fee increases from \$30 to \$50 (if your Counterclaim is for an amount of less than \$5,000) or to \$75 (if your Counterclaim amount is more than \$5,000).<sup>20</sup>

## Rights of those in the Military

If you are on active duty in the military, a federal law known as the Servicemembers Civil Relief Act provides you with some protection. It applies to members of the Army, Navy, Air Force, Marine Corps, National Guard, Coast Guard, the Commissioned Corps of the National Oceanic and Atmospheric Administration, and the Commissioned Corps of the Public Health Service who are deployed or on active duty, including annual training. The law allows you to temporarily stop (the legal term is “stay”) a lawsuit against you for at least 90 days while you are on active duty if you convince the court of three things: 1) that you have a defense to the claim; 2) that you cannot defend yourself unless you are physically present in court; and 3) that you have tried to appear in court but are unable to do so.

The law’s protections do not apply automatically. You must make the request in writing while you are on a tour of military service, or within 90 days after termination of or release from military service by sending the court a letter or other communication explaining: your military duties and the need for a stay, and the starting date for when you will be able to appear. You must include a letter from your commanding officer supporting the need for a stay.

If the request is denied and you do not show up in court or file the necessary documents, resulting in a Default Judgment against you, you cannot use the Service Members law to help you set aside the Default Judgment in the process discussed below. On the other hand, if you are on active duty and have not appeared in the case against you, the court cannot enter a Default Judgment against you until it appoints a lawyer to defend you.

There is a U.S. [Military website](#)<sup>21</sup> where you can obtain records needed to prove your military status.

Additional information about the rights of those in the military can also be found on the websites of [Legal Services of New Jersey](#),<sup>22</sup> which has a Veterans Legal Assistance Project, and the [Consumer Financial Protection Bureau](#).<sup>23</sup>

## **What Else You Should Do—**

### Keep Good Records

Hold onto any bills or receipts you have that shed light on whether you owe the debt, the amount of the debt and any payments made on the debt by you or the insurance company. You should also hold onto any communications from the debt collector and any notes you made about calls you received and what was said and any other forms and papers that relate to your case, including any papers that you file or receive from the debt collector or the court. You will need all of that if the case goes to trial.



## Find An Attorney

Get a lawyer if you can afford one and the amount of the debt (plus any other amounts they are seeking in the lawsuit) is large enough to make it worthwhile for you to pay the lawyer's fees. The County Bar Association in your county should be able to provide you with a referral to a lawyer. If you cannot afford a lawyer, you can try to obtain free (also known as "pro bono") legal help if your income is low enough to qualify. One possible source of assistance is Legal Services of New Jersey and there are also other groups that might be able to help in various counties. The Appendix contains names and contact information for some possible sources of free legal help, including those for the Legal Services offices located around the state.



## Ask Court Staff

In the absence of a lawyer, court staff can offer only minimal basic assistance. For instance, they can tell you how the court works and what is required for your case, provide court forms and instruct you how to fill them out and give you information from your case file but not much else. The court website has a [list](#)<sup>24</sup> of some things that court staff can and cannot do to assist you.

Your most likely source of help is probably the court [Ombudsman](#)<sup>25</sup> for your county. A [list of the Ombudsman for each county](#)<sup>26</sup> with their contact information is available on the court website.



## Before Your Trial Begins--If Your Case is in Small Claims Court

If you are sued in Small Claims Court, you do not need to file an Answer. At the time you receive the Complaint in the case, you will also receive a Summons telling you the date, time and location of the trial. If you are unable to attend at that date and time, you must call the phone number on the Summons to request a different date. There is little or no downside to appearing in Small Claims Court to defend yourself. This is because the court will help you try to settle your case through a settlement conference prior to holding the trial. According to the New Jersey Court website: "A staff member will try to help the plaintiff and the defendant reach an agreement."



## Before Your Trial Begins -- If Your Case is in Special Civil Part

After you file your Answer in Special Civil Part, one of two things can happen: 1) the other side might make a Motion for "Summary Judgment" (essentially asking the court to decide the case without holding a trial based on the argument that the evidence is sufficiently strong and undisputed to do so); or 2) the court will notify you of a Trial Date. If you cannot make the date for reasons beyond your control, you must contact the Plaintiff and ask for their consent to reschedule it. You should then let the court know about the Plaintiff's response and request a new date. In

the event that the other side makes a Motion for Summary Judgment, you should respond, at minimum, with a Certification denying facts that the Plaintiff/Creditor says are undisputed but with which you do not agree and setting forth facts that you think are relevant that the other side did not mention. If you do not respond or create a dispute about the facts in the case, the judge will rule in favor of the Plaintiff/Creditor and you will not have the opportunity for a trial, or for a court-ordered settlement conference that usually precedes a trial. Again, this may be a good time to try to find an attorney who can help you oppose the Motion for Summary Judgment.

Prior to trial in Special Civil Part, the parties in a case are entitled to seek information from each other related to the claims and defenses in the case in a process known as "Discovery." The type of Discovery, if any, that you are most likely to see in a lawsuit to collect Medical Debt is "Interrogatories"—a series of questions related to the case that must be answered in writing and returned to the Plaintiff (or by them to you) within 30 days. If you do not answer the Interrogatories, the court could throw out your Answer and you would have to file a motion and pay a \$25 filing fee to reinstate it or face the possibility of a Default Judgment against you. If you serve Interrogatories on the Plaintiff and they fail to answer them on time, the case could be thrown out, but they could likewise seek to reinstate it.

Another possible type of Discovery that you need to be aware of is known as a "Request for Admission," in which the other side sends you a request to admit to the truth of certain "facts" and/or to the authenticity of specific documents related to the case (which will be attached to the Request). If the facts they state are true and the documents authentic, you must file a Response to the Request for Admission admitting to that. If, on the other hand, any of the facts are not true or one or more documents is not authentic, you must state that also in your response. You have 30 days to respond unless you get an extension in the same way as for answering the Complaint. Note that despite the 30-day deadline for responding to a Request for Admission, you are not required to file your response sooner than 45 days if they serve the Request for Admission at the same time they serve you with the Summons and Complaint, as is not uncommon.

If you are unable to admit or deny, you must still respond and explain why. It is not enough to claim lack of information or knowledge. You must first undertake a "reasonable inquiry" into the matter and then say that a "reasonable inquiry" was made, and that the information known or readily obtainable is insufficient to enable an admission or denial.

If you do not deny an incorrect statement of alleged fact or document within the time limit, the court may deem those facts admitted at trial and those documents to be genuine, even if they are not. Or if you fail to admit or dispute a fact and the Plaintiff proves the fact or document at trial, there is a slight chance that the court might make you pay them the cost of doing so. Accordingly, do not dispute a document if you know that the document is accurate.

The bottom line is you need to respond to all questions in the Request for Admissions, respond by the deadline, and deny any things presented that are not true or that you think might not be true as well as admit those that are. If you miss the deadline to respond, ask the court to give you more time.

## Requesting Documents from the Plaintiff

Getting documents from the other side is also an important part of Discovery. You should have checked the box on the Answer form asking for everything mentioned in the Complaint but if you failed to do so or came to realize that there are additional documents not mentioned in the Complaint that you need, you can ask the Court to require the Plaintiff to provide them. You will probably have to submit a written “Request for Production of Documents” and the Plaintiff would then have to provide the documents within 30 days. Often information that you receive during Discovery can assist you in overcoming a Motion for Summary Judgment.

No Discovery or document exchange is available in Small Claims Court. Rather, you must show up in Court and be prepared to present evidence and arguments to support any defenses you have to the lawsuit.

## Accessibility Assistance

If you have a disability that could make it difficult to take part in court proceedings—for example, if you need a wheelchair or have a hearing impairment, you should contact the local [Court ADA \(Americans with Disability Act\) coordinator](#)<sup>27</sup> beforehand to obtain an accommodation of your disability.

## Language Translation Assistance

If you do not speak English, you should notify the local Court as soon as possible to [request an interpreter](#)<sup>28</sup> for when you are in court.

## Rescheduling a Court Date

As with other deadlines in the lawsuit, if you cannot make the scheduled trial date, you should ask the Plaintiff/Creditor to agree to a delay and if they do, confirm it with them in writing and let the court know. If they do not agree, you can still ask the court for a later date and the court will probably grant your request if you have a good reason.

## What to Expect on Trial Day

On the day of trial, before it begins, a judge assigned to the case by the Court in Special Civil Part will ask both sides to sit down with a Mediator and try to reach a settlement of the

case. You can also try to settle the case before the trial date on your own or the Plaintiff's lawyer might find you in the courtroom hallway on the day of trial and try to work out a deal. Keep in mind that their lawyer is only looking out for their interests and not yours. No matter what their lawyer tells you, they are not there to help you and may be taking unfair advantage of you or even misrepresenting things to you. You have the right to appear before the judge to force the creditor to try the case and for you to present any defenses or counterclaims you have.

## Settlement Agreements

If you do decide to reach a settlement agreement, try to drive a hard bargain by explaining any defenses or counterclaims that you would raise before a judge. Make sure that you can pay any amount that you agree to in a settlement. Sometimes it is better to agree to one lump sum payment up front if you can afford it, instead of a payment plan that you may not be able to pay in the future and which will ultimately bring you back to court if you fail to pay.

If the Plaintiff agrees to dismiss the case or you reach a settlement agreement with their lawyer, you should still go to court to file an appearance to make sure that the creditor dismisses the case. If there is a settlement agreement, the safest course is to file a copy of the written settlement agreement with the court clerk to be entered into the court record. No deal should include a judgment being entered against you unless you have no defenses and the settlement is for only a portion of the debt owed. A judgment being entered against you is a very dangerous thing—this can lead to your bank account being frozen and the amount owed being taken out of your account very quickly. Your wages could also be garnished if you make more than six times the Federal Poverty Level, or \$93,900, as discussed in Section 4 of this Chapter on Enforcement of Judgments.

If you are not represented by a lawyer, you may need help to determine if a settlement is fair and reasonable. Never agree to anything you do not understand or that you think is unfair. Try to reach out to a Legal Services attorney, at minimum, to discuss the reasonableness of the settlement or discuss the settlement with a family member or friend.

## The Trial

If you are unable to settle the case, it will go to trial which will result in a verdict for or against you. Trials in Special Civil Part and Small Claims Court do not usually take longer than a day. You must show up prepared with evidence to defend against the lawsuit, including documents and witnesses, if any. A written statement from a witness will not be allowed by the court; the witness must show up in person to testify. You must also be prepared to challenge the Plaintiff's evidence if it does not prove their claim, for example, if it does not show that they actually own the specific debt for which they sued you. They must have the paperwork! And if you are counterclaiming for a violation of the FDCPA, bring the paperwork that proves that, including any notes you made of harassing calls or other improper collection efforts.

Do not be afraid to be forceful, but do not make personal attacks on individuals, including lawyers, witnesses, or the judge. A display of anger will usually hurt you more than it helps.

If you can, bring a friend or family member to provide emotional support, give feedback, help you keep track of documents and provide a second opinion if you have to respond to a settlement offer on the spot.

Judges are very busy and you cannot assume they read the documents beforehand, including your Answer. At trial, be prepared to explain your position in a clear, concise and organized way. Make sure to mention all your defenses and counterclaims.

## Organize Yourself Ahead of Time

It is easy to get flustered in a courtroom before a judge so before trial, write up a chronological list of events, as well as a checklist of the points you want to make and the documents you want to give to the judge (bring the originals if you have them but if not, a copy will have to do) and remember to bring the report and documents to court with you. Judges may be impatient if you are disorganized.

## If You Lose Your Case

If you lose the case, the judge will issue a Judgment against you, ordering you to pay a certain amount, which will be higher than the debt alone because it will also include court costs and possibly legal fees. There will also be interest on the total amount, if you do not pay right away. The court decides the rate of interest but as of July 2025, state law limits the interest to no more than 3%.

## **Section 4: Your Rights After a Judgment Against You**

If you end up with a Judgment against you, you either went to trial and lost or you lost without trial on a Motion for Summary Judgment. In either case, you can file an "Appeal" if you think the court got it wrong. The other possibility is that the court issued a "Default Judgment" against you because you did not file an Answer or you did, but maybe you did not show up for trial, or missed some other deadline and the Plaintiff won by "default," equivalent to a forfeit in sports.

If you knew you were being sued and failed to defend the lawsuit – for whatever reason—maybe the claim was legitimate and you felt you had no defense, or the claim was not legitimate but you felt you would lose anyway because the other side had a lawyer and you didn't or some other reason, there is really nothing you can do to set aside the Judgment. This is the very reason not to ignore the lawsuit. Responding to a Medical Debt claim either in Small Claims Court or

Special Civil Part provides an opportunity to settle the matter for an amount that is less than what is requested in the Complaint because the amount of a Judgment against you will include added fees and interest.

## Motion for Relief –Setting Aside a Default Judgment

If the reason you did not defend the claim in court, either in Special Civil Part or in Small Claims, is that you did not know about it, you might be able to have the Judgment thrown out, especially if the Plaintiff/Creditor who sued you did not properly serve you the papers, maybe sent them to an old address or otherwise failed to ensure that you received them. If this is what happened, you can file a “Motion for Relief from Judgment” under [Court Rule 4:50](#),<sup>29</sup> on the basis that the Default Judgment is void for lack of proper service or notice of the lawsuit. If the Motion for Relief is granted, it will not get rid of the case, but essentially gives you a do-over and a chance to defend the case on the merits.

You are required to file the Motion for Relief within a “reasonable time,” so act quickly once you become aware of the Default Judgment. Along with the Motion, you will have to file an Answer to the Complaint if the case is in Special Civil Part (and pay the \$30 filing fee for an Answer). There is an additional fee of \$25 for filing the Motion unless you qualify for the Fee Waiver discussed in Section 3 of this Chapter.

If you have questions about how to file a Motion for Relief, you can call the Ombudsman in your county, whose contact information can be found on the [court website](#).<sup>30</sup>

[Additional information about how to file a Motion in Special Civil Part](#)<sup>31</sup> can also be found on the court website.

Aside from the Judgment being void, there other grounds or bases for filing a Motion for Relief, as set forth in [Court Rule 4:50-1](#).<sup>32</sup> Those other grounds include: mistake, inadvertence, surprise or excusable neglect; newly discovered evidence; and fraud or misconduct by the other side.

## Appealing the Judgment

If you do not have a basis to file a Motion for Relief but you did not owe the money or the Judgment was otherwise incorrect, or if the court denies your Motion for Relief, you can [file an Appeal with the Appellate Division](#)<sup>33</sup> asking them to overturn or reverse the Judgment against you. You can appeal whether the matter was heard in Small Claims Court or Special Civil Part. You will have to request and pay for a transcript of what happened in the trial court. You have 45 days to file the Appeal and at the same time, must also file a Case Information Statement and a copy of the Request for Transcript. Copies of all of those papers must be delivered by mail to the lawyer for the Plaintiff/Creditor whose judgment you are appealing, or upon the Plaintiff/Creditor directly, in the unlikely event they do not have a lawyer. Copies of these documents must also be delivered by mail to the judge who decided the case.

You file the Request for a Transcript with the Office of the Special Civil Part in the county where the case was tried and at that time, you must deposit with the Court Clerk the estimated cost of the Transcript which will likely be \$300 unless the trial took longer than one day in which case it is \$300 per day. Once you receive the Transcript, you will have to file three copies of it with the Appellate Division.

There is also a \$250 fee for filing the Appeal, unless you obtain a Fee Waiver as discussed in Section 3 of this Chapter. Within 30 days of filing the Appeal you must deposit an additional \$300 with the Appellate Division Clerk to cover court costs and settlement, though if you win the appeal, that money is returned to you.

Given the various costs for an Appeal, totaling at least \$800, before deciding to file one, you should give serious consideration to whether it is cost-effective, based on the amount at stake in your case.



## Enforcement of a Judgment Against Your Property

A Plaintiff with a Judgment against you is known as a “Judgment Creditor” and can seek to collect that Judgment in several ways. They can get an order requiring your job to pay them a portion of your wages, which is known as wage garnishment, seize money from your bank account or seize other valuable personal property. They can also put a lien on property such as your house, which can make it more difficult to sell or borrow against.

After the Judgment is obtained, the Judgment Creditor will try to find out what assets you have. They will probably serve you with an [“Information Subpoena”](#)<sup>34</sup> that asks about your checking and savings accounts, other personal (non-land) assets you own and where you work. You are legally required to provide this information and must do so within 14 days of the day the Subpoena was served on you or face court penalties. If you do not answer within that time, the Judgment Creditor can obtain a court order allowing them to subpoena the information directly from the bank or your employer or others.

Based on the information obtained, the Judgment Creditor can then get the court to issue a [“Writ of Execution”](#)<sup>35</sup> for your bank account, your wages or other property such as a car, or other valuable items such as jewelry, boats, TVs, etc. The Writ of Execution can then be served by the Sheriff on your employer, your bank, or anyone else who might owe you money. Writs of Execution generally expire after two years, after which the Judgment Creditor can request a new one using the same procedures.

Note that certain types of income cannot be touched by a creditor: Social Security benefits; General Assistance welfare benefits or Temporary Assistance for Needy Families; veterans’ benefits and unemployment compensation.



## Wage Garnishment

Wage Garnishment can be used to require your employer to pay a portion of your wages to satisfy the Medical Debt Judgment. They cannot take all of your paycheck. There is a sliding scale of how much they can garnish: As a general rule, if your total earnings are below \$217.50 per week and your net take-home pay is \$154.50 or less, you are exempt from wage garnishment. If your income is above those amounts but at or below 250% of the Federal Poverty Level (FPL) for your family size, up to 10% of your income can be garnished. If it is above 250% of the FPL, as much as 25% of your wages can be garnished.

However, the [Louise Carman Medical Debt Relief Act](#),<sup>36</sup> passed in July 2024, added additional protection against Wage Garnishment that applies only to Medical Debt. Starting in July 2025, your wages cannot be garnished for Medical Debt at all if you make less than six times (600% of) the FPL. Based on 2025 FPL amounts, that means your wages cannot be garnished after that date if you make less than \$93,900.

[Here is a link to the 2025 FPL](#).<sup>37</sup> Note that the FPL is updated every year in late January based on the Consumer Price Index so these dollar amounts will need to be updated in January 2026 and every January after that. Be sure to check for the most recent FPL.



## The Process of Wage Garnishment

After the Judgment Creditor wins a Judgment against you and obtains information about your assets through an Information Subpoena, they can ask the court for a Writ of Execution against your wages. You will receive a document called a [“Notice of Application for Wage Execution”](#)<sup>38</sup> and have a chance to object to it. The grounds for objection might be one of several reasons, including that there is no judgment against you on which to base the garnishment, your income is less than 600% of the FPL, or that your wages are already being garnished by someone else based on a different judgment. It is a general court rule in New Jersey that only one creditor is allowed to garnish your wages at one time so if another creditor is already doing that, no one else can do so and if they try, you should complain to the court about it. NOTE: There is an exception to the one-garnishment-at-a-time rule which allows another garnishment at the same time for the purpose of collecting child support. Regardless of the ground for your objection, the document you must file is [“Objection to Wage Garnishment.”](#)<sup>39</sup> As with the Answer and every other paper you file with the court, you must serve it on the other party – the Judgment Creditor – and also file with it a “Certification of Service” (a signed document confirming you actually served the document on the other side in a lawsuit), in accordance with Court Rule 1:5-3.

The court will then hold a hearing. If you do not appear (show up) for the hearing or the court does not agree with your Objection, it will issue a “Writ of Execution” which the Sheriff delivers to your employer. Writs of Execution against wages can last for 20 years or until the debt is fully paid.

If you are in the military, you might be able to stop the garnishment, especially if you show the court that you did not take part in the case due to military assignment or essential military duty.

If the debt collector improperly tries to garnish wages for medical debt that are supposed to be protected (e.g., all your wages if you make below 600% of the FPL), you should file an "Objection" with the court that they are violating the law. The [court website](#)<sup>40</sup> tells you how to object and contains a worksheet that helps you calculate if they are taking too much. You can also [file a complaint](#)<sup>41</sup> with the Division of Consumer Affairs in the Office of the Attorney General.

## Bank Levy/Garnishing A Bank Account

Another way that a Judgment Creditor might try to collect on a Judgment is by way of a bank levy. Again, the Creditor obtains the Writ of Execution from the court and has the Sheriff serve the writ on the bank you identified in answering the Information Subpoena. The Sheriff notifies the bank, which freezes the account, meaning you will not be able to access those funds to pay bills or withdraw any cash. The Judgment Creditor then files a motion in court asking that the funds be turned over to pay the Judgment. As with wages, you will have a chance to object, in which case there will be a hearing and if you do not object or the judge does not agree with your objection, the court will sign the order allowing the creditor to be paid with money from the account. Depending on the size of the debt and the amount held in the account, it is possible for all the money to go to the creditor, leaving nothing. Most states have laws that protect some of the money in a bank account so that it cannot all be taken, but New Jersey is not one of them.

A Writ of Execution on a bank account expires in two years and if any money is still owed, the Writ can be renewed.

A [court website](#)<sup>42</sup> with information about collecting a judgment by going after a bank account or other personal property, is meant for creditors but contains information helpful to debtors.

## Additional Ways a Judgment Can Be Collected--Personal Property

Other property that the Judgment Creditor can try to seize to collect the debt includes your car (if registered in your name and if you have equity in it), jewelry, clothing, household items (perhaps valuable art or electronics) and office or sports equipment, including boats. Note that the law allows you to keep up to \$1,000 in clothing and personal property and if your personal possessions are worth less than \$1,000, they cannot go after any of it. Any items seized can be sold at public auction to satisfy the Judgment.



## Additional Ways a Judgment Can Be Collected--Homes and Other Real Estate

The Judgment Creditor can also ask the court for permission to sell your real estate. But if the ratio of the value of your home to your debt is very high, it is unlikely that permission will be granted. Instead, it is more likely that the Judgment Creditor will register the judgment as a lien on your home, which can create problems if you try to sell it or borrow against it.



## Bankruptcy Option

If your medical bills are extensive and you owe thousands of dollars, a last option might be to file for personal bankruptcy. In order to properly explore the bankruptcy option, you should confer with an attorney. The information that follows is intended to help you understand the process, and some basic aspects of the law. It is not intended to give you legal advice.

Here is what happens as soon as you file a bankruptcy petition. An automatic stay kicks in, which protects you from most creditors, including those who have not obtained a Judgment against you. They cannot contact you about the debt, sue you over it or try to collect any judgment, so they cannot seize your assets or garnish your wages or foreclose on your home. The stay does not apply, however, to child support or alimony and the IRS is allowed to withhold tax refunds that might be due to you. Creditors can also ask the court to lift or end the stay.

**There are two types of bankruptcy available to individuals and couples: Chapter 7 and Chapter 13.**

[With Chapter 7](#),<sup>43</sup> your non-exempt assets are sold and used to pay your unsecured debts (those not backed by a mortgage or lien), including credit card debt and medical debt.

Bankruptcy law exempts the following types and amounts of your equity in various types of property as follows:

<b>Homestead:</b> <i>(applies to a house, condominium, mobile home or other property used as a residence but not to investment real estate)</i>	<b>\$27,900</b>
<b>Automobile:</b>	<b>\$ 4,450</b>
<b>Household goods:</b> <i>(applies to household goods, furnishings, appliances, clothing, books, animals, crops, and musical instruments up to \$700 per item)</i>	<b>\$14,875</b>
<b>Jewelry:</b>	<b>\$ 1,875</b>
<b>Tools of the trade:</b>	<b>\$ 1,800</b>
<b>Wildcard:</b> <i>(applies to any property up to \$1,475, plus up to \$13,950 of any unused homestead exemption value)</i>	<b>\$ 1,475 /\$13,950</b>

If you are filing a joint petition for bankruptcy as a married couple, these exemptions are doubled. Also exempt, with no maximum value, are professionally prescribed health aids used by the debtor or a dependent such as a wheelchair or sleep apnea machine.

Debts that cannot be paid are discharged, or wiped clean, with certain exceptions, including taxes, student loans, fines, alimony, child support and debts arising from fraud or malicious acts.

Before filing for either type of bankruptcy, you are legally required to obtain credit counseling from an approved, certified credit counselor. It usually costs about \$50 but the fee might be waived or reduced based on your financial circumstances. The counseling generally lasts from 60 to 90 minutes and can be done in person, online or by phone. It is meant to help you understand whether bankruptcy is the best option and how to better manage your finances. Debtor education is also required before discharge, which is what it is called when the case officially ends. There is a [federal bankruptcy court website](#)<sup>44</sup> where you can search for approved credit counseling agencies.

**Chapter 7** is intended to allow for a fresh start, but because the federal exemption protects such a small amount of equity, you can lose your house. You cannot protect your home from debt collectors by choosing not to file for bankruptcy, because New Jersey state law contains no homestead exemption to protect you from creditors who might seek to go after your home equity.

The federal bankruptcy exemptions for personal property are also larger than the \$1,000 that is protected under state law if you do not file for bankruptcy. But you can still lose your car and other property such as vacation homes, investment accounts and luxury items. Chapter 7 also does great damage to your credit score and can make it difficult to borrow for a long time after.

If your income is below the median in your state, you are presumed to qualify for Chapter 7. If it is above the median, there is a presumption that Chapter 7 is not appropriate because it is only for those who really are not able to pay their debts. You can still qualify, however, if you pass a "[means test](#),"<sup>45</sup> which compares your average income over the last six months, annualized (multiplied by 12), to the median income for the same size household in New Jersey. The means test helps someone qualify for Chapter 7 who might not otherwise do so based on annual income, but whose income has decreased recently.

[Chapter 13](#),<sup>46</sup> on the other hand, allows you to keep more of your assets, even if you are behind on paying off your mortgage and or credit card. Under this option, you must commit to a court-approved repayment plan to pay off your debts over a period of three to five years, depending on your income. You make monthly payments to a bankruptcy trustee, who then pays your creditors. During that time, you are protected against wage garnishment. Only people who are employed and have a steady flow of income above the median family income qualify for Chapter 13. The Court or an attorney will let you know if you are eligible.

With Chapter 13, the automatic stay usually lasts until the three to five years of your plan have passed. But if you filed for bankruptcy already within the past year, the automatic stay might only last 30 days.

## Filing Fees

The [filing fees for bankruptcy](#)<sup>47</sup> are \$338 for Chapter 7 and \$313 for Chapter 13.

As noted above, it is highly recommended that before you file for bankruptcy, you hire a lawyer to help you. The Appendix contains information on how to find legal assistance, including possible free legal assistance if you qualify.

Your post-judgment options for debt relief are very limited. That is why you should try to resolve your medical debts before you are taken to court. If that is not possible you should try resolution through the settlement process that is available to you only if you appear in Small Claims Court or after you have filed an Answer to the Complaint filed against you in Special Civil Part and overcome a Motion for Summary Judgment (that is often made by the Plaintiff if there are no facts in dispute).

## ENDNOTES

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<sup>1</sup>The Louisa Carman Medical Debt Relief Act, P.L. 2024, c.48, N.J.S.A. 56:11-56 et seq., can be found at [https://pub.njleg.state.nj.us/Bills/2024/PL24/48\\_.PDF](https://pub.njleg.state.nj.us/Bills/2024/PL24/48_.PDF)

<sup>2</sup>Annual Credit Report.com, where you can request free online copies of your credit report from the three major credit bureaus – Equifax, Experian and TransUnion – can be found at <https://www.annualcreditreport.com/index.action>

<sup>3</sup>Instructions on how to remove medical debt from your credit report can be found at <https://pirg.org/articles/how-make-sure-your-credit-reports-dont-include-paid-medical-debt-0/>

<sup>4</sup>The Consumer Financial Protection Bureau website page with information about how to dispute an error on your credit report can be found at <https://www.consumerfinance.gov/ask-cfpb/how-do-i-dispute-an-error-on-my-credit-report-en-314/>

<sup>5</sup>Complaints for violations of the Louisa Carman Medical Debt Relief Act can be filed with the Division of Consumer Affairs at <https://www.njconsumeraffairs.gov/Pages/Consumer-Complaints.aspx>

<sup>6</sup>Information about how to protect against identity theft can be found at <https://pirg.org/resources/protecting-yourself-identity-theft/>

<sup>7</sup>The Louisa Carman Medical Debt Relief Act, P.L. 2024, c.48, N.J.S.A. 56:11-56 et seq., can be found at [https://pub.njleg.state.nj.us/Bills/2024/PL24/48\\_.PDF](https://pub.njleg.state.nj.us/Bills/2024/PL24/48_.PDF)

<sup>8</sup>The Fair Debt Collection Practices Act, 15 U.S.C. §§ 1692-1692(p), can be found at <https://www.ftc.gov/legal-library/browse/rules/fair-debt-collection-practices-act-text>

<sup>9</sup>Regulation F, 12 CFR Part 1006, the rules that implement the Fair Debt Collection Practices Act, can be found at <https://www.consumerfinance.gov/rules-policy/regulations/1006/>

<sup>10</sup>The list of information that a debt collector must provide about a debt they are trying to collect from you in the Debt Validation Notice required by the Fair Debt Collection Practices Act can be found at <https://www.consumerfinance.gov/ask-cfpb/what-information-does-a-debt-collector-have-to-give-me-about-the-debt-en-331/>

<sup>11</sup>The Consumer Financial Protection Bureau website contains information about your rights under the FDCPA, which can be found at <https://www.consumerfinance.gov/consumer-tools/debt-collection/>

<sup>12</sup>The Consumer Financial Protection Bureau website where you can file a complaint about a debt collector can be found at <https://www.consumerfinance.gov/complaint/>

<sup>13</sup>The general public help page for the New Jersey courts can be found at <https://www.njcourts.gov/public/get-help>

<sup>14</sup>A directory of the ombudsman for each county with their contact information can be found at <https://www.njcourts.gov/public/directories/court-services/ombudsman>

<sup>15</sup>Information about Fee Waivers, including the form used to apply for them, can be found at [https://www.njcourts.gov/sites/default/files/forms/11208\\_filingfeewaiver.pdf](https://www.njcourts.gov/sites/default/files/forms/11208_filingfeewaiver.pdf)

<sup>16</sup>Forms for the Answer and Certification of Service can be found on the court website at [https://www.njcourts.gov/sites/default/files/forms/10542\\_ans\\_cplt\\_spc.pdf?cb=b0145db2](https://www.njcourts.gov/sites/default/files/forms/10542_ans_cplt_spc.pdf?cb=b0145db2)

<sup>17</sup>The website for the court's Judiciary Electronic Document Submission system, or JEDS, can be found at <https://www.njcourts.gov/self-help/jeds>

<sup>18</sup>N.J.A.C 10:49-5.5, which specifies what services are not covered by Medicaid or NJ Family Care, can be found at <https://www.law.cornell.edu/regulations/new-jersey/N-J-A-C-10-49-5-5>

<sup>19</sup>The CMS website's PFS (Physician Fee Schedule) Lookup Tool, which allows you to search for Medicare rates for services if you have the appropriate HCPCS/CPT code or codes, can be found at <https://www.cms.gov/medicare/physician-fee-schedule/search/overview>

<sup>20</sup>The court webpage that shows the fees for filing an Answer in Special Civil Part, with or without a Counterclaim, can be found at <https://www.njcourts.gov/faq/what-fee-filing-answer-special-civil>

<sup>21</sup>A U.S. Military website, where you can obtain information about the Servicemembers Civil Relief Act, and also request records you might need to help you, can be found at <https://scra.dmdc.osd.mil/scra/#/home>

<sup>22</sup>The Legal Services of New Jersey (LSNJ) website, with information about the rights of armed forces members on active duty and about LSNJ's Veterans Legal Assistance project, can be found at <https://www.lsnjlaw.org/legal-topics/military-veterans/service-members-civil/pages/civil-relief-act.aspx>

<sup>23</sup>The Consumer Financial Protection Bureau (CFPB) website with information about the Servicemembers Civil Relief Act or SCRA, can be found at <https://www.consumerfinance.gov/consumer-tools/educator-tools/servicemembers/the-servicemembers-civil-relief-act-scra/>

<sup>24</sup>A court website with a list of what court staff can and cannot do to help you if you do not have a lawyer, along with other useful information about Special Civil Part, can be found at <https://www.njcourts.gov/self-help/special-civil-court#toc-defending-yourself-in-a-suit>

<sup>25</sup>A court website with information about ombudsmen and how they can help you, can be found at <https://www.njcourts.gov/public/get-help/judiciary-ombudsman-program>

<sup>26</sup>A court website with a list of the ombudsman for each county and their contact information can be found at <https://www.njcourts.gov/public/directories/court-services/ombudsman>

<sup>27</sup>A court website with a list of the ADA (Americans with Disabilities Act) coordinators in every county can be found at <https://www.njcourts.gov/public/directories/court-services/ada-ll>

<sup>28</sup>A court website with contact information for the Interpreter Services in each county can be found at <https://www.njcourts.gov/public/get-help/request-interpreter>

<sup>29</sup>The Court Rules, including Court Rule 4:50, can be found at <https://www.njcourts.gov/attorneys/rules-of-court>

<sup>30</sup>A court website with a list of the ombudsman for each county and their contact information can be found at <https://www.njcourts.gov/public/directories/court-services/ombudsman>

<sup>31</sup>Information about how to file a Motion in Special Civil Part (which also applies to Small Claims Court) can be found at [https://www.njcourts.gov/sites/default/files/forms/10543\\_motion\\_spccvl.pdf](https://www.njcourts.gov/sites/default/files/forms/10543_motion_spccvl.pdf)

<sup>32</sup>The Court Rules, including Court Rule 4:50-1, can be found at <https://www.njcourts.gov/attorneys/rules-of-court>

<sup>33</sup>A court website about appealing in Special Civil Part (which also applies to Small Claims Court) can be found at <https://www.njcourts.gov/faq/can-i-appeal-special-civil-court>

<sup>34</sup>A court Information Subpoena form used in Special Civil Part can be found at [https://www.njcourts.gov/sites/default/files/forms/11840\\_infor\\_sub\\_written\\_quest.pdf](https://www.njcourts.gov/sites/default/files/forms/11840_infor_sub_written_quest.pdf)

<sup>35</sup>A court webpage, which contains information about obtaining a Writ of Execution and a form of the Writ and is meant for Plaintiffs/Creditors but can also provide debtors with information about what to expect from the process, can be found at [https://www.njcourts.gov/sites/default/files/forms/11711\\_complete\\_writ\\_execution.pdf](https://www.njcourts.gov/sites/default/files/forms/11711_complete_writ_execution.pdf)

<sup>36</sup>The Louisa Carman Medical Debt Relief Act, P.L. 2024, c.48, N.J.S.A. 56:11-56 et seq., can be found at [https://pub.njleg.state.nj.us/Bills/2024/PL24/48\\_.PDF](https://pub.njleg.state.nj.us/Bills/2024/PL24/48_.PDF)

<sup>37</sup>The Federal Poverty Level for 2025 can be found at <https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>

<sup>38</sup>A court form for an Application for Writ of Execution can be found at [https://www.njcourts.gov/sites/default/files/forms/11236\\_notice\\_app\\_wage\\_exec.pdf](https://www.njcourts.gov/sites/default/files/forms/11236_notice_app_wage_exec.pdf)

<sup>39</sup>A court website, How to Object to Wage Garnishment, which has forms you can use to object, can be found at [https://www.njcourts.gov/sites/default/files/forms/12322\\_obj\\_wage\\_garnish.pdf](https://www.njcourts.gov/sites/default/files/forms/12322_obj_wage_garnish.pdf)

<sup>40</sup>A court website, How to Object to Wage Garnishment, which has forms you can use to object, can be found at [https://www.njcourts.gov/sites/default/files/forms/12322\\_obj\\_wage\\_garnish.pdf](https://www.njcourts.gov/sites/default/files/forms/12322_obj_wage_garnish.pdf)

<sup>41</sup>The New Jersey Division of Consumer Affairs webpage where you can file a complaint is <https://www.njconsumeraffairs.gov/Pages/Consumer-Complaints.aspx>

<sup>42</sup>A court website with information about collecting a judgment by going after a bank account or other personal property, which is meant for creditors but contains information helpful to debtors, can be found at <https://www.njcourts.gov/self-help/collecting-money-civil>

<sup>43</sup>A federal bankruptcy court website with information about chapter 7 for debtors can be found at <https://www.njb.uscourts.gov/content/chapter-7-debtor-assistance-resource-guide>

<sup>44</sup>A federal bankruptcy court website where you can search for approved credit counseling agencies can be found at <https://www.justice.gov/ust/list-credit-counseling-agencies-approved-pursuant-11-usc-111>

<sup>45</sup>A website with information about means testing for bankruptcy can be found at <https://www.justice.gov/ust/means-testing>

<sup>46</sup>A federal bankruptcy court website with information about chapter 13 for debtors can be found at <https://www.njb.uscourts.gov/content/chapter-13-debtor-assistance-resource-guide>

<sup>47</sup>The court filing fees to start a bankruptcy case can be found at <https://www.njb.uscourts.gov/court-info/court-fees>

### Federally Qualified Health Care Centers (By County)

The following is a list of the Federally Qualified Health Centers (FQHCs) in New Jersey. FQHCs are community-based primary care centers that provide essential healthcare services to underserved populations, often with a sliding fee scale, and accept patients with or without insurance. The list includes several that are not technically FQHCs because they do not receive federal funds but provide health care services on the same terms and are thus included. It also includes several locations that offer dental services, a pharmacy and mobile services available from a van in certain counties on certain days, which are listed last for each county.

Listed separately below the main list are 19 school-based FQHCs, also known as SBHCs, which provide healthcare services directly in schools, offering primary, preventive, and sometimes specialized care to students.

We have done our best to insure that this list is accurate and complete but we ask you, if you find any errors, including an FQHC that we inadvertently omitted or one that is on the list but should not be, please let us know so that we can improve the list and keep it up to date.

#### Atlantic County

**AtlantiCare Health Services—FQHC Covenant House**  
929 Atlantic Ave., Atlantic City, NJ 08401-7401, 609-572-8333

**AtlantiCare Health Services—FQHC Internal Medicine Specialty Clinic**  
1401 Atlantic Ave., Suite 2600, Atlantic City, NJ 08401-7027, 609-441-2104

**AtlantiCare Health Services—Wellness Center**  
1401 Atlantic Ave., Suite 1600, Atlantic City, NJ 08401-7001, 609-572-8220

**AtlantiCare Health Services—FQHC Adult Medicine Behavioral Health Clinic**  
1401 Atlantic Ave., Suite 2100, Atlantic City, NJ 08401-7026, 609-441-2104

**AtlantiCare Health Services—FQHC Internal Medicine Residency Teaching Clinic**  
1401 Atlantic Ave., Suite 2800, Atlantic City, NJ 08401-7001, 609-441-2104

**AtlantiCare Health Services—FQHC Adult Medicine Clinic**  
1401 Atlantic Ave., Suite 2500, Atlantic City, NJ 08401-7027, 609-572-6055

**AtlantiCare Health Services—FQHC Pediatric Clinic**  
7 S. Ohio Ave., Suite 3100, Atlantic City, NJ 08401-6711, 609-572-8686

**AtlantiCare Health Services—FQHC Family Medicine Residency Clinic**  
7 S. Ohio Ave., Atlantic City, NJ 08401-6711, 609-572-8800

**AtlantiCare Health Services—FQHC Dental Clinic**  
7 S. Ohio Ave., Atlantic City, NJ 08401-6711, 609-572-8666

**AtlantiCare Health Services—FQHC Infectious Disease Clinic**  
1401 Atlantic Ave., Suite 2200, Atlantic City, NJ 08401-7001, 609-441-2104

**AtlantiCare Health Services—FQHC Senior Care**  
1401 Atlantic Ave., Suite 1400, Atlantic City, NJ 08401-7031, 609-572-8333

**AtlantiCare Health Services—FQHC Substance Use Disorder Clinic**  
1401 Atlantic Ave., Suite 2300, Atlantic City, NJ 08401-7026, 609-572-6055

**Southern Jersey Family Medical Centers—Women and Children’s Health Pavilion**  
1125 Atlantic Ave., Atlantic City, NJ 08401-4806, 609-3480066

**Southern Jersey Family Medical Centers—Atlantic City**  
1301 Atlantic Ave., Atlantic City, NJ 08401-7247, 609-572-0000

**AtlantiCare Health Services—FQHC Primary Care and Infusion Center**  
2500 English Creek Ave., Suite 601, Egg Harbor Township, NJ 08234-5588, 609-833-9925

**Southern Jersey Family Medical Centers—Southern Jersey at English Creek**  
3003 English Creek Ave., Suite C6, Egg Harbor, NJ 08234-4818, 609-567-0200

**AtlantiCare Health Services—FQHC Galloway**  
54 W. Jimmie Leeds Rd. Suite 8, Galloway, NJ 08205-9438, 609-404-7300

**Southern Jersey Family Medical Centers—Hammonton**  
860 S. White Horse Pike, Hammonton, NJ 08037-2018, 609-567-0434 x4215

**Southern Jersey Family Medical Centers—Merle Pavilion**  
932 S. Main St., Pleasantville, NJ 08232-3646, 609-383-0880 x3315

**AtlantiCare Health Services—FQHC John Brooks Recovery Center Medical Clinic (Addiction Treatment)**  
660 Black Horse Pike, Pleasantville, NJ 08232-2360, 609-833-4488

**Southern Jersey Family Medical Centers—Mobile Medical Van Serving Atlantic County**  
Hammonton, NJ 08037-2018, 609-567-0434

## **Bergen County**

**North Hudson Community Action Corporation Health Center at Englewood**  
197 S. Van Brunt St., Englewood, NJ 07631-4010, 201-537-4442

**North Hudson Community Action Corporation Health Center at Garfield**  
535 Midland Ave., Garfield, NJ 07026-1658, 973-340-1156

**North Hudson Community Action Corporation Health Center at Hackensack**  
25 E. Salem St., Hackensack, NJ 07601-7427, 201-498-9080

## **Burlington County**

### **Southern Jersey Family Medical Centers—Buttonwood**

600 Pemberton-Browns Mills Rd., Pemberton, NJ 08068-1537, 609-894-1100 x4515

### **Southern Jersey Family Medical Centers—Burlington City Health Center**

651 High St., Burlington, NJ 08016-2737, 609-386-0775 x7115

### **Southern Jersey Family Medical Centers—Mobile Medical Van—Dental**

Serving Burlington County, Pemberton, NJ 08068-1537, 609-894-1100

## **Camden County**

### **CAMcare—North Health Center**

N. 6th St. & Erie St., Camden, NJ 08102, 856-757-9180

### **CAMcare—Gateway Health Center**

817 Federal St., Camden, NJ 08103-1539, 856-541-3270

### **CAMcare—South Health Center**

S. 8th St. & Carl Miller Blvd., Camden, NJ 08104, 856-541-4926

### **CAMcare—East Health Center**

2610 Federal St., Camden, NJ 08105-1936, 856-635-0203

### **CAMcare—Odessa Paulk-Jones Health Center**

801 Ferry Ave., Camden, NJ 08104-1824, 856-541-3270

### **CAMcare—Riverview**

130 Mickle Blvd., Camden, NJ 08103-1025, 856-541-6359

### **Osborn Family Health Center**

1601 Haddon Ave., Camden, NJ 08103-3109, 856-757-3700

### **Volunteers of America Liberty Street Facility**

510 Liberty St., Camden, NJ 08104-1112, 856-968-2320

### **Project H.O.P.E. West Street Health Center**

519 West St., Camden, NJ 08103-3522, 856-968-2320

### **Cathedral Kitchen Satellite Site**

1514 Federal St., Camden. NJ 08105-1712, 856-968-2320

### **CAMcare—Generations Health Center**

121 White Horse Pike, Clementon, NJ 08021-4158, 856-627-7701

### **Mobile Health Van**

525 West St., Camden, NJ 08103-3522, 856-968-2320

## **Cape May County**

### **CompleteCare Medical & Dental Professionals**

3700 New Jersey Ave., Wildwood, NJ 08260-6154, 856-451-4700

## **Cumberland County**

### **CompleteCare Adult & Specialty Medical Professionals**

30 N. Pearl St., Bridgeton, NJ 08302-1947, 856-451-4700

### **CompleteCare Pediatric & Family Medical Professionals**

265 Irving Ave., Bridgeton, NJ 08302-2121, 856-451-4700

### **CompleteCare Family Dental**

351 Irving Ave., Bridgeton, NJ 08302-2265, 856-391-1124

### **CompleteCare Medical & Dental Professionals**

530 High St. N., Millville, NJ 08332-3009, 856-451-4700

### **CompleteCare Women's Medical Professionals**

484 S. Brewster Rd., South Vineland, NJ 08361-7874, 856-451-4700

### **RiteCare at Vineland ShopRite**

1255 W. Landis Ave., Vineland, NJ 08360-3462, 856-451-4700

### **CompleteCare Vineland Health Campus**

785 W. Sherman Ave., Vineland NJ 08360-6913, 856-451-4700

### **CompleteCare Mobile Medical Unit, Wellness on Wheels (WOW) Mobile Unit**

785 W. Sherman Ave., Vineland, NJ 08360-6913, 856-451-4700

## **Essex County**

### **East Orange Primary Care Center**

444 William St., East Orange, NJ 07017-2213, 973-675-1900

### **Irvington Community Health Center**

1150 Springfield Ave., Irvington, NJ 07111-2441, 973-483-1300

### **Ironbound Community Health Center, Hope & Esperanza Community Health Center**

788 Mount Prospect Ave., Newark, NJ, 07104-3221, 908-514-1895

### **Newark Community Health Centers, Inc. dba Ironbound Medical and Dental Center**

92 Ferry St., Newark, NJ 07105-1817, 973-483-1300

### **Ironbound Community Health Center, Outreach Site**

255 Lafayette Street, Newark, NJ 07105-2125, 973-433-9773

**Mary Eliza Mahoney Health Center**  
394 University Ave., Newark, NJ 07102-1221, 800-734-7083

**Mary Eliza Mahoney Health Center**  
110 William St., Newark, NJ 07102-1304, 973-733-7600

**Newark Community Health Centers, Inc.**  
101 Ludlow St., Newark, NJ 07114-1108, 973-565-0355

**Newark Community Health Centers, Inc.**  
751 Broadway, Newark, NJ 07104-4309, 973-483-1300

**Newark Community Health Centers, Inc.**  
741 Broadway, Newark, NJ 07104-4309, 973-483-1300

**St. James Health, Inc.**  
228 Lafayette St., Newark, NJ 07105-1815, 973-789-8111

**St. James Health, Inc. West**  
332 S. 8th St., Newark, NJ 07103-2173, 973-789-8111

**St. James Health South Ward Wellness Center**  
491 Clinton Ave., Newark, NJ 07108-1839, 973-789-8111

**Orange Community Health Center**  
37 N. Day St., Orange, NJ 07050-3608, 973-365-2611

**Zufall Health Center West Orange**  
49 Mount Pleasant Ave., West Orange, NJ 07052-4901, 973-325-2266

**Mary Eliza Mahoney Health Center Mobile Medical Unit**  
394 University Ave., Newark, NJ 07102-1221, 973-733-5300

**Newark Community Health Centers—Mobile Unit**  
741 Broadway, Newark, NJ 07104-4309, 973-483-1300

**Zufall Health Center—Highlands Health Van (Mobile Services—serving Essex and other counties)**  
973-328-3344

## **Gloucester County**

**CompleteCare Dental Professionals**  
335 Delsea Dr. N., Glassboro, NJ, 08028-1403, 856-451-4700

**CAMcare—Paulsboro Health Center**  
1315 N. Delaware St., Paulsboro, NJ 08066-1367, 856-541-3270

**CompleteCare Medical Professionals**  
717 Delsea Dr., Pitman, NJ 08071, 856-451-4700

### **Men & Family Health Professionals**

711 Marsha Ave., Williamstown, NJ 08094-1017, 856-451-4700

### **CompleteCare Family Medicine Center**

75 W. Red Bank Ave., Woodbury, NJ 08096-1694, 856-451-4700

## **Hudson County**

### **North Hudson Community Action Corporation—Harrison Health Center**

326 Harrison Ave., Harrison, NJ 07029-3059, 862-229-1160

### **Alliance Community Healthcare**

115 Christopher Columbus Dr., Jersey City, NJ 07302-5526, 201-830-1620

### **Metropolitan Family Health Network**

935 Garfield Ave., Jersey City, NJ 07304-2731, 201-478-5802

### **North Hudson Community Action Corporation Health Center at Jersey City**

324 Palisade Ave., Jersey City, NJ 07307-1791, 201-459-8888

### **North Hudson Community Action Corporation at Secaucus**

55 Meadowlands Pkwy., Secaucus, NJ 07094-2977, 201-210-0100

### **North Hudson Community Action Corporation Health Center at Union City**

714 31st St., Union City, NJ 07087-2427, 201-863-7077

### **Metropolitan Family Health Network, Inc. at West New York**

5300 Bergenline Ave., West New York, NJ 07093-5616, 201-478-5800

### **North Hudson Community Action Corporation Health Center at West New York**

5301 Broadway, West New York, NJ 07093-2622, 201-866-9320

## **Hunterdon County**

### **Zufall Healthy Smile Center Flemington**

361 State Route 31 Bldg. C, Flemington, NJ 08822-5796, 973-328-9100

### **Zufall Health Center Highlands Health Van (Mobile Services)**

973-328-3344

## **Mercer County**

### **Henry J. Austin Health Center at All Access Mental Health**

819 Alexander Rd., Princeton, NJ 08540-6303, 609-278-5900

**Henry J. Austin Health Center—Warren**  
321 N. Warren St., Trenton, NJ 08618-4741, 609-278-5900

**Henry J. Austin Health Center—Chambers**  
317 Chambers St., Trenton, NJ 08609-2603, 609-392-2635

**Henry J. Austin Health Center—Ewing**  
112 Ewing St., Trenton, NJ 08609-1004, 609-278-5937

**Henry J. Austin Health Center—Bellevue**  
433 Bellevue Ave., Trenton, NJ 08618-4514, 609-989-3599

**Henry J. Austin Health Center at The Rescue Mission of Trenton**  
98 Carroll St., Trenton, NJ 08609-1008, 609-278-5900

**Henry J. Austin Health Center at Oaks Integrated Care Inc.**  
314 E. State St., Trenton, NJ 08608-1810, 609-278-5900

**Henry J. Austin Health Center at Catholic Charities, Diocese of Trenton**  
10 Southard St., Trenton, NJ 08609-1020, 609-278-5900

**Henry J. Austin Health Center—Nottingham**  
1931 Nottingham Way Bldg. 1931, Trenton, NJ 08619-3554, 609-278-5900

**Henry J. Austin Health Center—Mobile Health Unit**  
218 N. Broad St., Trenton, NJ 08608-1306, 609-278-5900

## **Middlesex County**

**Central Jersey Medical Center**  
1540 Roosevelt Ave., Carteret, NJ 07008-1330, 732-376-6650

**Jewish Renaissance Foundation Community Health Center**  
1931 Oak Tree Rd., Edison, NJ 08820-2072, 732-482-9600

**Rutgers RWJ Eric B. Chandler Health Center**  
277 George St., New Brunswick, NJ 08901-1476, 732-235-6700

**Rutgers RWJ Eric B. Chandler Health Center**  
1000 Somerset St., New Brunswick, NJ 08901-3638, 732-235-7435

**Rutgers RWJ Eric B. Chandler Health Center**  
123 Church St., New Brunswick, NJ 08901-2001, 732-235-2052

**Central Jersey Medical Center**  
275 Hobart St., Perth Amboy, NJ 08861-3396, 732-376-9333

**Zufall Health Plainsboro**  
1 Plainsboro Rd., Plainsboro, NJ 08536-1913, 609-853-7600

**JRF Community Health Center—Mobile Unit**  
1931 Oak Tree Rd., Edison, NJ 08820-2072, 732-482-9600

**Central Jersey Medical Center Mobile Van 2**  
275 Hobart St., Perth Amboy, NJ 08861-3396, 732-376-9333

## **Monmouth County**

**Community Health Center of Asbury Park**  
1301 Main St., Asbury Park, NJ 07712-5359, 732-774-6333

**Freehold Family Health Center**  
597 Park Ave., Freehold, NJ 07728-2590, 732-294-2540

**Ocean Health Initiatives—Freehold**  
20 Jackson St., Freehold, NJ 07728-2476, 732-363-6655

**Keyport Primary Care Center**  
35 Broad St., Keyport, NJ 07735-1267, 732-888-4149

**Monmouth Family Health Center**  
270 Broadway, Long Branch, NJ 07740-7027, 732-923-7145

**Monmouth Family Health Center OB/GYN Women's Health Services**  
80 Pavilion Ave., Long Branch, NJ 07740-6413, 732-923-7145

**Monmouth Family Health Center Dental Program**  
335 Broadway, Long Branch, NJ 07740-6901, 732-923-7145

**Red Bank Community Health Center**  
66 Bridge Ave., Red Bank, NJ 07701-6410, 732-219-6620

## **Morris County**

**Goodale Pharmacy**  
16 N. Sussex St., Dover, NJ 07801-3958, 973-366-0976

**Zufall Health Center**  
18 W. Blackwell St., Dover, NJ, 07801-3841, 973-328-9100

**Zufall Health Center Dover Dental Center**  
17 S. Warren St., Dover, NJ, 07801-4506, 973- 328-3344

**Zufall Health Center Morristown**  
4 Atno Ave., Morristown, NJ, 07960-3802, 973-267-0002

**Zufall Health Center—Highlands Health Van (Mobile Services)**  
973-328-3344

**Zufall Mobile Dental Van**  
17 S. Warren St., Dover, NJ 07801-4506, 973-328-3344

## **Ocean County**

**Ocean Health Initiatives**  
1610 Route 88, Brick, NJ 08724-3018, 732-363-6655

**COMING SOON—CHEMED**  
275 S. Hope Chapel Rd., Jackson, NJ 08527-5050, 732-364-2144

**Ocean Health Initiatives—Manchester**  
686 Route 70, Lakehurst, NJ 08733-2853, 732-363-6655

**CHEMED Health Center**  
1771 Madison Ave., Lakewood, NJ 08701-1242, 732-364-2144

**CHEMED Health Center—South Side**  
1171 River Ave., Lakewood, NJ 08701-5610, 732-364-6666

**My Care**  
485 Locust St., Lakewood, NJ 08701-5896, 732-364-6666

**Ocean Health Initiatives**  
101 2nd St., Lakewood, NJ 08701-3324, 732-363-6655

**My Care—Westgate**  
108 Hillside Blvd., Lakewood, NJ 08701-3148, 732-364-2144

**Ocean Health Initiatives at Stafford Township**  
333 Haywood Rd., Manahawkin, NJ 08050-2839, 609-489-0110

**Ocean Health Initiatives—Toms River**  
10 Stockton Dr., Toms River, NJ 08755-6433, 732-363-6655

**Ocean Health Initiatives--Little Egg**  
798 County Road 539, Tuckerton, NJ 08087-4202, 732-363-6655

**Ocean Health Initiatives Mobile Medical Unit**  
101 2nd St., Lakewood, NJ 08701-3324, 732-363-6655

## **Passaic County**

**North Hudson Community Action Corporation at Passaic**  
220 Passaic St., Passaic, NJ 07055-6460, 201-210-0100

**Paterson Community Health Center—Broadway Clinic**  
227 Broadway, Paterson, NJ 07501-2002, 973-278-2600

**Paterson Community Health Center**  
32 Clinton St., Paterson, NJ 07522-1775, 973-790-6594

## **Salem County**

**Southern Jersey Family Medical Centers—Salem Health Center**  
238 E. Broadway, Salem, NJ 08079-1108, 856-935-7711 x6415

## **Somerset County**

**Zufall Health Center Bridgewater**  
500 N. Bridge St., Bridgewater, NJ 08807-2135, 973-328-3344

**Zufall Health Center Somerville**  
71 4th St., Somerville, NJ 08876-3235, 908-526-2335

**Zufall Health Center—Highlands Health Van (Mobile Services)**  
973.328.3344

## **Sussex County**

**Zufall Health Center Sussex**  
238 Spring St., Newton, NJ 07860-2115, 973-862-6650

**Zufall Health Center—Highlands Health Van (Mobile Services)**  
973.328.3344

## **Union County**

**Neighborhood Health Center Elizabeth**  
184 1st St., #2, Elizabeth, NJ 07206-1855, 908-355-4459

**Neighborhood Health Center Plainfield**  
1700 Myrtle Ave., Plainfield, NJ 07063-1000, 908-753-6401

**Neighborhood Health Center—The Healthy Place**  
427 Darrow Ave., Plainfield, NJ 07060-2012, 908-731-4288

**Neighborhood Health Center—Cardinal**  
950 Park Ave., Plainfield, NJ 07060-3002, 908-754-5840

## **Warren County**

### **Zufall Health Center—Hackettstown**

117 Seber Rd., Bldg. 5, Hackettstown, NJ 07840-1722, 908-452-5366

### **Star Community Health—Coventry**

755 Memorial Pkwy, Suite 300, Phillipsburg, NJ, 908-847-3300

### **Zufall Health Center—Highlands Health Van (Mobile Services)**

973-328-3344

## **SCHOOL—BASED FQHCs (SBHCs)**

## **Atlantic County**

### **AtlantiCare Health Services—FQHC at Atlantic City High School**

1400 N Albany Ave., Atlantic City, NJ 08401-1208, 609-345-8336

## **Cumberland County**

### **Kids' Corner at Broad St. School**

251 W. Broad St., Bridgeton, NJ 08302-2315, 856-451-4700

### **Colt Connection at Cumberland Regional High School**

65 Love Ln., Bridgeton, NJ 08302, 856-451-9400 x279

### **Teen Center at Bridgeton High School**

111 Northwest Ave., Bridgeton, NJ 08302, 856-451-4700

### **Kids' Center at Downe Twp. Elementary School**

220 Main Street (Route 553), Newport, NJ 08345, 856-451-4700

### **Hallways to Health at Vineland High School**

3010 E. Chestnut Ave., Vineland, NJ 08361-6103, 856-451-4700

## **Essex County**

### **Central Jersey Medical Center—Shabazz High School**

80 Johnson Ave., Newark, NJ 07108-2729, 973-623-8592

### **Central Jersey Medical Center—Central High School**

246 18th Ave., Newark, NJ 07108-2316, 973-679-7709

**Central Jersey Medical Center—Quitman Street Community School**  
21 Quitman St., Newark, NJ 07103-4105, 973-824-2097

**Central Jersey Medical Center—Thirteenth Avenue / Dr. MLK Elementary School**  
359 13th Ave., Newark, NJ 07103-2125, 973-679-7709

**Central Jersey Medical Center—Park Elementary SBHC**  
120 Manchester Pl., Newark, NJ 07104-1704, 732-376-6659

**Mary Eliza Mahoney Health Center at Speedway Avenue Elementary School**  
701 S. Orange Ave., Newark, NJ 07106-1300, 973-645-4970

**Saint James Health East Side High School**  
69 Pulaski St., Newark, NJ 07105-2613, 973-789-8111

## **Hudson County**

**North Hudson Community Action Corporation Health Center at Union City High School**  
2500 Kennedy Blvd., Union City, NJ 07087-2295, 201-538-7888

## **Mercer County**

**Henry J. Austin Health Center at Gregory Elementary School**  
500 Rutherford Ave., Trenton, NJ 08618-4430, 609-656-4740

**Henry J. Austin Health Center at PJ Hill Elementary School**  
1010 E. State St., Trenton, NJ 08609-1506, 609-656-4980

## **Ocean County**

**Ocean Health Initiatives—Clifton Avenue School Based Health Center**  
625 Clifton Ave., Lakewood, NJ 732-719-9015

**Ocean Health Initiatives—SBHC at Lakewood High School**  
855 Somerset Ave., Lakewood, NJ 08701-2127, 732-363-6655

## **Somerset County**

**Zufall SBHC at Hillcrest—Hamilton Schools**  
500 Franklin Blvd., Somerset, NJ 08873-3030

## APPENDIX B

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### Acute Care Hospitals in New Jersey (By County)

#### Atlantic

##### AtlantiCare Regional Medical Center—City Campus

1925 Pacific Avenue

Atlantic City, NJ 08401

(609) 441-8020

<https://www.atlanticare.org/locations/atlanticare-regional-medical-center-atlantic-city-campus>

##### AtlantiCare Regional Medical Center—Mainland Campus

65 Jimmie Leeds Road

Pomona, NJ 08240

(609) 652-3420

<https://www.atlanticare.org/locations/atlanticare-regional-medical-center-mainland-campus>

#### Shore Medical Center

100 Medical Center Way

Somers Point, NJ 08244

(609) 653-3500

<https://www.shoremedicalcenter.org/>

#### Bergen

##### Bergen New Bridge Medical Center

230 East Ridgewood Ave.

Paramus, NJ 07652

(201) 967-4000

<https://www.newbridgehealth.org/>

##### Englewood Hospital

350 Engle St.

Englewood, NJ 07631

(201) 894-3000

<https://www.Englewoodhealth.org>

##### Hackensack Meridian Health—Pascack Valley Medical Center

250 Old Hook Road

Westwood, NJ 07675

(201) 383-1035

<https://pascackmedicalcenter.com/>

**Hackensack University Medical Center**

30 Prospect Ave.

Hackensack, NJ 07601

(551) 996-2000

<https://www.hackensackmeridianhealth.org/en/locations/hackensack-university-medical-center>

**Holy Name Medical Center**

718 Teaneck Rd.

Teaneck, NJ 07666

(201) 833-3000

<https://www.holyname.org/>

**Valley Hospital**

4 Valley Health Plaza

Paramus, NJ 07652

(201) 447-8000

<https://www.valleyhealth.com/valley-hospital>

**Burlington****Virtua Mount Holly Hospital**

175 Madison Ave.

Mount Holly, NJ 08060

(609) 267-0700

<https://www.virtua.org/locations/mount-holly-hospital>

**Virtua West Jersey Hospital Marlton**

90 Brick Road

Marlton, NJ 08053

(856) 355-6200

<https://www.virtua.org/locations/marlton-hospital>

**Virtua Willingboro Hospital**

218a Sunset Road

Willingboro, NJ 08046

(609) 835-2900

<https://www.virtua.org/locations/willingboro-hospital>

## **Camden**

### **Cooper University Hospital**

1 Cooper Plaza

Camden, NJ 08103

(856) 342-2000

<http://cooperhealth.org/>

### **Jefferson Cherry Hill Hospital**

2201 Chapel Avenue West

Cherry Hill, NJ 08002

(856) 488-6802

<https://www.jeffersonhealth.org/locations/cherry-hill-hospital>

### **Jefferson Stratford Hospital**

18 East Laurel Road

Stratford, NJ 08084

(856) 346-7802

<https://www.jeffersonhealth.org/locations/stratford-hospital>

### **Virtua Our Lady of Lourdes Hospital**

1600 Haddon Avenue

Camden, NJ 08103

(856) 886-5373

<https://www.virtua.org/locations/our-lady-of-lourdes-hospital>

### **West Jersey Hospital (Virtua Voorhees Hospital)**

100 Bowman Drive

Voorhees, NJ 08043

(856) 247-3000

<https://www.virtua.org/locations/voorhees-hospital>

## **Cape May**

### **Cape Regional Medical Center (Cooper University Hospital Cape Regional)**

Two Stone Harbor Blvd.

Cape May Court House, NJ 08210

(609) 463-2000

<https://www.cooperhealthcape.org/>

## **Cumberland**

### **Inspira Medical Center Vineland**

1505 W. Sherman Ave.

Vineland, NJ 08360

(856) 641-8000

<https://www.inspirahealthnetwork.org/locations/inspira-medical-center-vineland>

## **Essex**

### **CareWell Health Medical Center**

300 Central Ave.

East Orange, NJ 07018

(973) 672-8400

<https://carewellhealth.org/>

### **Clara Maass Medical Center**

One Clara Maass Drive

Belleville, NJ 07109

(973) 450-2000

<https://www.rwjbh.org/clara-maass-medical-center/>

### **Cooperman Barnabas Medical Center**

94 Old Short Hills Road

Livingston, NJ 07039

(973) 322-5000

<https://www.rwjbh.org/cooperman-barnabas-medical-center/>

### **Hackensack Meridian Mountainside Medical Center**

1 Bay Avenue

Montclair, NJ 07042

(973) 429-6000

<https://mountainsidemedicalcenter.com/>

### **Newark Beth Israel Medical Center**

201 Lyons Ave.

Newark, NJ 07112

(973) 926-7850

<https://www.rwjbh.org/newark-beth-israel-medical-center/>

### **Saint Michael's Medical Center**

111 Central Avenue  
Newark, NJ 07102  
(973) 877-5350  
<https://smmcnj.com/>

### **University Hospital**

150 Bergen St.  
Newark, NJ 07103  
(973) 972-5658  
<https://www.uhnj.org/>

## **Gloucester**

### **Inspira Medical Center Mullica Hill**

700 Mullica Hill Rd.  
Mullica Hill, NJ 08062  
(856) 508-1000  
<https://www.inspirahealthnetwork.org/locations/inspira-medical-center-mullica-hill>

### **Jefferson Washington Township Hospital**

435 Hurffville Cross Keys Road  
Turnersville, NJ 08012  
(856) 582-2500  
<https://www.jeffersonhealth.org/locations/washington-township-hospital>

## **Hudson**

### **CarePoint Health—Bayonne Medical Center**

29 East 29th St.  
Bayonne, NJ 07002  
(201) 858-5000  
<https://carepointhealth.org/locations-directions/bayonne-medical-center/>

### **CarePoint Health—Christ Hospital**

176 Palisade Ave.  
Jersey City, NJ 07306  
(201) 795-8200  
<https://carepointhealth.org/locations-directions/christ-hospital/>

### **CarePoint Health—Hoboken University Medical Center**

308 Willow Ave.

Hoboken, NJ 07030

(201) 418-1000

<https://carepointhealth.org/locations-directions/hoboken-university-medical-center/>

### **Hudson Regional Hospital**

55 Meadowlands Pkwy.

Secaucus, NJ 07094

(201) 392-3200

<https://www.hudsonregionalhospital.com/>

### **Jersey City Medical Center**

355 Grand Street

Jersey City, NJ 07302

(201) 915-2000

<https://www.rwjbh.org/jersey-city-medical-center/>

### **Palisades Medical Center**

7600 River Rd.

North Bergen, NJ 07047

(201) 854-5004

<https://www.hackensackmeridianhealth.org/en/locations/palisades-medical-center>

## **Hunterdon**

### **Hunterdon Medical Center**

2100 Wescott Drive

Flemington, NJ 08822

(908) 788-6100

<https://www.hunterdonhealth.org/locations/hunterdon-medical-center>

## **Mercer**

### **Capital Health Medical Center—Hopewell**

One Capital Way

Pennington, NJ 08534

(609) 303-4000

<https://www.capitalhealth.org/our-locations/hopewell>

### **Capital Health Regional Medical Center**

750 Brunswick Ave.

Trenton, NJ 08638

(609) 394-6000

<https://www.capitalhealth.org/our-locations/regional-medical-center>

### **Robert Wood Johnson University Hospital—Hamilton**

One Hamilton Health Place

Hamilton, NJ 08690

(609) 586-7900

<https://www.rwjbh.org/rwj-university-hospital-hamilton/>

## **Middlesex**

### **Hackensack Meridian Health—JFK University Medical Center**

65 James Street

Edison, NJ 08820

(732) 321-7000

<https://www.hackensackmeridianhealth.org/en/locations/jfk-university-medical-center>

### **Hackensack Meridian Health—Old Bridge Medical Center**

One Hospital Plaza

Old Bridge, NJ 08857

(732) 360-1000

<https://www.hackensackmeridianhealth.org/en/locations/old-bridge-medical-center>

### **Penn Medicine Princeton Medical Center**

One Plainsboro Road

Plainsboro, NJ 08536

(609) 853-6500

<https://www.princetonhcs.org/our-locations/pmc>

### **Hackensack Meridian Health—Raritan Bay Medical Center**

530 New Brunswick Ave.

Perth Amboy, NJ 08861

(732) 324-5000

<https://www.hackensackmeridianhealth.org/en/locations/raritan-bay-medical-center>

### **Robert Wood Johnson University Hospital**

One Robert Wood Johnson Place

New Brunswick, NJ 08901

(732) 828-3000

<https://www.rwjbh.org/rwj-university-hospital-new-brunswick/>

## **Saint Peter's University Hospital**

254 Easton Ave.

New Brunswick, NJ 08901

(732) 745-8600

<https://www.saintpetershcs.com/>

## **Monmouth**

### **Hackensack Meridian Health—Bayshore Medical Center**

727 N Beers St.

Holmdel, NJ 07733

(732) 739-5900

<https://www.hackensackmeridianhealth.org/en/locations/bayshore-medical-center>

### **CentraState Medical Center**

901 West Main Street

Freehold, NJ 07728

(732) 294-7012

<https://www.centrastate.com/>

### **Hackensack Meridian Health—Jersey Shore University Medical Center**

1945 State Route 33

Neptune, NJ 07753

(732) 775-5500

<https://www.hackensackmeridianhealth.org/en/locations/jersey-shore-university-medical-center>

### **RWJ Barnabas Health—Monmouth Medical Center**

300 Second Avenue

Long Branch, NJ 07740

(732) 222-5200

<https://www.rwjbh.org/monmouth-medical-center/>

### **Hackensack Meridian Health—Riverview Medical Center**

One Riverview Plaza

Red Bank, NJ 07701

(732) 741-2700

<https://www.hackensackmeridianhealth.org/en/locations/riverview-medical-center>

## **Morris**

### **Atlantic Health System—Chilton Medical Center**

97 West Parkway

Pompton Plains, NJ 07444

(973) 831-5000

<https://www.atlantichealth.org/locations/chilton-medical-center>

### **Atlantic Health System—Morristown Medical Center**

100 Madison Ave.

Morristown, NJ 07960

(973) 971-5000

<https://www.atlantichealth.org/locations/morristown-medical-center>

### **Saint Clare's Hospital—Denville**

25 Pocono Road

Denville, NJ 07834

(973) 983-5569

<https://saintclares.com/locations/saint-clares-denville-hospital/>

### **Saint Claire's Hospital—Dover**

400 West Blackwell Street

Dover, NJ 07801

(973) 989-3424

<https://saintclares.com/locations/saint-clares-dover-hospital/>

## **Ocean**

### **RWJ Barnabas Health—Community Medical Center**

99 Rt. 37 West

Toms River, NJ 08755

(732) 557-8000

<https://www.rwjbh.org/community-medical-center/>

### **RWJ Barnabas Health—Monmouth Medical Center -Southern Campus**

600 River Ave.

Lakewood, NJ 08701

(732) 363-1900

<https://www.rwjbh.org/monmouth-medical-center-southern-campus/>

**Hackensack Meridian Health—Ocean University Medical Center**

425 Jack Martin Blvd.

Brick, NJ 08724

(732) 840-2200

<https://www.hackensackmeridianhealth.org/en/locations/ocean-university-medical-center>

**Hackensack Meridian Health—Southern Ocean Medical Center**

1140 Rt. 72 West

Manahawkin, NJ 08050

(609) 597-6011

<https://www.hackensackmeridianhealth.org/en/locations/southern-ocean-medical-center>

**Passaic**

**St. Joseph's University Medical Center**

703 Main St.

Paterson, NJ 07503

(973) 754-2010

<https://stjosephshealth.org/locations/st-josephs-university-medical-center/>

**St. Joseph's Wayne Medical Center**

224 Hamburg Turnpike

Wayne, NJ 07470

(973) 942-6900

<https://stjosephshealth.org/locations/st-josephs-wayne-medical-center/>

**Saint Mary's General Hospital**

350 Boulevard

Passaic, NJ 07055

(973) 365-4300

<https://smh-nj.com/>

**Salem**

**Inspira Medical Center—Elmer**

501 Front Street

Elmer, NJ 08318

(856) 508-1000

<https://www.inspirahealthnetwork.org/locations/inspira-medical-center-elmer>

### **Inspira Medical Center—Mannington**

310 Salem Woodstown Road

Salem, NJ 08079

(856) 935-1000

<https://www.inspirahealthnetwork.org/locations/inspira-medical-center-mannington>

### **Somerset**

#### **Robert Wood Johnson Hospital—Somerset**

110 Rehill Ave.

Somerville, NJ 08876

(908) 685-2200

<https://www.rwjbh.org/rwj-university-hospital-somerset/>

### **Sussex**

#### **Atlantic Health System—Newton Medical Center**

175 High St.

Newton, NJ 07860

(973) 383-2121

<https://www.atlantichealth.org/locations/newton-medical-center>

### **Union**

#### **Atlantic Health System—Overlook Medical Center**

99 Beauvoir Avenue

Summit, NJ 07901

(908) 522-2000

<https://www.atlantichealth.org/locations/overlook-medical-center>

#### **Robert Wood Johnson University Hospital at Rahway**

865 Stone St.

Rahway, NJ 07065

(732) 381-4200

<https://www.rwjbh.org/rwj-university-hospital-rahway/>

#### **RWJ Barnabas Health—Trinitas Regional Medical Center**

225 Williamson Street

Elizabeth, NJ 07207

(908) 994-5000

<https://www.rwjbh.org/trinitas-regional-medical-center/>

## **Warren**

### **Atlantic Health System—Hackettstown Medical Center**

651 Willow Grove St.

Hackettstown, NJ 07840

(908) 852-5100

<https://www.atlantichealth.org/locations/hackettstown-medical-center>

### **St. Luke's Warren Hospital**

185 Roseberry St.

Phillipsburg, NJ 08865

(908) 847-6700

<https://www.slnh.org/locations/stlukes-hospital-warren-campus>

## APPENDIX C—Legal Assistance Resources

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### Legal Services of New Jersey (LSNJ)

LSNJ is a nonprofit organization that offers free legal assistance in civil (not criminal) cases to low-income people in New Jersey. You will have to prove that you qualify financially. Even if you do not qualify its website contains information that can help you in dealing with medical debt, with links below.

#### Main Office

100 Metroplex Drive, Suite 101, Edison, NJ 08817  
(732) 572-9100

<https://www.lsnjlaw.org/> (English version) <https://www.lsnjlaw.org/es> (Spanish version)  
<https://www.lsnj.org/GetLegalHelp.aspx>

**HOTLINE** 1-888-576-5529 (1-888-LSNJ-LAW) open 8 to 5:30 pm, Monday to Friday  
<https://lsnjlawhotline.org/intake/1008/language/1>

### Central Jersey Legal Services

Apply Online: <https://centraljerseylegalservicesapplication.org/intake/1020/language/1>

#### Mercer County

198 West State Street  
Trenton, NJ 08608  
609-695-6249

#### Middlesex County

317 George Street, Suite 201  
New Brunswick, NJ 08901-2584  
732-249-7600

#### Perth Amboy

313 State Street, Suite 308  
Perth Amboy, NJ 08861-4117  
(732) 324-1613  
Fax: (732) 324-6253

#### Union County

60 Prince Street  
Elizabeth, NJ 07208  
(908) 354-4340

#### Hamilton Township

1 North Johnston Ave., Suite A190,  
Hamilton, NJ 08609

## Essex-Newark Legal Services

Apply Online: <https://enlsonline.org/intake/1019/language/1>

### Essex County

5 Commerce Street, 2nd Floor  
Newark, New Jersey 07102  
973-624-4500

## Legal Services of Northwest Jersey

Apply Online: <https://lsnwjapply.org/intake/1018/language/1>

### Hunterdon County

82 Park Avenue  
Flemington, NJ 08822-1170  
908-782-7979

### Morris County

30 Schuyler Place, 2d floor  
P.O. Box 900  
Morristown, NJ 07963-0900  
973-285-6911

### Somerset County

90 East Main Street, 3d Floor  
Somerville, NJ 08876  
908-231-0840  
Fax: 908-231-6780

### Sussex County

18 Church Street—Suite 120  
Newton, NJ 07860  
973-383-7400

### Warren County

91 Front Street  
Belvidere, NJ 07823-1437  
908-475-2020

## Northeast NJ Legal Services

Apply Online: <https://www.nnjlsonline.org/intake/1016/language/1>

### Bergen County

190 Moore Street  
Hackensack, NJ 07601  
201-487-2166

### Hudson County

574 Summit Avenue  
Jersey City, NJ 07306  
201-792-6363

### Union City

407 39th Street, Suite 301  
Union City, NJ 07087  
551-257-6040

### Passaic County

100 Hamilton Plaza—Suite 200, Box 3  
Paterson, NJ 07505  
973-523-2900

## South Jersey Legal Services

Apply Online: <https://www.sjlsintake.org/intake/1017/language/1>

### **Atlantic County**

1300 Atlantic Avenue—Mezzanine Floor  
Atlantic City, NJ 08401  
609-348-4200

### **Burlington County**

107 High Street  
Mount Holly, NJ 08060  
609-261-1088

### **Camden County**

745 Market Street  
Camden, NJ 08102  
856-964-2010  
Intake: 1-800-496-4570

### **Cape May County**

1261 Route 9 South  
P.O. Box 785  
Cape May Court House, NJ 08210  
609-465-3001

## **Community Health Law Project (CHLP)**

This statewide nonprofit provides free legal services to low-income individuals with various types of disabilities and to people living with HIV/AIDS and their families. If your medical debt or your efforts to avoid incurring such debt arise out of a disability or HIV/AIDS status and you qualify based on your income, they can help you with obtaining public health benefits, such as Medicaid and NJ Family Care and also provide assistance in dealing with debt collection and bankruptcy. CHLP has 10 locations throughout New Jersey.

### **Administrative Office**

85 Valley Street  
South Orange, NJ 07079  
Phone: 973-275-1175  
Fax: 973-275-5210  
TTY: 973-275-1721  
Email: [chlpifo@chlp.org](mailto:chlpifo@chlp.org)

### **North Jersey Main Office**

650 Bloomfield Avenue—Suite 210  
Bloomfield, NJ 07003  
Phone: 973.680.5599  
Fax: 973-680-1488  
TTY: 973-680-1116  
Email: [Bloomfield@chlp.org](mailto:Bloomfield@chlp.org)

### **East Jersey Main Office**

65 Jefferson Avenue—Suite 402  
Elizabeth, NJ 07201  
Phone: 908-355-8282  
Fax: 908-355-3724  
TTY: 908-355-3369  
Email: [Elizabeth@chlp.org](mailto:Elizabeth@chlp.org)

### **East Jersey Satellite Office**

506 3rd Street  
Hoboken, NJ 07030  
Phone: 908-355-8282  
Fax: 908-355-3724  
TTY: 908-355-3369

Central Jersey Main Office  
3635 Quakerbridge Road—Suite 14  
Hamilton, NJ 08619  
Phone: 609-392-5553  
Fax/TTY: 609-392-5369  
Email: [Trenton@chlp.org](mailto:Trenton@chlp.org)

Central Jersey Satellite Office  
4 Commerce Place  
Mt. Holly, NJ 08060  
Phone: 609-261-3453  
Fax: 609-261-8596

Shore Area Main Office  
3301 Rt. 66—Suite 130  
Neptune, NJ 07753  
Phone: 732-380-1012  
Fax: 732-380-1015  
Email: [Neptune@chlp.org](mailto:Neptune@chlp.org)

Shore Area Satellite Office  
250 Washington Street—Suite 5  
Toms River, NJ 08753  
Phone: 732-349-6714  
Fax: 732-349-6935

South Jersey Main Office  
216 Haddon Avenue—Suite 703  
Westmont, NJ 08108  
Phone/TTY: 856-858-9500  
Fax: 856-858-9545  
Email: [Collingswood@chlp.org](mailto:Collingswood@chlp.org)

South Jersey Satellite Office  
160 South Pitney Road  
Galloway, NJ 08205  
Phone: 856-858-9500

## County Bar Association Lawyer Referral Services

The bar association in each county can refer you to a lawyer in your county who should be qualified to assist you with your medical debt. You are expected to pay for these services so there is no income qualification.

All the bar associations are listed on the LSNJ website

<https://lsnjlawhotline.org/intake/1008/language/1/static-page;staticpage=lawyer-referral>

The information for each county also appears below:

Atlantic County Bar Association Lawyer Referral Service  
Atlantic County Court House  
1201 Bacharach Blvd.  
Atlantic City, NJ 08401  
P: 609-345-3444  
<https://atcobar.org/>

Bergen County Bar Association Lawyer Referral Service  
15 Bergen Street  
Hackensack, NJ  
P: 201-488-0044  
<https://bergenbar.org/lawyer-referral-service/>

Burlington County Bar Association Lawyer Referral Service  
45 Grant Street  
Mount Holly, NJ 08060  
P: 609-261-4862 F: 609-262-5423  
<https://burlcobar.org/lawyerreferrals.php>

Camden County Bar Association Lawyer Referral Service  
1040 Kings Hwy. No., Suite 201  
Cherry Hill, NJ 08034  
P: 856-482-0618 F: 856-482-0637  
<https://www.camdencountybar.org/lrs-info/>

Cape May County Bar Association Lawyer Referral Service  
9 N. Main St., P.O. Box 425  
Cape May Court House, NJ 08210  
P: 609-463-0313 F: 609-463-1656  
E: cmcbarasn@aol.com  
<https://www.cmcbanj.org/lawyer-referrals>

Cumberland County Lawyer Referral Service  
P.O. Box 2374  
Vineland, NJ 08362  
P: 856-453-7000 F: 856-453-7008  
<https://ccnjbar.org/lawyer-referral.html>

Essex County Bar Association Lawyer Referral Service  
470 Dr. Martin Luther King Jr. Blvd., Room B01  
Newark, NJ 07102  
P: 973-622-6204  
<https://essexbar.com/lawyer-referral-service/>

Gloucester County Bar Association Lawyer Referral Service  
Justice Complex, P.O. Box 338  
Woodbury, NJ 08096  
P: 856-848-4589 F: 856-384-9580  
<http://www.gcbanj.org/lawyer-referral-service/>

Hudson County Bar Association Lawyer Referral Service  
583 Newark Avenue, 4th Floor  
Jersey City, NJ 07306  
P: 201-798-4708  
E: [staff@hcbalaw.com](mailto:staff@hcbalaw.com)  
<https://hcbalaw.com/lawyers-referral/>

Hunterdon County Bar Association Lawyer Referral Service  
P.O. Box 573  
Annandale, NJ 08801  
P: 908-200-7822 F: 908-200-7159  
<https://huntcolaw.org/lawyer-referral/>

Mercer County Bar Association Lawyer Referral Service  
1245 White Horse Mercerville Road—Suite 420  
Hamilton, NJ 08610-3894  
P: 609-585-6200 F: 609-585-5537  
E: [info@mercerbar.com](mailto:info@mercerbar.com)  
<https://mercerbar.com/find-a-lawyer/>

Middlesex County Bar Association Lawyer Referral Service  
87 Bayard Street  
New Brunswick, NJ 08901  
P: 732-828-0053  
<https://mcba.community.lawyer/>

Monmouth County Bar Association Lawyer Referral Service  
Courthouse  
Freehold, NJ 07728  
P: 732-431-5544 F: 732-431-2843  
<https://monmouthbarassociation.com/lawyer-referral/>

Morris/Sussex County Bar Association Lawyer Referral Service  
28 Schuyler Place  
Morristown, NJ 07960  
P: 973-267-5882 F: 973-605-8325  
<https://morriscountybar.com/referrals/find-a-lawyer/>

Ocean County Bar Association Lawyer Referral Service  
Courthouse  
P.O. Box 381  
Toms River, NJ 08753  
P: 732-240-3666 F: 732-240-4907  
E: [ocba@verizon.net](mailto:ocba@verizon.net)  
<https://www.oceancountybar.org/join>

Passaic County Bar Association Lawyer Referral Service  
77 Hamilton St., Courthouse, 2d Floor  
Paterson, NJ 07505  
973-345-4585  
<https://www.passaicbar.org/lawyer-referra-service.php>

Salem County Bar Association Lawyer Referral Service  
92 Market Street  
Salem, NJ 08079  
P: 302-307-1756  
<https://www.scnjbar.org/> or contact [scba@scnjbar.org](mailto:scba@scnjbar.org)

Somerset County Bar Association Lawyer Referral Service  
P.O. Box 1095  
Somerville, NJ 08876-1095  
P: 908-685-2323  
E: [SCBAReferrals@gmail.com](mailto:SCBAReferrals@gmail.com)  
<https://somersetbar.com/contact>

Union County Bar Association Lawyer Referral Service  
Courthouse, 1st Floor  
Elizabeth, NJ 07207  
P: 908-353-4715 F: 908-354-8222  
Mon-Thurs, 10: A.M. – 1 P.M.  
<https://uclaw.com/lawyer-referral-service/>

Warren County Bar Association Lawyer Referral Service  
413 Second St.  
Belvidere, NJ 07823  
P: 908 387 1835  
E: [info@warrencountybar.org](mailto:info@warrencountybar.org)  
<https://warrencountybar.org/links/>

## Volunteer Lawyers for Justice (VLJ)

Volunteer Lawyers for Justice, is a nonprofit which provides pro bono (free) legal services to people throughout the state who qualify financially. It has multiple programs, including a Debt Relief Legal Program, a twice-monthly virtual legal clinic, in which volunteer attorneys assist pro se defendants who have been sued over debt of all kinds, including medical, in the Special Civil Part in New Jersey. They also help screen people with debt who are considering filing for Chapter 7 bankruptcy. More information about the program is available on the website: <https://www.vljj.org/bankruptcy-program>

100 Mulberry Street  
P.O. Box 32040  
Newark, NJ 07102  
973-645-1955  
Hours are 9 to 5, Monday to Thursday

Their website has helpful videos on the following topics:

How to Protect Yourself From Debt Collection Harassment

<https://vimeo.com/226772779>

You're Being Sued! What to Do.

<https://www.youtube.com/watch?v=KSjEHqwQBIQ&feature=youtu.be>

There is also information about how to use the court filing system, JEDS (Judiciary Electronic Document Submission), which you might need to do if you are unable to obtain legal representation or to file your papers in person at the court.

<https://www.youtube.com/watch?v=KSjEHqwQBIQ&feature=youtu.be>

## Other Helpful Links

“Surviving Debt,” National Consumer Law Center Digital Book that has chapters on Medical Debt (chapter 11) and Collection Lawsuits (chapter 4)

<https://library.nclc.org/book/surviving-debt>

“Stopping Debt Collection Harassment: Consumer Debt Advice from the National Consumer Law Center”

<https://library.nclc.org/article/stopping-debt-collection-harassment-consumer-debt-advice-nclc>

Glossary of Legal Terms, National Consumer Law Center

<https://www.lsnjlaw.org/tools/glossary>

Debt Collection FAQs, Information from the Federal Trade Commission

<https://consumer.ftc.gov/articles/debt-collection-faqs>

## NJ Court Links

Information on How to Represent Yourself in Court (Pro Se)

<https://www.njcourts.gov/self-help/represent-yourself>

Information About Special Civil Part

<https://www.njcourts.gov/self-help/special-civil-court>

How to Answer in Special Civil Part

<https://www.njcourts.gov/sites/default/files/forms/10542-ans-cplt-spc.pdf>

Information about Small Claims Court

<https://www.njcourts.gov/self-help/small-claims-court>

Information about How a Judgment Against You Can be Collected

<https://www.njcourts.gov/self-help/collecting-money-civil>

How to File Documents with the Court and View Court Documents Online

<https://www.njcourts.gov/attorneys/ecourts-and-e-filing>

### Letter Disputing Medical Debt or Asserting Defenses

To whom: This letter should be sent to the health provider/debt collector by the patient, either insured or uninsured, or the person such as a parent responsible for paying the medical debt. Fill in the information indicated in the brackets and then delete the brackets. The letter also contains instructions on how to complete the letter that are in all capital letters and inside brackets and those instructions and brackets should also be deleted before you send the letter.

Purpose: To assert a defense to payment. It is possible that the letter could induce the recipient to back off efforts to collect the debt from you because it shows that you have a good defense and/or because it shows that you will oppose any lawsuit filed against you and in that case, they might not feel that it is worth the time and expense of trying to collect from you.

Note that to best understand which defenses contained in the letter apply to you and your situation, you should read the Manual, especially Chapter 4, which describes the legal defenses that are available in a lawsuit for medical debt.

(DATE)

(PROVIDER OR DEBT COLLECTOR NAME

ADDRESS)

Re: Invoice No. \_\_\_\_\_

Bill Amount \$\_\_\_\_\_

Services Rendered on \_\_\_\_\_ (Date(s))

Dear (Dr. \_\_\_\_\_/ Hospital / Practice / Debt Collector or Collection Agent):

I am writing you in regard to the aforementioned medical bill for \$\_\_\_\_\_, Invoice No. \_\_\_\_\_. I do not believe that I owe that amount (or a portion of that amount—say what portion) for the following reasons.

(CHECK ALL THAT APPLY AND DELETE THOSE THAT DO NOT APPLY TO YOU—THESE REASONS ARE THE SAME ONES CONTAINED IN THE DRAFT FORM OF ANSWER INCLUDED IN THIS APPENDIX):

\_\_\_\_\_ I have already paid the bill in full. (Attach proof of payment.)

\_\_\_\_\_ The amount of the bill is incorrect. (State what the correct amount should be and why?)

\_\_\_\_\_ The bill is for medical goods and services that I did not receive, in whole or in part. (Explain below what goods and services you did receive, if any, and specify which ones you did not receive.)

\_\_\_\_\_ I am a victim of identity theft and the bill appears to be for medical services that were provided to someone other than me. (Explain and attach documents that prove this.)

\_\_\_\_\_ The debt was already sued on and the matter was resolved. (Explain and attach documents that prove this.)

\_\_\_\_\_ I am in the military and on active duty and thus entitled to all the protections of the Servicemembers Civil Relief Act, which include protection from debt collection. (Attach documentation showing active-duty military status.)

\_\_\_\_\_ More than six years have passed since the debt was incurred and thus the statute of limitations has expired and the debt can no longer be sued on. (If the bill does not reflect the date or dates on which the medical services were provided, attach documents that show this information.)

\_\_\_\_\_ The debt has been discharged in bankruptcy. (Attach documents to prove this or at least provide the docket number of the bankruptcy case and the date the discharge was granted.)

\_\_\_\_\_ This debt (or a portion of the debt) was reported to a credit reporting agency in violation of the Louisa Carman Medical Debt Relief Act, N.J. P.L.2024, c.48, and thus the debt (or the portion of the debt that was reported) is void and can no longer be collected from me or anyone else. (Use this only if the debt was incurred after the law went into effect on July 22, 2024.)

\_\_\_\_\_ I have not been offered a Reasonable Payment Plan as required by the Louisa Carman Medical Debt Relief Act, N.J. P.L.2024, c.48, or I was offered a Plan, but it was not reasonable because the monthly payments exceeded 3% of my income or the interest was greater than 3% per year. (Use this only after the law goes into effect on July 22, 2025 and attach any relevant documentation indicating that the plan that was offered was not reasonable.)

\_\_\_\_\_ The amount charged is above the amount I am legally obligated to pay because it was for care that was medically necessary and I am on Medicaid or NJ FamilyCare and should not have received any bill for such care.

\_\_\_\_\_ The bill violates the law because it is for hospital care and the amount appears to be above 115% of the Medicare reimbursement rate, even though my family's gross income is below 500% of the Federal Poverty Level.

\_\_\_\_\_ The bill is for care provided in a hospital and I was found eligible for Charity Care based on family gross income below 300% of the Federal Poverty Level and

should not have been billed for any of the services I received in the hospital. (This is something you should argue for whether the bill is from the hospital itself or from an individual health care provider or providers who provided services at the hospital even if they assert that Charity Care does not cover their services.)

\_\_\_\_\_ The bill is for care provided in a hospital and because my family gross income was below 300% of the Federal Poverty Level at the time, I would have been found eligible for Charity Care but I was not offered an application and thus did not apply for it. It is therefore against the law to bill me for these services.

\_\_\_\_\_ The bill reflects out-of-network charges for health care I received even though I was never informed that the provider (or providers or the facility) was out-of-network and/or I never consented to out-of-network care and any resulting higher cost due to lower insurance reimbursement and I thus need pay only the in-network charges for the services. (This one can only be used by those who are insured and it means that you will still have to pay for the services but only the lesser, in-network amount.)

\_\_\_\_\_ I am uninsured and before I received the health care services reflected in the medical bill identified above, I asked for and received from the provider or providers a Good Faith Estimate of what those services would cost and the amount of the bill turned out to be more than 10% higher than the Estimate. (Attach a copy of the Good Faith Estimate you received.)

\_\_\_\_\_ I am insured and my insurer denied coverage, in whole or in part, for the health care services reflected in the medical bill identified above and my appeal from that denial or partial denial has not yet been resolved and thus any attempt to collect the debt from me is premature and must await a decision on the appeal. (Attach a copy of the appeal letter submitted to insurance company or any document issued by the insurance company acknowledging receipt of your appeal.)

\_\_\_\_\_ You are not a health care provider and provided no health care services to me and cannot collect any amount from me unless you can prove that you are entitled to do so by virtue of a specific transfer or assignment of the debt referenced above. (Obviously, this one can only be selected if you have been contacted by a debt collector rather than the health care provider.)

\_\_\_\_\_ I reached an agreement with the health care provider or with someone collecting the debt on their behalf or to whom the debt was assigned or transferred to pay a lower amount to satisfy the debt referenced above and I have satisfied the terms of that agreement and thus no longer owe the debt or am in the process of satisfying the agreement and thus currently owe only a lesser amount that I will satisfy in accordance with the agreement. (Attach a copy of the agreement and/or proof of payment or receipt of payment.

\_\_\_\_\_ I did not request or agree to the goods or services.

\_\_\_\_\_ (Set forth any other reason you might have about why the money is not owed.)

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For all the reasons stated above, I will not be paying this bill (or the \$\_\_\_\_\_ portion of it not owed) and if you continue to pursue this matter, I will defend myself in court and assert the above defenses.

Sincerely,

(Name of Patient  
Address of Patient  
Phone Number  
Email Address)

Attachments

## APPENDIX D-2—Payment Plan Letter

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### Letter Seeking to Negotiate a Reasonable Payment Plan

For use after July 22, 2025, when the Reasonable Payment Plan requirement of the Louisa Carman Medical Debt Relief Act goes into effect. Fill in the information indicated in the brackets and then delete the brackets. The letter also contains instructions on how to complete the letter that are in all capital letters and inside brackets and those instructions and brackets should also be deleted before you send the letter.

This letter should be sent to the health provider/debt collector by the patient, either insured or uninsured, or the person such as a parent responsible for paying the medical debt.

**Purpose:** To start to negotiate a Reasonable Payment Plan if you believe the debt is valid. If you do not believe the debt is valid, use the Letter Denying or Disputing the Debt. Please note that if the provider offers you a Payment Plan and you do not believe you owe the money, you can still enter the settlement agreement and assert your defense that the bill is invalid in the event you do not pay that amount and you are sued.

**Note:** The Payment Plan requirement extends to both insured and uninsured patients. **If you are insured**, the amount of the bill will depend on whether you have met your deductible, and whether your health plan requires you to pay a percentage of the charge your insurer has negotiated for the services you received. If you are uninsured, there is no prior negotiated rate and you will almost certainly be charged a higher amount than someone who is insured. Therefore, in this letter, you want to first try to lower the amount of the bill (typically, to the Medicare rate for the service received) and then undertake the calculations set forth in the letter.

(DATE)

(PROVIDER OR DEBT COLLECTOR NAME

ADDRESS)

Re: Invoice No. \_\_\_\_\_

Bill Amount \$\_\_\_\_\_

Services Rendered on\_\_\_\_\_ (Date(s))\_\_\_\_\_

Dear (Name of Doctor/Hospital/Practice/Debt Collector or Collection Agent):

I am writing regarding the medical bill identified above in the amount of \$ \_\_\_\_\_. (IF YOU ARE INSURED, CHOOSE THE NEXT PARAGRAPH AND IF YOU ARE NOT INSURED, CHOOSE THE SECOND PARAGRAPH. DELETE THE PARAGRAPH YOU DO NOT CHOOSE AND ALSO THESE INSTRUCTIONS.)

I acknowledge that the bill is accurate and that I owe (Name of Physician, Hospital or Provider Group) this amount for services I received on (Date(s)). However, pursuant to the Louisa Carman Medical Debt Relief Act, N.J.S.A. 56:11-28 et seq., you are required to offer me a Reasonable Payment Plan before you can start medical debt collection efforts.

(OR)

I acknowledge that the bill is for services that I received from (Name of Physician, Hospital or Provider Group) on (Date(s)). However, I believe that as an uninsured patient, I have been charged an unreasonable amount. Instead, my research indicates that the Medicare rate(s) for the services I received is/are \$ \_\_\_\_\_. Accordingly, I am offering to pay that amount to settle your claim against me. Furthermore, pursuant to the Louisa Carman Medical Debt Relief Act, N.J.S.A. 56:11-28 et seq., you are required to offer me a Reasonable Payment Plan before you can start medical debt collection efforts.

(CONTINUE THE LETTER IN BOTH SITUATIONS AS FOLLOWS:)

I understand that these Payment Plans can last from six months to five years, possibly even longer, based on how much I owe and my ability to pay. The amount of the monthly payments cannot be greater than 3% of my individual monthly income, and the annual interest rate cannot exceed 3%.

Based on these parameters set forth in the law, I am proposing to pay you \$ \_\_\_\_\_ per month for (X) number of months. This offer is based on the fact that my monthly income is \$\_\_\_\_\_. I will supply proof of my income on the condition that you agree to keep the information confidential and not share it with any third-party or use it for any purpose other than calculating a Reasonable Payment Plan.

Please let me know if this proposal is acceptable to you. If it is, please send me a signed, written agreement that reflects the terms I have outlined above.

If you desire to discuss this matter with me further, I can be reached at (Phone Number) and/or (Email).

Thank you for your consideration and quick attention to this matter.

Sincerely,

(Name of Patient  
Address of Patient  
Phone Number  
Email Address)

## APPENDIX D-3—Answer

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**NOTICE: This is a public document, which means the document as submitted will be available to the public upon request. Therefore, do not enter personal identifiers on it, such as Social Security number, insurance policy number, active financial account number, active credit card number or military status.**

### Filing Information Pro Se Litigant

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Email Address \_\_\_\_\_

Telephone Number \_\_\_\_\_ ext. \_\_\_\_\_

\_\_\_\_\_ X

X

:

Name \_\_\_\_\_

:

Superior Court of New Jersey

:

Law Division, Special Civil Part

**Plaintiff,**

:

\_\_\_\_\_ County

:

vs.

:

Docket Number: DC- \_\_\_\_\_

:

**Civil Action**

Name \_\_\_\_\_

:

:

**ANSWER**

**Defendant,**

:

\_\_\_\_\_ X

X

Defendant, \_\_\_\_\_ (Name) \_\_\_\_\_, denies owing the debt of \$\_\_\_\_\_ to the Plaintiff.

**REPLY**  
**AFFIRMATIVE DEFENSES**

(CHECK THE APPROPRIATE STATEMENT(S) BELOW. WHICH SET FORTH WHY YOU CLAIM YOU DO NOT OWE MONEY TO THE PLAINTIFF OR OWE LESS THAN THE PLAINTIFF IS CLAIMING, AND DELETE THOSE DEFENSES THAT ARE NOT APPLICABLE. DELETE THESE INSTRUCTIONS BEFORE FILING THE ANSWER.)

The bill has been paid. (State facts supporting this assertion below)

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The dollar amount claimed by the plaintiff(s) is incorrect. (State facts supporting this assertion below)

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The debt sued on has been reported to a credit reporting agency in violation of NJ law and is thus, automatically void. (State facts supporting this assertion below)

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I was not offered a Reasonable Payment Plan for the debt or I was offered a plan but it was not reasonable, in violation of NJ law. (State facts supporting this assertion below)

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I am on Medicaid or NJ Family Care and I was improperly billed for medically necessary services. (State facts supporting this assertion below)

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The debt sued on was incurred for health care provided at a hospital and I was never given the opportunity to apply for Charity Care or I was found eligible for Charity Care but was improperly charged for services that should have been fully covered or I was charged above the amount allowed by law for someone with my income. (State facts supporting this assertion below)

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The debt sued on was incurred for health care provided at a hospital and I was found eligible for Charity Care but one or more of the physicians or other health care providers who provided care at the hospital failed to bill me accordingly, in violation of the law. (State facts supporting this assertion below)

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The plaintiff is not a health care provider and provided no health care services to me and cannot prove that they are entitled to collect any amount owed for the medical services giving rise to the debt that is the subject of this lawsuit. (State facts supporting this assertion below)

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I reached an agreement with the plaintiff or with the health care provider who provided the health care services to pay a different amount to satisfy the debt that is the subject of this lawsuit and I have satisfied the terms of that agreement and thus no longer owe the debt or owe only a lesser amount that I will satisfy in accordance with the agreement I made with the plaintiff or health care provider. (State facts supporting this assertion below)

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The claim or the amount of the claim is unfair. (State facts supporting this assertion below)

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The medical equipment or services were not provided. (State facts supporting this assertion below)

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The medical equipment received was defective. (State facts supporting this assertion below)

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I/We did not request or agree to the medical equipment or services. (State facts supporting this assertion below)

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I am a victim of identity theft or mistaken identity. (State facts supporting this assertion below)

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The time (six years) has passed for plaintiff to sue on this debt. (State facts supporting this assertion below)

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This debt has been discharged in bankruptcy. (State facts supporting this assertion below)

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A lawsuit was previously filed and the claim has been resolved. (State facts supporting this assertion below)

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- Trial by jury is requested and an extra \$100 cash, check or money order is submitted.
- Trial by jury is requested and I have submitted an application for a waiver of the \$100.00 fee.

The Judiciary will provide reasonable accommodations to enable individuals with disabilities to access and participate in court events. Please contact the local ADA coordinator to request an accommodation. Contact information is available at njcourts.gov.

The New Jersey Judiciary provides court-interpreting services. If you need an interpreter, notify the court as soon as possible. Contact information is available at njcourts.gov.

## Certification

I certify, to the best of my knowledge: (Must check one)

- that the above matter is not the subject of any other court action or arbitration proceeding now pending or contemplated, or
- that the following actions or arbitration proceedings are pending or contemplated

## AND (Must check one)

- that no other parties should be joined in this action; or
- that the following persons or entities should be joined in this action

I certify that confidential personal identifiers have been redacted from documents now submitted to the court and will be redacted from all documents submitted in the future in accordance with Rule 1:38-7(b).

I further certify that this answer was served by me upon all existing parties.

\_\_\_\_\_ s/ \_\_\_\_\_  
 Dated Defendant's Signature

\_\_\_\_\_  
 Defendant's Name - Typed or Printed

**Demand for Production of Documents Pursuant to R. 4:18-2.** By checking this box, demand is made for production of all documents or papers referred to in the pleading for which this answer is provided, within 5 days of this demand.

## Instructions for Completing Special Civil Answer in Medical Debt Case

- A. The defendant is you, the person who is being sued, and the plaintiff is the person who is suing you.
- B. At the top left of the form under the section labeled Pro Se Litigant, enter your name, address, daytime phone number and email address. If you are not an attorney, leave the NJ Attorney ID field blank.
- C. In the section for plaintiff's information, enter the plaintiff's name, address and daytime phone number. Make sure to check the box if the plaintiff's address and/or phone number have changed since the initial filing.
- D. In the section for defendant's information, enter the name(s), current address(es) and daytime phone number(s) of the defendant(s) listed on the complaint.
- E. On the right side of the form, enter the County and Docket No. assigned to the case by the court. (You can get this information from the Complaint filed against you.)
- F. In the section below where Defendant denies owing the debt to the Plaintiff, check the appropriate statement(s) which set forth why you claim you do not owe the money to the plaintiff (select ALL that apply); or choose the box marked "Other" and explain your position.
- G. Indicate if you want a trial by jury. If so, select the appropriate statement – trial by jury requested and you are paying the extra fee or trial by jury requested and you have submitted an application for a Fee Waiver. Enclose either a \$130 check or money order (\$100 for jury and \$30 for the Answer filing fee) made payable to the Treasurer, State of New Jersey, or your completed application for a fee waiver.
- H. In the Certification area, check the applicable box in each section, advising the court of any other pending actions involving the same parties. Provide information about those other claims or lawsuits (if any) and advise the court if any other parties should be joined to this lawsuit.
- I. **IMPORTANT:** Carefully review the Certifications made and double check that you have complied with the Certifications before moving to the next step. This means that you must make sure that you do not need to bring anyone else into the case or that you advise the Court if another party should be brought into the case. A frequent example is when a hospital sues a patient for payment of a bill, but the patient believes that the insurance company should pay the bill instead. The insurance company needs to be brought into the case. If you are in a situation similar to this example, DO NOT use this Answer Form. Instead use packet 11968 on the court website - How to Answer a Complaint in the Special Civil Part with a Counterclaim, Cross-claim and/or Third-Party Complaint.
- J. If the Answer or any of the copies of papers that you attach to the Answer contain a Social Security number, insurance policy number, active financial account number, active credit card number or information as to an individual's military status you must redact (black out) this information so that it cannot be seen, unless any such personal identifier is required to

be included by statute, rule, administrative directive or court order. If an active financial account is the subject of your case and cannot otherwise be identified, you may use the last four digits of the account to identify it. Once you have confirmed that none of these personal identifiers are on the papers that you are filing, you must sign and date the Certification that indicates "I certify that personal identifiers have been redacted from documents now submitted to the court and will be redacted from all documents submitted in the future in accordance with Rule 1:38-7(b)."

**NOTE: Do Not** redact (black out) this information in the original papers that you are keeping since you may have to show them to the court at some point.

- K. On the line above Dated, clearly print or type the date on which you sign this form, sign your name on the line above Defendant's Signature and clearly print or type your name on the line below your signature.
- L. If you would like a copy of the documents or papers referred to in the Complaint, check The Demand for Production of Documents box located at the bottom of the form. Review all steps for completion before mailing your form. We recommend that you check the box.

# APPENDIX-4—CERTIFICATION OF SERVICE

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Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Defendant, *Pro Se*

SUPERIOR COURT OF NEW JERSEY

LAW DIVISION—SPECIAL CIVIL PART

\_\_\_\_\_ COUNTY

DOCKETNO: DC- \_\_\_\_\_

Name: \_\_\_\_\_

Plaintiff

vs.

Name: \_\_\_\_\_

Defendant

CIVIL ACTION

**CERTIFICATION**

**OF**

**SERVICE**

I,       (Your Name)      , Defendant pro se in the within  
action, hereby certify that on the date below, an original and two copies of  
      (Name of Document(s) You are Filing with the Court)        
were filed (in person or by Federal Express or USPS next day or two-day delivery) with the  
Special Civil Part Clerk of the Superior Court of       (Name and Address of County Court  
      Where Filed)      .

I further certify that on (Date Document(s) were Mailed to Plaintiff or Plaintiff's Attorney), a copy of each of the above-listed documents was sent by (electronic or regular or certified or registered) mail to the (Plaintiff or Plaintiff's Attorney) at the following address:

(Name and Address of Plaintiff or Their Attorney)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I hereby certify that the foregoing statements made by me are true. I am aware that if any of the foregoing statements made by me are willfully false, I am subject to punishment.

\_\_\_\_\_  
(YOUR SIGNATURE)  
DEFENDANT *Pro Se*

Dated: \_\_\_\_\_ (DATE ON WHICH SIGNED)